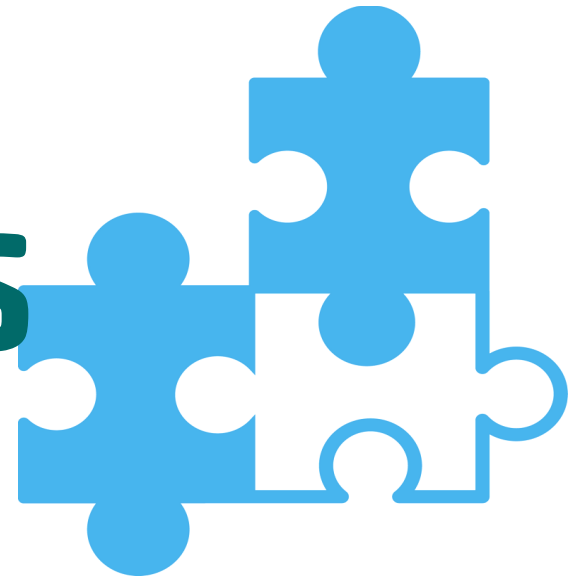




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HELPING US PROVIDE SAFE SPACES



Autism Respite Program LITTLETON FAMILY YMCA

Our Respite program is recreationally based, where we have a small group of friends join us to play in our Child Watch Facility, Family Pool and Dance Studio.

Activities include:

- Music
- Gross Motor Play
- Free swim at every event!
- Puzzles & Sensory Toys
- Sensory Friendly Room
- Adaptive swimming lessons available upon request.
- Snack Time

We are staffed on a one-to-one, staff to participant ratio, so if our friends decide to engage in an alternative activity, they can safely do so with our staff.

- WHEN:**
- Sept 17
 - Oct 15
 - Nov 19
 - Nov 20
 - Nov 21
 - Dec 18
 - Dec 19
 - Dec 28
 - Dec 29

TIME: 1:00-4:00pm

AGES: 3-10 yrs old

PRICE: \$50/Session

Scholarships are available through Easter seals
And Colorado Autism Society.

Friday Transitions Teen/Young Adults Program (Ages 16-22)

- Sept 15 5:00-8:00pm
- Oct. 13 \$15 for Y Members
- Nov. 17 \$20 non Y members
- Dec. 15 Siblings \$5 discount

Activities include: Dances, Swimming,
Fitness, and Sports

Contact Sarah Macklberg for questions and to register at
Smacklberg@denverymca.org