

Conference Record: Telephone interview between Shannon Bingham, Western Demographics on behalf of Littleton Public Schools, and Pegi McEvoy, Assistant Superintendent for Operations, Seattle Public Schools

Topic: Change in School Start Times

- 1) **How has the change in start times gone for your district?**
 - a) Fine.
- 2) **What are your former and new start times for elementary, middle, and high school?**
 - a) Elementary school: 9:30 and 8:40 before; 8:00 after (includes K–8 schools)
 - b) Middle school: 7:50 before; 9:00 after
 - c) High school: 7:50 before; 9:00 after
- 3) **What aspects of the change have produced challenges?**
 - a) Before- and after-school child care.
 - b) Athletics.
 - c) Teen work schedules.
 - d) Lunch.
 - e) Infrastructure delivery.
- 4) **What school level has experienced the most challenges?**
 - a) None in particular.
- 5) **What school level has experienced apparent benefits?**
 - a) Secondary: compliance with research suggesting starting school later than 8:30 paid off.
 - b) Anecdotal: students are awake; it's lovely.
 - c) Elementary school parents wanted younger kids to start earlier.
 - d) 1-hour bus rides still result in sleepy students.
- 6) **Have there been any traffic/transportation/operations challenges?**
 - a) No; the Washington State SEPA (State Environmental Policy Act) states there has been no change to the environmental impact.
- 7) **What parent feedback have you received?**
 - a) Some negative due to daycare needs.
 - i) Many daycares abolished morning programs.
 - b) Hospital employees had problems with new schedule.
- 8) **What impacts on extracurricular activities have been observed?**
 - a) Shared fields with city parks programs had to renegotiate.
 - b) Adult leagues felt pushed out.
 - c) Committed and funded lights, but not until next year.

- 9) **What feedback have you received from staff?**
a) There have been some problems with scheduling staff meeting times.
- 10) **What feedback have you received from coaches?**
a) More coaches who have jobs outside of the schools can coach.
- 11) **What follow-up research will you support after the change?**
a) Research being conducted by University of Washington.
- 12) **What advice do you have for Littleton Public Schools?**
a) Take your time.
b) Involve the community.