



CARA Summer Track

Ages 5-15

Boys and girls learn the fundamentals and develop skills for different track events including running, jumping, and throwing. No experience necessary!

Five Saturday meets are held with other metro area members of the Colorado Association of Recreational Athletics (CARA) teams. Saturday meets are optional.

Newton Middle School (4001 E. Arapahoe Rd.)
June 3 - July 18

Two Sessions Available!

Mondays & Wednesdays from 9-10:30am
or

Tuesday & Thursdays from 6-7:30pm

Register online at ssprd.org



**SOUTH
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PARKS & RECREATION