

## **Littleton High School – School & Community Resources**

Sponsored by: Littleton High School Counselors & Licensed Social Workers

At Littleton High School we recognize that sometimes there is a need for community support to supplement our mission to create the best possible educational environment for our students and families. In the past, our community has often helped meet those needs through creative solutions and personal generosity. Lions Share has been created to foster that established tradition of sharing ideas and resources.

At LHS we have connections to many different agencies and organizations to address the following needs and more: physical and mental health needs, health insurance, immigrant and legal issues, housing resources, food bank, etc. Please see a member of the counseling staff for assistance with any of these needs and any others you may have.

In addition, the following are some resources/programs that might be helpful:

- **Individual and family counseling** by licensed & clinical social workers for a variety of needs, including, but not limited to: interpersonal conflict, mental health concerns (i.e., anxiety, depression, ADHD), eating disorders, addictions counseling, etc.
- **Federal free/reduced breakfast and lunch program.** [Click here for more information!](#)
- **School supplies** in the counseling office for students in need.
- **Thanksgiving & Holiday gift cards:** please contact LHS counseling office if you are in need and would like to be added to the list of families we can support, or if you know someone in need. Gift card donations to nearby grocery stores are accepted throughout the school year. Food donations are generally accepted during the months of November and December.
- **Eye glasses & vision exams:** students who are in need of eye glasses and who lack health insurance, or are unable to afford the cost of purchasing eye glasses, may qualify for the Gift of Sight program. This program helps students access free eye glasses through participating providers in the Denver Metro area.
- The **Lillis Foundation Student Assistance Fund and the Lions Share account**, which both help students and families in need of support paying for fees and other education related expenses. Examples include: various class fees, textbooks, field trips, etc.
- **Financial aid/scholarships/payment plans** for students with a demonstrated financial need to participate in athletics, clubs, activities, etc. If a student wants to participate, please don't let cost be a barrier! We will do our best to help find a way to cover a portion of the cost.
- **Graduation cap and gown** are available on loan are available for students in need. Students will be required to pay a nominal fee for their graduation tassel, Please see a counselor or social worker for more information.
- Lastly, please check the **Colorado Peak** website <https://coloradopeak.secure.force.com/>. This is an amazing website and online resource that is for Coloradoans to screen themselves and apply for medical, food, and cash assistance programs.

**\*All resources and referrals are provided to students and their families on an as needed basis when there is a demonstrated need and resources are available.\***

**Please note that resources neither represent nor are sponsored by LPS or LHS.**