

Hello Powell Families,

The following are Powell's points of pride. Enjoy!

We are more than halfway there! Second semester classes are well underway, we've had honor roll assemblies, and there is still more to come. The following events will be coming up as we move through this semester, so please make note.

1. Powell has 2019-2020 New Student Registration night on Thursday, April 4th at 6 pm. This evening is devoted to filling out registration cards and answering questions about your student's 2019-2020 classes at Powell.
2. High School Registration nights are scheduled for 8th grade students. These evenings are devoted to filling out registration materials and serve as your student's initial orientation to High School. Please contact your student's high school for more details.
3. Our spring musical is Once Upon a Mattress and it will be performed on three nights in April, the 25th through the 27th. Come out and support our young performing artists!
4. Spring Parent-Teacher Conferences - These student-led conferences will occur **Wednesday, March 6th from 4:30-8:00 pm (doors will close at 7:30 pm)** and are a means to connect families and teachers in order to work together in an effort to educate our students.

I want to take this opportunity to reinforce the importance of the health and wellness of our students. Spring is often a very stressful time of year. With nearing the completion of a school year and the pending transition to a new school year, students tend to experience many emotions. A balanced diet, adequate sleep and exercise can help relieve this stress in a healthy way and help our students focus. Please reach out if you need any support with your student or family.

Along the lines of health and wellness, I need us all to closely monitor and limit our student's use of social media. I have yet to experience any of the benefits of prolonged use of social media, but I deal with the fallout of overuse of social media on almost a daily basis. Please reach out if you need support or resources. We will be happy to help.

Sadly, makers of vaping devices have been targeting youth across America. Please read and watch the following links to better inform yourself regarding the risks and dangers of vapes and Juuls:

[Surgeon General Report](#)

[Is Teen Vaping an Epidemic, Experts Say Yes](#)

Thank you for your investment and involvement in our students' lives and thank you for being partners in their growth and education.

As always, it's a great day to be a Puma!

Steve Wolf, Principal

