

Optimist Club of Littleton Presents
Tri-Star Basketball Competition

What is it? – A basketball skill contest: Dribbling Skill, Passing Skill and Shooting Skill

When is it? – Saturday, February 22nd from 1 to 3 p.m.

Where is it? – The Littleton YMCA @ 11 West Dry Creek Circle, Littleton, CO

Who can compete? – Boys and Girls in age groups 8-9 years old, 10-11 years old and 12-13 years old

The top 3 boys and the top 3 girls in each age group qualify to compete in the regional contest in March.

The top 3 boys and the top 3 girls in each age group at the regional contest qualify to compete at the Pepsi Center prior to a Nuggets Game on April 11th.

If you would like to compete, bring the completed Entry Form on the backside of this sheet with you to the Littleton YMCA at 1 p.m. on Saturday, February 22nd AND WEAR GYM SHOES.

If you have any questions, email me at gjbruckhart@yahoo.com.

TRI-STAR OPTIMIST
GROUP NIGHT WITH THE DENVER NUGGETS



VS



SACRAMENTO KINGS VS. DENVER NUGGETS
SATURDAY, APRIL 11TH – 7:00PM – PEPSI CENTER



Optimist Tri-Star Basketball

Entry Form And Instructions

Age (circle one) 8 9 10 11 12 13

Name _____ Telephone (_____) _____

Address _____

School Name _____ Date of Birth ____/____/____

How old will you be on March 15? _____

Parent's permission _____ Parents are welcome at contest.
(Signature)

- Participants may compete in only one local contest.
- Participants will compete against others of the same age, as of March 15.
- Gym shoes will be required.
- Decisions of the judges will be final.

Contest information: Place _____
Date ____/____/____ Time _____

Dribbling Skill

Each participant will attempt to dribble through four cones and return through course as quickly as possible. Three points will be deducted from a base score of 75 points for each second of elapsed time. For example, if a participant takes 20 seconds to complete the course, the participant's score is 15. $(75 - (3 \times 20) = 15)$.

Number of seconds elapsed = X

$75 - (3X) = \text{Score}$ SCORE _____

Passing Skill

Each participant will be allowed Distance from Target: six attempts, three bounces and three chest or overhead passes at a designated target from an assigned distance. Participant will be allowed one step toward passing line and must not touch or go over it.

Age	Feet
8-9	12'
10-11	15'
12-13	18'

	x=hit, o=miss			Total hit
3 Direct Passes				
3 Bounce Passes				
Total number of hits				

8 points each time target is hit = SCORE _____

Shooting Skill

Each participant will be allowed Distance from Basket: six attempts, four free throw attempts at varying distance according to age; and two attempts from anywhere on the court outside of the key area. Attempt will be invalidated if a participant steps on or over the assigned free throw line.

Age	Feet
8-9	11'
10-11	13'
12-13	15'

	x=hit, o=miss			Total made
4 Free Throws				
2 other shots				
Total number of shots made				

10 points each basket made = SCORE _____

TOTAL SCORE (three events) _____