



open to all LPS in-coming 8th grade middle school and 9th-12th grade high school girls

Sunday
June 2, 2024
12 -3 pm
Powell Middle

GIRLS-ONLY MTB FUNDAMENTALS CLINIC



For beginner to intermediate female youth mountain bikers

Hosted by Arapahoe High School Mountain Bike Club and Coach Tina Meinhardt of Rowdy Ryder Academy. Learn skills such as proper body position, shifting gears effectively, safe braking, cornering, navigating switchbacks, rock dodging, confident descending and roll downs. Have fun meeting new girls interested in the sport. Bring a friend! Sign up with QR Code below. Space is limited! Deadline May 19, 2024.

Bring a mountain bike, helmet, and water!



Sign up form

 Powell Middle School Field area/Lee Gulch

**cost \$25
per rider**



www.rowdyryderacademy.com