

Date, Time, and Location	October 12, 2016 at 4:30 p.m. in ESC Room 315
Attendees	Jim Stephens, Diane Doney, Ellen Datino, Alli Jones, Beth Best, Robyn Zagoren, Allie Molinda, Brenda Rodriguez, Katie Altensee
Absent	Joanne Holden, Marnie Yanacheak, Nicole Moyer, Charlotte Brazelton, Jane Pepper, Nicole Guider
Guests	Valentina Massé
Purpose	To develop, communicate, and support recommended policies, practices, and programs that result in an environment of overall health and excellence in education for the entire community.

Minutes

1. Board of Education Update

- a. Graduation requirements/guidelines should be finished by December.
 - i. Substitutions and waivers a possibility for PE classes.
- b. Mill Levy in 2010 set aside \$11.5 million; White Paper details how to spend money (curriculum, technology, etc.)
- c. CASB delegate presented a list of 20 resolutions

2. District Wellness Coordinator Update

- a. Waiting to hear whether or not we will receive a grant for Hopkins' playground.
- b. Poetry Slam November 15.
- c. Core Standards meeting on social, emotional, and physical activity going well.

3. Review agenda

- a. Agenda reviewed and discussed.

4. Where we are at in our planning

- a. Review current Wellness Policy.
- b. Discussed Wellness Policy's look at beverages.
 - i. Currently states no diet soda; do we need to change wording? Can we leave it alone? Does this also need to be stated in Board Policy ADF (District Wellness Policy)?
 - ii. How do we determine pulse of the district and views on diet soda in the schools?
 1. Survey or focus group?
 2. Education and discussion?
 3. Add research and the association between diet soda and obesity, heart disease, stroke, type 2 diabetes?
- c. Review CASB Wellness Policy as soon as it is available and sent to all committee members.
 - i. Put the policy through RUDD for strengths and suggestions next meeting.
- d. After review, more discussions on focus groups for final decision on diet sodas and how to word in policy.
 - i. The committee will be making a recommendation to the Board
 - ii. Need to have research/backing to support recommendation.

5. Meeting Evaluation

- a. Homework: Look for CASB Wellness Policy in documents this month. Read and compare with district's policy.

6. Adjourn