



POWELL PTO

Calendar of Events

March 6
Parent Teacher
Conferences

March 7
School Dance

March 8
NO SCHOOL

March 14
Shake Shack

March 25–29
Spring Break

March 2019

POWELL PTO NEWSLETTER

Powell PTO Website [CLICK HERE](#)

JOIN US FOR DINING FOR DOLLARS
Thursday, March 14th @ 11:00AM–10:00pm



Join us at Shake Shack on Thursday, March 14th from 11am–10pm! They are supporting Powell Middle School for the ENTIRE DAY! Have lunch or dinner to show your support.

25% of proceeds go back to Powell! Be sure to mention Powell Middle School when ordering.

**1509 Park Central Drive
Suite 100
Highlands Ranch, CO 80129
(720) 452-1007**



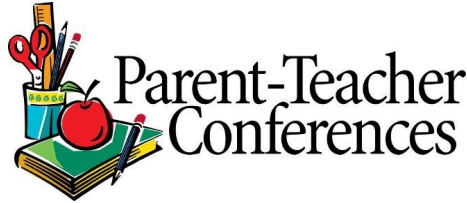
Thank you to The Garlic Knot for hosting our Dining for Dollars in February. Powell Middle School raised \$345! Thank you Powell families for your support by joining us at The Garlic Knot.



The Garlic Knot

SPRING PARENT—TEACHER CONFERENCES—MARCH 6

It's parent-teacher conference time! These student-led conferences will occur Wednesday, March 6th from 4:30pm—8:00pm (doors will close at 7:30pm) and are a means to connect families and teachers in order to work together in an effort to educate our students. We hope to see you there.



SCHOOL DANCE—MARCH 7

The school wide dance will be held Thursday, March 7 from 4pm– 5pm. This event is put together by Powell Student Council and they need our help providing light snacks and 8 oz. water bottles. Please use the sign up below and deliver items to the front office either Wednesday, March 6 or Thursday, March 7 before noon.

<https://www.signupgenius.com/go/409of44aead2da3fa7-powell9>

2019 POWELL CMAS TESTING SCHEDULE ● (GRADES 6—8)

Tuesday, April 2
Thursday, April 4
Friday, April 5



Tuesday, April 9
Thursday, April 11
Friday, April 12

PTO VOLUNTEERS FOR 2019-2020

Interested in becoming more involved at Powell? Please send an email to powellpto.lps@gmail.com to find out about open volunteer positions for the 2019-2020 school year.

POWELL PTO BOARD 2018—2019

President: Dana McDermott
Vice President: Rene Meale
Treasurer: Nicole Greene
Secretary: Kathy Shepherd
Fundraising: Kris Trauernicht
VIPS: Rebekah Hansmeier
Communications: Lisa Galop



NEXT PTO MEETING*
Thursday, March 7th
@ 9 am

Powell Conference Room

***All are welcome!**

VOLUNTEERING IN LPS

All volunteers need to log in to LPS Connect and create an account. This system will conduct a background check for all volunteers & will also be used to screen any visitors. Please check in & out of the Attendance Office each time you enter Powell.

https://lps.ezcommunicator.net/edu/lps/login_form.aspx?app=0

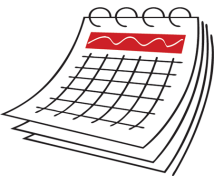
Thank you for your continued support,
Rebekah Hansmeier (Powell VIPs)



FUNDRAISING GOAL

We have met our direct donation goal! Thank you Powell community for your support by donating. If you donated during school registration and need tax information for filing a deduction, please contact Kris Trauernicht @ ktrauernicht@gmail.com.

KEEP UP WITH POWELL INFORMATION – 2 WAYS



1. Powell School Calendar—Be sure to visit the Powell school calendar and save it to your favorites to keep up with day to day activity schedules and school events. Click [here](#) to be redirected to the Powell school calendar.

2. Social Media—You can now follow Powell Middle School on Facebook, Twitter and Instagram. Click on the images to be directed to the page.

Powell Middle School



@PowellLPS



PowellLPS



LPS FOUNDATION NIGHT—APRIL 13



Welcome to the Spirit Celebration

We're WILD about LPS and want you to join us for a fun evening celebrating all things good in our schools! Explore and discover hidden treasures at our auction tables. Hunt for your dinner and drink at our delectable provision stations. Enjoy a spirited program and dessert in the ballroom. Satisfy your wanderlust!

The 2019 Spirit Celebration offers attendees the opportunity to take a walk on the wild side at the CU South Denver - Wildlife Experience. This year's fundraiser will inspire you to discover and explore all that the LPS Foundation does to support LPS students and staff.

Why should you attend? Because it's a fun way to support our wonderful neighborhood schools, see friends and meet new ones, hobnob with district and community folks, learn about the LPS Foundation's impact on student learning and much, much more! **Did we mention it's going to be super fun?**

When: Saturday, April 13, 2019

Where: CU South Denver - Wildlife Experience ([map](#))

Time: - 6:00pm

Dress: Fun Night Out (or business casual)

Registration Opening Soon!

Click here to register <https://littletonpublicschools.net/lpsf/spirit-celebration>

SOURCES OF STRENGTH

March's focus is Healthy Activities. This Thursday, students will be planning how they want to roll out this piece of the Sources of Strength wheel. This most obvious aspect of "Healthy Activities" relates to sports and exercise-related activities because of how exercise helps lower stress and increase the release of endorphins, which can improve one's mood. Students will share their healthy activities with their classmates during CORE Plus and we plan on hosting a group exercise opportunity during recess time after lunch during March. We also want to celebrate other healthy activities that students participate in that are not necessarily exercise related, like art, reading, drama, and hobbies or clubs. The larger concept is that "healthy activities" are enjoyable and positive ways to help students feel good and help them deal with stress. We will also offer information and opportunities to practice other coping strategies during to CORE Plus classes that they may not have tried or considered.

Another option the students may focus on is healthy eating and nutrition. We are still working on details, but it may be rolled out in various ways, like perhaps sharing healthy snack recipes, doing a cooking demonstration, or students posting pictures of themselves cooking/baking/making their favorite foods on the Powell Instagram page.

Finally, we are working on how students can spend a "Day Without Technology", with the exception of school work. This would be a challenge for them to figure out healthy alternatives to spending time on their devices, social media, etcetera. It could end with a reflection and discussion about the experience.

We appreciate your continuing support of this program. As we begin to look forward to spring, April will highlight Positive Friends!





SAVE THE DATE
Dining for Dollars—Sunday, April 7th

WHEN:

Sunday, April 7th come for brunch, lunch, dinner or drinks
(anytime 11a-9p)

WHERE:

Casa Caliente
8800 S. Colorado Blvd
Unit G, Highlands Ranch

25% of all proceeds which includes food or drinks goes back to the school. Be sure to mention
Powell Middle School when you order.



ARAPAHOE HIGH SCHOOL GIRLS' TENNIS TEAM

2019 Youth Tennis Camp

**Instruction from Varsity and JV Girls Tennis Teams under the direction
of AHS Head Tennis Coach Peter Weyhrich**

Monday, June 3rd to Thursday, June 6th

Clinic is for girls and boys, entering grades 1-8

Beginner to intermediate tennis levels

Location: Arapahoe High School Tennis Courts

Time: 8:30 A.M. – 10:30 A.M. Beginner

Time: 10:30 A.M. – 12:30 P.M. Intermediate

Cost: \$80.00 – Four-Day Camp

Tennis T-Shirt is included! Snacks provided

Space is limited – Register Early

***To be guaranteed a t-shirt, please register no later than Friday, May 24th**

**Please detach the form below and mail it with a check made payable to
“AHS Girls Tennis”**

**Mail to: AHS Girls Tennis at
8135 S Glencoe Ct Centennial 80122
QUESTIONS? Please contact...**

Shelley Reed at rtshelley@msn.com or Maren Plisko marenplisko@yahoo.com

**Bring a tennis racket, filled water bottle, sunscreen and hat.
No refunds for inclement weather, Rain date is set for June 7th & 8th
Keep top half. Send below form with your check.**

Participant's Name _____ grade Fall 2019 _____

Tennis Level (circle) Beginner / Intermediate

T-shirt Size (circle) Child S / M / L / XL Adult S / M / L

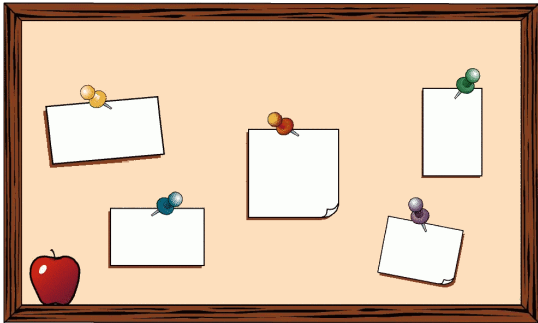
Allergies _____ Medication _____

Parent's Emergency Name and Phone # _____

Parent's E-Mail Address _____

PTO BULLETIN BOARD!

Hey all you Powell fans, be sure to take a look at the new PTO bulletin board at Powell. It is located mid-way on the ramp as you walk in and out of school. Be sure to check it out for all kinds of information about upcoming school events, Dining for Dollars restaurant nights, PTO messages, and other fun school happenings!



Like Us on Facebook

Click the Facebook image to be redirected to our Facebook page. Don't forget to "LIKE" our page!



PTO Website

Keep up with important information on the [PTO Website!](#)

PTO Bulletin Board

Be sure to check out the PTO bulletin board at Powell located mid-way on the ramp. Look here for all kinds of information about upcoming school events, Dining for Dollars restaurant nights, PTO messages, and other fun school happenings!

REMEMBER TO USE YOUR KING SOOPERS RELOADABLE CARD!

King Soopers is improving their community rewards program! Please continue to use your gift card but stay tuned for details about the new program next month!

Remember to use your gift card at the pharmacy and gas station and all Kroger family stores (Smith's, Fry's, Dillion's, City Market, Ralph's, Fred Meyer, etc.) across the United States! Thank you for supporting Powell with this free fundraiser!



amazon smile

Now Available to Powell Middle School

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to Powell Middle School.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support Powell Middle School by starting your shopping at smile.amazon.com.
- Just choose Powell Middle School as your non-profit to support when you sign up.
- To start shopping [Click Here](#).

For questions, contact Kris Trauernicht @ ktrauernicht@gmail.com.