



is coming to LOIS LENSKI
ELEMENTARY in OCTOBER!

WHO: Students in grades 1-5 and their parents/guardians

WHEN: October 2 & 9, 2019 (Participants must attend both sessions)

TIME: 6:00 PM – 8:00 PM

WHERE: LOIS LENSKI ELEMENTARY GYM

COST: \$32 per child, adults free Kidpower never turns away a family for financial reasons. Please contact your school or Kidpower if you require assistance. Communication will be confidential.

QUESTIONS: Lydia Daugherty or Barb DeSpain at 303-347-4575

Since 1994, Kidpower of Colorado has been teaching children and the adults who care for them the skills and self-confidence that they need to stay safe and respond constructively to threatening circumstances. Kidpower provides experiential, developmentally appropriate, evidence-based programs that teach children skills that help them stay safe from abuse and harassment, including bullying. Learn more at www.kidpowercs.org or call (719) 520.1311.

What skills do children learn?

- Be aware and confident
Keep a safe distance from strangers
Use voice and body to stay safe
Get help from busy adults
Set boundaries on unwanted touch or behavior
Effectively address situations with bullies

How do we teach these skills?

- We use upbeat language that is skill-based, not fear based
Kids have opportunities to "learn by doing" in a fun and empowering way
We focus on positive, practical solutions children can use to leave or stop problems as quickly as possible

Class size is limited to 25 students. Sign up is on a first come, first served basis. Please return the form below to the Lenski office by Friday, September 27th.

REGISTRATION FORM

Child's Name: Age: Grade:
Child's Name: Age: Grade:
Parent/Guardian: Phone:

I understand that at least one parent/guardian MUST accompany the child(ren) both evenings and childcare for younger siblings must be made by the family.

Parent/Guardian Signature: Date: