



Ignite their Spark

A self improvement program designed specifically for kids



Being parents ourselves, we understand how our own kids can be at the end of a school day. That's why each class begins with a fun and interactive game where students have the opportunity to work as teams. Let's be honest, who doesn't want to have fun? Plus, learning how to work well with others is a skill we all need. Many of these activities are done on our feet, not sitting down. It's in these fun times that we slip in the life lessons. Yes, we know that you have taught these lessons and concepts to your kids about a thousand times. However, we also know these lessons land differently coming from someone who is not their mom or dad. Our hope is that...

FUN + ENGAGING GAMES + TINY LIFE LESSONS IGNITES CONVERSATIONS WITH YOUR CHILD

Topics Include:

- The Joy of Giving
- Meditation and Affirmations
- Stoicism
- Journaling
- Keystone/Atomic Habits
- Goal Setting
- The Significance of Self-Discipline
- Embracing Failure
- How to Improve your Mood Instantly
- Vision Books
- and many more

Visit www.ignitetheirspark.com for more information and to register

Lenski Elementary

Open to 3rd, 4th and 5th grade students

Jan 14,21,28, Feb 4,11,18

Tuesdays 2:45 - 3:45pm

Cost: \$135

