

Heritage High School 1401 W. Geddes Ave. Littleton, CO 80120

ATHLETICS MAIN OFFICE 303-347-7640

HeritageAthletics/facebook.com
heritageagles
@HeritagEagles

To register for one or more camps or for more information go to: heritage.littletonpublicschools.net



BOYS' SOCCER TEAM CAMP

AUGUST 9 - 12

TIME: 5 - 8 p.m. LOCATION: Heritage Soccer Fields COST: \$40 per player GRADE: Incoming 9th Grade - 12th Grade CONTACT: abuseck@lps.k12.co.us

BOY'S & GIRL'S SOCCER CAMPS

SUMMER SOCCER (STRENGTH, AGILITY & QUICKNESS)

JUNE 1 - AUGUST 5 MONDAY, WEDNESDAY & THURSDAY

COST: \$50 per player GRADES: 8 - 12 Boys & Girls

HERITAGE HIGH SCHOOL WEIGHT ROOM

MONDAYS & WEDNESDAYS 4:30 - 5:30 P.M. THURSDAYS 5:30 - 7 P.M.

CONTACT: abuseck@lps.k12.co.us Coach supervised pick-up soccer scrimmage on Hurt Field immediately following strenth training on Thursdays. Grades 8 - 12 boys and Girls.

STRENGTH & CONDITIONING CAMP

JUNE 13TH - JULY 28TH MONDAY THROUGH THURSDAY (EXCLUDING 4TH OF JULY WEEK)

TIME: 6:45 a.m. - 9:00 a.m. (H.S. Boys & Girls) 9:15 a.m. - 10:30 a.m. (M.S. Boys & Girls) LOCATION: Heritage Weight Room & Fitness Center COST: \$140 High School (\$100 Middle School) GRADES: 9th - 12th CONTACT: tknoblock@lps.k12.co.us PHONE: 405-401-8466

This camp is designed for athletes of all skill levels looking to improve strength, endurance, and agility through proper lifting techniques and conditioning.

VOLLEYBALL CAMPS

DEFENSE/PASSING/SERVING CLINIC

JULY 8TH - 10TH

TIME: 5:00 - 7:00 pm (Beginner) 7:00 - 9:00 pm (Advanced) COST: \$60 per player CONTACT: Jana Barret heritagevolleyball@hotmail.com GRADES: 6th - 8th

VOLLEYBALL HITTING/BLOCKING CLINIC

JUNE 15TH - JUNE 17TH

TIME: 5:00 - 7:00 pm (Beginner) 7:00 - 9:00 pm (Advanced) COST: \$75 per player GRADES: 6th - 8th CONTACT: Jana Barret heritagevolleyball@hotmail.com

VOLLEYBALL SETTING CLINIC

JULY 13TH - 15TH

TIME: 5:00 - 7:00 pm (Beginners & Advanced) COST: \$55 per player CONTACT: Jana Barret heritagevolleyball@hotmail.com

EAGLES VOLLEYBALL CAMP

AUGUST 8TH - 11TH

TIME: 5:00 - 7:00 pm (Incoming Freshman & 10th grade) 7:00 - 9:00 pm (11th & 12th grade) COST: \$55 per player CONTACT: Jana Barret heritagevolleyball@hotmail.com

CHEERLEADING CAMP

JUNE 20TH - 22ND

TIME: 9 a.m. - 3 p.m. LOCATION: Heritage High School COST: \$100 CONTACT: vdemarco@lps.k12.co.us









BOYS' BASKETBALL CAMP

JUNE 20TH - 23RD

TIME: 9 a.m. - 11:30 a.m. (3rd - 5th grade) 12 p.m. - 2:30 p.m. (6th -8th grade) LOCATION: Heritage Main Gymnasium COST: \$100 CONTACT: jbyleveld@lps.k12.co.us PHONE: 303-917-9053

COLORADO CHALLENGE BASKETBALL TOURNAMENT (HIGH SCHOOL TEAMS) **JUNE 14TH - 16TH**

TIME: 8 a.m. - 4 p.m. LOCATION: Heritage High School COST/TEAM: \$550 CONTACT: jbyleveld@lps.k12.co.us PHONE: 303-917-9053

GIRLS' BASKETBALL CAMP

JUNE 6TH - 9TH

TIME: 9 a.m. - 12 p.m. (3rd - 8th grade) 1:30 p.m. - 3:30 p.m. (9th - 12th grade) LOCATION: Heritage Main Gymnasium COST: \$100 (3rd - 8th grade) \$50 (9th - 12th grade) GRADES: 3rd - 8th CONTACT: heritagegirlsbasketball@gmail.com PHONE: 720-232-6721

BASEBALL CAMP

AUGUST 6TH

TIME: 9 a.m. - 12 p.m. LOCATION: Heritage Baseball Field COST: \$50 GRADES: 3rd - 8th CONTACT: hhseagleball@gmail.com PHONE: 303-802-7445

CROSS COUNTRY CAMPS

MIDDLE SCHOOL CAMP

JUNE 1ST - JULY 1ST MONDAY, WEDNESDAY & FRIDAY

TIME: 9a.m. LOCATION: Heritage High School COST: \$50 CONTACT: smrossing@aol.com PHONE: 303-594-2633

HIGH SCHOOL CAMP

JUNE 20TH - AUGUST 12TH **MONDAYS & WEDNESDAYS**

TIME: 8 - 10 a.m. LOCATION: Heritage High School COST: \$50 CONTACT: brunyon@lps.k12.co.us PHONE: 812-322-1423

DENVER OUTLAWS - HHS LACROSSE CAMP

JULY 13TH & 14TH

LOCATION: Fuclid Middle School TIME: 9 a.m. - 1 p.m. (3rd - 6th graders) COST: \$125 GRADES: 2nd - 8th grade CONTACT: jonrcohen@gmail.com PHONE: 303-949-2997

JR. BELLES SUMMER CAMP

JUNE 13-15

TIME: 9AM-11AM \$50.00 for all three days. which includes a t-shirt given on the first and pizza on the last day!

JUNE 15TH OPEN PERFORMANCE

TIME: 10:30 (Open to parents/friends to watch! CONTACT: Alexandreya Esquibel at esquibel.alex@gmail.com

FOOTBALL CAMPS

CONTACT CAMP (9TH - 12TH GRADERS) MAY 31ST - JUNE 10TH

TIME: Weight Lifting 6:30-8 a.m. Camp 8 a.m. - TBD LOCATION: Heritage Football Field COST: \$60 GRADES: 9th - 12th Contact: tknoblock@lps.k12.co.us Phone: 405-401-8466

FOOTBALL JUNIOR EAGLES

FOOTBALL CAMP (5TH - 8TH GRADERS)

JUNE 13TH - 15TH MONDAY-THURSDAY

TIME: 5:30 - 8:00 pm LOCATION: Heritage Weight Room & Track COST: \$100 GRADES: 5th - 8th CONTACT: tknoblock@lps.k12.co.us PHONE: 405-401-8466

YOUTH BOYS' & GIRLS' STRENGTH, SPEED & AGILITY DEVELOPMENT

JUNE 13TH - JULY 28TH (EXCLUDING JULY 4TH - 7TH)

LOCATION: Heritage High School Performance Center COST: \$100 GRADES: 3rd - 8th CONTACT: tknoblock@lps.k12.co.us

TENNIS CAMPS

JUNE 6TH - JULY 28TH

TIME: 9 a.m. - 3 p.m. LOCATION: Heritage Tennis Courts COST: \$250 GRADES: 8th - 12th graders CONTACT: chanson@lps.k12.co.us

YOUTH CAMP

MAY 26TH - JULY 3RD

TIME: Monday and Wed 9 - 11 a.m. LOCATION: Heritage Tennis Courts COST: \$200 GRADES: 5th - 8th CONTACT: chanson@lps.k12.co.us PHONE: 720-217-5447

BAND CAMP 2016

JULY 25 - 28 (8AM - 4PM) AUG 1 - 4 (8AM - 4PM) AUG 8 - 11 (8AM - 4PM) LOCATION: Heritage High School Field CONTACT: Garren Guthrell - gcuthrell@lps.k12.co.us COST: Free with \$250 band fee GRADES: Incoming 9th grade to 12th graders

MINI BAND CAMP

MAY 24 - 27 (8AM - 12PM NOON) LOCATION: Band Room CONTACT: Garren Guthrell - gcuthrell@lps.k12.co.us COST: Free GRADES: Incoming 9th grade to 12th graders





