



Heat at Home Instructions

The following Summer Emergency Feeding menu items will arrive in the meal bags cold/frozen and will need to be heated at home. Please follow the instructions below to ensure food safety and food quality.

- Breakfast Burrito
- Bean & Cheese Burrito
- Breakfast Tacos
- Tiny Beef Tacos
- Heat at Home Nachos
- Bowtie Pasta and Meatballs
- BBQ Joes
- Mac n' Cheese
- White Tie Alfredo Pasta

1. Place in the refrigerator as soon as you get home. Do not allow food items to sit at room temperature for longer than 3 hours.
2. If applicable, remove food item from foil wrapping. Transfer entree to a microwave safe bowl/plate. It cannot be reheated in the container you received it in.
3. Cover the bowl/plate lightly.
4. Microwave on high for 30-90 seconds or until a thermometer inserted into the entree reaches 165°F. Be careful, it will be hot!
5. For BBQ Joes, place filling onto hamburger bun provided.
6. Enjoy your tasty heat at home meal!

Note: For Heat at Home Nachos, transfer the refried beans to a microwavable safe bowl and top with cheese. Microwave on high for 30-45 seconds until hot. Dip tortilla chips in the beans and cheese.