



HHS IN THE KNOW

Weekly Bulletin

Week of September 26, 2022

50th ANNIVERSARY CELEBRATION: In the spirit of Homecoming, we are inviting our retired teachers, alumni and community members to Heritage on **Saturday, September 24th, 2022 between 9:30-11:30am** to celebrate our 50th Anniversary! At 11:00am, we will be dedicating the Wrestling Room to former coach, Ray Barron. We would love to have you join us. There will be tours of the building by Heritage Ambassadors, a gallery walk of memorabilia, Showcase video viewing, and light refreshments. Please feel free to bring your family and friends to join us in this celebratory event.

SOURCES OF STRENGTH: Our mission is to highlight the various sources of strength we all have within us so that we can turn to them during difficult times. At Heritage we do this through several school wide campaigns. Our goal this year is to have two or three school wide campaigns. We will meet during Advisory once a month starting in October. If you are interested in joining Sources of Strength complete this [google form](#) and join the Sources Remind by texting @hhssource to 81010 Questions? Reach out to [Ms. Abbott](#) in the Counseling!

STUDENT PICTURES: Picture Retakes are Tuesday, September 27th, in the Aux Gym from 8:30am-3:30pm. This is for retakes or for those who have not had a chance to get their picture taken for this year. If you are getting a retake you must bring your picture packet with you and return it to the photographers.

ATTENTION GIRLS LAX PLAYERS: Are you interested in playing HHS Lacrosse this upcoming spring season? We will be having an informational meeting next Wednesday, September 28th from 9:00-9:25am in Room 3843. We will be discussing winter ball and other important information. Email Coach Klapper at sklapper@lps.k12.co.us if you have any questions.

SENIORS: If you are planning on attending college, it's time to complete your FAFSA. The Free Application for Federal Student Aid opens on October 1st. Through FAFSA, the Department of Education provides more than \$150 billion each year in loans, grants, and work-study programs that can help you and your family pay for college. Go to www.FAFSA.ed.gov to complete the FREE application. Check your college websites for priority deadlines, but generally the sooner it's completed, the better.

LPS STRIDE: It's STRIDE time! The LPS Foundation is hosting the 28th annual Stride on **Sunday, October 30th, 2022** at the Littleton Museum and your whole family is invited! This fall tradition includes a 5K, 10K, Kids Fun Run and Wellness Expo and raises money to support health and wellness at LPS schools. There are 12 opportunities for us to win \$1,000 for our school as part of the race. [Register now](#) to take advantage of The Stride Back to School Sale (the sale ends October 1st, don't delay!).

COLORADO FREE APPLICATION DAY: To inspire more Coloradans to continue their education, all 32 public colleges and universities in Colorado and several private institutions will allow students to apply for free on **October 18th, 19th and 20th 2022** as part of Colorado Free Application Days. For more information and the application fee waiver codes please go to: <https://highered.colorado.gov/cofreeappdays> and click on application instructions.

BOYS LACROSSE DINE OUT NIGHT: Please come support the HHS Boys Lacrosse team on October 3rd at Andy's Frozen Custard! Use the attached coupon and the program receives \$1 for every purchase.

PSAT/NMSQT: The fall PSAT/NMSQT is coming soon! On Wednesday, October 12th, Heritage will offer this optional exam to interested juniors and sophomores. You can register with payment of \$22 cash or check in the Post Grad Center. Checks should be made payable to Heritage High School. **Why take this version of the PSAT?** In March of each year, 9th graders take the PSAT 9 exam, and 10th graders take the PSAT 10 exam for exposure and feedback to questions similar to the SAT. For juniors this fall, the PSAT/NMSQT represents the last opportunity for a practice test leading towards their SAT exam in March. Also important, juniors seeking to have a chance to qualify for the National Merit Scholarship Competition must take this PSAT/NMSQT to earn a qualifying test result. **Registration is open to juniors until October 7th or until sold out.** We will also open registration to sophomores on a space available basis beginning on September 28th. Juniors, don't wait to secure your spot. Bring your \$22 to Post Grad to sign up now.

MAD WEEK SUBMISSIONS: Do you know of a worthy charity, organization or a cause that would make a great submission for Eagle Outreach's M.A.D. Week! Submit this cause now using this [link](#). Submissions will be accepted until Friday, October 14th. This is a great opportunity to Make a Difference and bring recognition to a cause you are passionate about. The top three submissions will be voted on by the school to be featured during M.A.D week in April 2023, so make sure to get yours in the running!

GIRLS SWIM & DIVE MANDATORY PRESEASON MEETING: Girls Swim & Dive will be having a mandatory preseason meeting for all parents and swimmers/divers interested in participating in the 2022/2023 season. This meeting is for both new and returning athletes. The meeting will be held in the Student Center on Wednesday, October 12th at 6:00 pm. Please enter the cafeteria from the exterior door on the Student Center patio. The meeting will be addressing what to expect for the season, how to register and how to purchase gear.

ARMED SERVICES VOCATIONAL APTITUDE BATTERY (ASVAB): HHS is hosting the Armed Services Vocational Aptitude Battery (ASVAB) test on **Wednesday, October 19th at 9:15am**. The test will be on the students' personal computers and will run from approx. 9:15- 11:30am. The ASVAB scores can be used for graduation proficiency and career exploration. This specific test will not be reported to the military nor be used for military recruiting. Students will be excused from any missed class time, but will be responsible for any missed assignments or assessments. **Spots are limited to the first 50 students who sign up.** Learn more about the ASVAB: <https://www.officialasvab.com/>

- **Who:** Open to 10th, 11th, & 12th graders
- **Cost:** No Cost
- **Deadline to Sign Up:** All students MUST sign up by Tuesday, October 11th at 3:31pm
- **Sign up:** Complete this [google form](#)- space is limited to the first 50 students to sign up

HHS POST GRAD: College Visits are back for 2022. The following colleges and universities will be visiting Heritage students next week. This is a great way to meet with an admissions counselor and learn about different schools. Please sign up to attend the meeting in your Scoir account. On the main page scroll down and visits are on the right hand side. Click on the "Count Me In" button and you are all set. Meetings will be held in the Post Grad Center. Students if you have not created your Scoir account yet, check your email and you'll find a link. A full list of college visits can be found [here](#).

Day	Date	Time	College	Location
Monday	9/26/2022	9:30	Western Washington University	Post Grad
Monday	9/26/2022	12:00	Soka University	Post Grad
Monday	9/26/2022	1:30	Dickinson College	Post Grad
Tuesday	9/27/2022	9:30	Syracuse University	Post Grad
Tuesday	9/27/2022	12:00	University of Redlands	Post Grad
Tuesday	9/27/2022	1:30	University of San Diego	Post Grad

Wednesday	9/28/2022	10:00	University of Portland	Post Grad
Wednesday	9/28/2022	12:15	Babson College	Post Grad
Wednesday	9/28/2022	1:30	University of Utah	Post Grad
Thursday	9/29/2022	9:30	University of New Hampshire	Post Grad
Thursday	9/29/2022	12:00	Purdue University	Post Grad
Thursday	9/29/2022	1:30	Bucknell University	Post Grad
Friday	9/30/2022	9:30	Washington State University	Post Grad
Friday	9/30/2022	12:00	Drake University	Post Grad
Friday	9/30/2022	12:00	Kenyon College	Post Grad
Friday	9/30/2022	1:30	Oberlin College	Post Grad

FOR PARENTS:

PARENT/TEACHER CONFERENCES: All parents are invited to join us for Fall In-Person Parent/Teacher Conferences on Monday, September 26th, from 4:00 to 6:30pm in the Main Gym. Please mark your calendars and plan to spend a few minutes with each of your students' teachers. The Virtual Parent/Teacher Conferences for the fall are scheduled for Monday, November 28th. Sign-ups for virtual conferences only will be made available at a later date.

EPIC CAMPUS INFORMATION NIGHT: Representatives from the EPIC Campus will be at HHS on the evening of October 3rd at 6:00pm in the HHS Student Center to provide information about this amazing opportunity for students currently in grades 9-11. If your student is interested in taking classes at the EPIC Campus, which will open to students in August 2023, please plan to attend. [Click here](#) for the RSVP link.

ASCENT COLLEGE PROGRAM: *Parents, are you worried about paying the costs of college?* For qualifying high school students who earn at least 9 community college credits while in high school, ASCENT will cover the tuition costs of the first year of college with particular participating Colorado colleges. Students can attend an Advisory meeting on October 7th in the Community Room for more details. Families need to plan ahead to establish those 9 college credits, so start thinking about ASCENT for your future opportunities now. Contact your school counselor if you wish to learn about the ASCENT program in Colorado.

DRIVERS EDUCATION: Did you know that you can earn .25 LPS graduation elective credit while taking driver education? Go to the Littleton Public Schools Website and click the Driver Education Tab or littletonpublicschools.net/driversed. Classes are coming up on Saturdays at Littleton HS and after school at Arapahoe HS. More classes are available throughout the semester and school year with an online only option and upcoming virtual only in the evening.

- Virtual Driver Awareness Class 10/4/2022 - 10/5/2022; 4:30pm - 6:30pm
- In Person Classroom Session C 10/17/2022 - 11/2/2022 Monday through Thursday; 3:45pm - 6:45pm
Location: Heritage High School
- In Person Classroom Session D 11/12, 11/19, 12/3, 12/10 Saturdays; 8:00am - 4:00pm Location: Littleton High School
- In Person Classroom Session E 11/28/2022 - 12/13/2022 Monday through Thursday; 3:45pm - 6:45pm
Location: Littleton High School

HELP EARN REWARDS FOR HERITAGE AND LPS WHILE SHOPPING:

- HHS is enrolled in the **King Soopers Rewards Program**. Just log into your King Soopers Account, Community Rewards, and search for Heritage High School either by name or by MY380, and then click enroll. Money earned through this program will help support our Eagle Family Foundation program here at school which assists students and families in need.
- HHS is also enrolled in **American Furniture Warehouse's Year Round School Rewards Program**. When you shop at one of their stores, please mention Heritage High School at the time of purchase.
- **Office Depot** donates five percent of purchases back to us when you designate Heritage High School (School ID #70018158) at the time of purchase.
- **Amazon Customers:** Be sure to sign up as an AmazonSmile customer and select the **LPS Foundation** as your charity of choice. When you make a qualifying purchase from Amazon, they will make a donation to the foundation that equals .01% of your purchase total. And the best part...it doesn't cost you anything! [Simply click here to register your account](#). When you log into your account to make a purchase, just make sure you sign into Smile.Amazon to ensure your purchase qualifies for a donation.

PHONE NUMBERS:

- **Heritage High School Main Office: 303-347-7600**
- **Heritage High School Attendance Line: 303-347-7630**
- **Safe2tell, a toll-free, anonymous Colorado tip line answered by the State Patrol, is for anyone concerned about a threat to student and staff safety: Statewide Tip Line: 1-877-542-SAFE**
- **HHS Tip Line - The purpose of the phone tip line is to provide a confidential opportunity to give school officials information about use, possession, distribution or sale of drugs or alcohol, as well as any information regarding a dangerous situation. HHS Tip Line: (303) 734-6730**
- **Colorado Crisis Services: 1-844-493-8255 or Text "TALK" to 38255**
- **LPS 24-Hour Security: 303-347-3420**

LINKS:

- **Heritage High School Website: <http://heritage.littletonpublicschools.net/>**
 - [Important Dates and School Calendars](#)
 - [Sports and Activities Calendar](#)
 - [Bell Schedules](#)
 - [Staff Directory](#)
- **Infinite Campus Portal: <https://littletonco.infinitecampus.org/campus/portal/littleton.jsp>**
- **Click this link to view all district-approved flyers posted to the LPS website. [Flyers](#)**
- **LPS Website - Community Resources: <https://littletonpublicschools.net/community-resources>**

SOCIAL MEDIA:

Like us and then follow us to get automatic messages when we update our news feeds:

- www.facebook.com/HeritageLPS
- <https://twitter.com/hhslps>

- <https://www.instagram.com/heritageeagles/>

The HHS In the Know Weekly Bulletin is emailed to students and parents/guardians and posted to both the "For Students" and "For Parents" pages of our website on **Friday** (for the following week) during the school year. To submit information to be included in the weekly bulletin, please email CLambert@lps.k12.co.us by **10 am each Wednesday**.

Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services.

The following individuals have been designated to handle inquiries regarding the nondiscrimination policies: Michael Jones, Assistant Superintendent of Human Resources or Carla Burnell, Director of Special Education and Student Support Services; Littleton Public Schools - 5776 S. Crocker St. Littleton, CO 80120 - 303-347-3300

* Please scroll down to view Eagle Events and other attachment(s) for this week. *



Heritage 2022 Multiple Activities Schedule
(as of 09-22-2022)

Activity	Time	Versus	Location	Location Detail	Comments
MONDAY, SEP 26, 2022					
Odd Period Classes					
Golf: Boys Varsity Invitational	1:30am	Classical Academy	USAFA Eisenhower Blue Course		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Baseball - Morning Workouts	7:00am-8:00am		Turf Room		
Football - Weights	7:55am-9:56am		Weight Room		
Football - Meeting	9:10am-9:55am		Heritage High School - 3rd Floor Lecture Hall		
Admin Team Meeting	10:00am-12:00pm		Conference Room - Main Office		
Advisory - Counselors Meet w/Seniors	10:00am-10:30am		Classrooms		
Advisory - Principal's Advisory Committee Meeting	10:00am-10:30am		Conference Room - Community		
Counseling - Department Meeting	1:00pm-2:30pm		Conference Room - Main Office		
Golf: Boys Varsity Tournament	1:30pm	The Classical Academy	Eisenhower Golf Club		Titan Scramble Golf Tournament
Choir - Fall Musical Rehearsals	3:31pm-6:30pm		Room 2771		
Drama - Fall Play Rehearsal	3:40pm-6:00pm		Heritage High School - Theater		
Key Club Meeting	3:40pm-4:30pm		Heritage High School - Room 2841		Brittany Markus and Stephanie Bianchi
Band - Marching Band Practice	3:45pm-6:15pm		Heritage High School - Field - Acreage		
Football - Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf)		
Football - Study Hall	3:45pm-4:10pm		Room 3294		
Parent/Teacher Conferences	4:00pm-6:30pm		Heritage High School - Main Gym, Outside of Main Office		
USA Prime Practices	4:00pm-7:00pm		Heritage High School - Field - Baseball		
Soccer: Boys Fresh/Soph Game	4:30pm	Legend	Heritage High School	Field - Soccer	
ACES Swim Club practice	4:30pm-7:30pm		Heritage High School - Pool		
Volleyball - Practice	4:30pm-6:30pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
Volleyball - Girls Gold Crown	6:00pm-7:30pm		Heritage High School - Main Gym		
Belles - Booster Meeting	6:30pm-9:00pm		Conference Room - Community		
2022 Thunder Football practices	6:30pm-7:30pm		Heritage High School - Field - Acreage		

TUESDAY, SEP 27, 2022

Even Period Classes

Belles - Varsity Practice	6:30am-8:00am		Heritage High School - Main Gym		
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Activity	Time	Versus	Location	Location Detail	Comments
Baseball - Morning Workouts	7:00am-8:00am		Turf Room		
Shadow Day	7:30am-10:30am		Heritage High School - 2nd Floor Lecture Hall, Heritage High School - Theater		
Football - Meeting	7:55am-8:25am		Heritage High School - 3rd Floor Lecture Hall		
FBLA Club Meeting	8:00am-8:30am		Room 1317		
Football - Weights	8:15am-10:49am		Weight Room		
Picture Retake	8:30am-3:30pm		Heritage High School - Auxiliary Gym		
SIT Team Meeting	10:40am-11:40am		Conference Room - Main Office		
SIT Team Meeting	2:10pm-3:10pm		Conference Room - Main Office		
Maker Alliance	3:30pm-4:30pm		Room 1745X		
Softball: Varsity Game	3:30pm	ThunderRidge	Euclid Middle School		
Choir - Fall Musical Rehearsals	3:31pm-6:30pm		Room 2771		
GSA Club Meeting	3:31pm-4:30pm		Room 3977		
Drama - Fall Play Rehearsal	3:40pm-6:00pm		Heritage High School - Theater		
Creative Writing	3:40pm-4:45pm		Heritage High School - Room 2845		
Knitting Club	3:40pm-4:30pm		Room 2139		
Band - Marching Band Practice	3:45pm-6:15pm		Heritage High School - Field - Acreage		
Football - Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf)		
Football - Study Hall	3:45pm-4:10pm		Room 3294		
Baseball - Practice	3:45pm-5:45pm		Heritage High School - Field - Baseball		
Volleyball - Team Feed	4:00pm-7:30pm		Room 3294		
Cheer Practice	4:00pm-6:30pm		Gym - C Climbing Wall		
Soccer: Boys JV Game	4:30pm	Legend	Heritage High School	Field - Soccer	
Volleyball: Girls Freshman Match	4:30pm	ThunderRidge	Heritage High School	Auxiliary Gym	
Volleyball: Girls Sophomore Match	4:30pm	ThunderRidge	Heritage High School	Main Gym	
Volleyball - Practice	4:30pm-6:30pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
ACES Swim Club practice	4:30pm-7:30pm		Heritage High School - Pool		
Softball: JV Game	5:15pm	ThunderRidge	Euclid Middle School		
Volleyball: Girls JV Match	5:30pm	ThunderRidge	Heritage High School	Main Gym	
Volleyball: Girls Varsity Match	6:30pm	ThunderRidge	Heritage High School	Main Gym	
Soccer: Boys Varsity Game	6:30pm	Legend	Heritage High School	Field - Football (Artificial Turf)	
2022 Thunder Football practices	6:30pm-7:30pm		Heritage High School - Field - Acreage		
Basketball - Girls Open Gym	7:30pm-9:00pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		

WEDNESDAY, SEP 28, 2022

Odd Period Classes

Belles - Varsity Practice	7:00am-9:00am		Heritage High School - Main Gym		
Belles - JV Practice	7:00am-9:00am		Heritage High School - Auxiliary Gym		
Football - Weights	7:55am-9:56am		Weight Room		
Counseling - PLC Meeting	8:00am-9:30am		Conference Room - Main Office		

Activity	Time	Versus	Location	Location Detail	Comments
FCA Club Meeting	9:00am-9:25am		Room 3294		
Swag Club	9:00am-9:30am		Room 1317		
Football - Meeting	9:10am-9:55am		Heritage High School - 3rd Floor Lecture Hall		
Choir - Fall Musical Rehearsals	3:31pm-6:30pm		Room 2771		
Drama - Fall Play Rehearsal	3:40pm-6:00pm		Heritage High School - Theater		
Football - Study Hall	3:45pm-4:10pm		Room 3294		
Thespian Club	3:45pm-4:15pm		Heritage High School - Theater		Every Wednesday
Soccer - Boys Practice	3:45pm-5:45pm		Field - Soccer		
Football - Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf)		
Baseball - Practice	3:45pm-5:45pm		Heritage High School - Field - Baseball		
Soccer: Boys Fresh/Soph Game	4:30pm	Castle View	Castle View High School		
ACES Swim Club practice	4:30pm-7:30pm		Heritage High School - Pool		
Gymnastics: All Levels Meet	5:20pm	Away vs. Overland, Heritage, Rock Canyon	Overland High School		
Cross Country - Weights	5:30pm-6:30pm		Weight Room		
Volleyball - Girls Gold Crown	6:00pm-7:30pm		Heritage High School - Main Gym		
2022 Thunder Football practices	6:30pm-7:30pm		Heritage High School - Field - Acreage		
Travel Meeting	6:30pm-8:30pm		Heritage High School - 2nd Floor Lecture Hall		

THURSDAY, SEP 29, 2022

Odd Period Classes					
Belles - Varsity Practice	6:30am-8:00am		Heritage High School - Main Gym		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Cheer Practice	6:30am-8:00am		Gym - C Climbing Wall		
Baseball - Morning Workouts	7:00am-8:00am		Turf Room		
Football - Weights	7:55am-9:56am		Weight Room		
Blood Drive	9:00am-2:00pm		Room 3294		Health Room
Football - Meeting	9:10am-9:55am		Heritage High School - 3rd Floor Lecture Hall		
Counseling - Mental Health Advisory	10:00am-10:31am		Conference Room - Community		
Counseling - Military visit	10:30am-12:30pm		Hallway - by Student Center		US Army Lunch visit
SIT Team Meeting	10:40am-11:40am		Conference Room - Main Office		
SIT Team Meeting	2:10pm-3:10pm		Conference Room - Main Office		
Softball: Varsity Game	3:30pm	Mountain Vista	Euclid Middle School		(Rescheduled from 09-14-22)
Eagle Outreach Club Meeting	3:30pm-5:00pm		Heritage High School - Room 2957		
Diversity Club	3:30pm-4:00pm		Heritage High School - Room 2134		
Choir - Fall Musical Rehearsals	3:31pm-6:30pm		Room 2771		
Pop Culture Club	3:35pm-5:00pm		Room 3976		
Drama - Fall Play Rehearsal	3:40pm-6:00pm		Heritage High School - Theater		

Activity	Time	Versus	Location	Location Detail	Comments
Band - Marching Band Practice	3:45pm-6:15pm		Heritage High School - Field - Acreage		
Football - Study Hall	3:45pm-4:10pm		Room 3294		
Baseball - Practice	3:45pm-5:45pm		Heritage High School - Field - Baseball		
Soccer - Boys Practice	3:45pm-5:45pm		Field - Soccer		
Football - Practice	4:00pm-5:45pm		Heritage High School - Field - Football (Artificial Turf)		
Soccer: Boys JV Game	4:30pm	Castle View	Castle View High School		
Volleyball - Practice	4:30pm-6:30pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
Football - Team Dinner	4:30pm-6:00pm		West Athletic Entrance		
Softball: JV Game	5:15pm	Mountain Vista	Euclid Middle School		(Rescheduled from 09-14-22)
Gymnastics: All Levels Meet	5:30pm	Cherry Creek	Cherry Creek High School		
Basketball - Girls Open Gym	6:30pm-8:30pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
2022 Thunder Football practices	6:30pm-7:30pm		Heritage High School - Field - Acreage		
Soccer: Boys Varsity Game	6:30pm	Castle View	DC Stadium		

FRIDAY, SEP 30, 2022

Even Period Classes					
Belles - Varsity Practice	6:30am-8:00am		Heritage High School - Main Gym		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Belles - JV Practice	6:30am-8:00am		Heritage High School - Auxiliary Gym		
Football - Weights	8:15am-10:49am		Weight Room		
Advisory - Counselors Meet w/Seniors	10:00am-10:30am		Classrooms		
Advisory - LINK visits to Freshmen Classes	10:00am-10:30am		Classrooms		
Choir - Fall Musical Rehearsals	3:31pm-6:30pm		Room 2771		
Eagles for Choice	3:31pm-4:20pm		Room 3977		
D & D Club	3:35pm-5:00pm		2nd Floor Study Center		Every Week on Fridays
Drama - Fall Play Rehearsal	3:40pm-6:00pm		Heritage High School - Theater		
Football - Study Hall	3:45pm-4:10pm		Room 3294		
Soccer - Boys Practice	3:45pm-5:45pm		Field - Soccer		
Football - Practice	3:45pm-5:00pm		Heritage High School - Field - Football (Artificial Turf)		
Cheer Practice	4:00pm-6:30pm		Gym - C Climbing Wall		
Volleyball - Practice	4:30pm-6:30pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
ACES Swim Club practice	4:30pm-7:30pm		Heritage High School - Pool		
2022 Thunder Football practices	6:00pm-8:00pm		Heritage High School - Field - Football (Artificial Turf)		
Football: Varsity Game	6:00pm	Fruita Monument	Lincoln Park		

SATURDAY, OCT 01, 2022

Cross Country: All Levels Match	TBD	TBA	TBA		
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Activity	Time	Versus	Location	Location Detail	Comments
Volleyball: Girls JV Tournament	TBD	Away vs. George Washington, Far Northeast, Heritage, Northfield, Regis Groff, STEM Highlands Ranch	George Washington High School		
Tennis: Boys JV Tournament	TBD	TBA	TBA		Continental League JV Tournament
Football - Meeting	7:00am-9:30am		Heritage High School - 3rd Floor Lecture Hall		
Band - Marching Band Practice	8:00am-1:00pm		Heritage High School - Field - Acreage		
Gymnastics: All Levels Invitational	8:00am	Lakewood	Lakewood High School		
Football: Freshman Game	9:00am	Lutheran	Heritage High School	Field - Football (Artificial Turf)	
Belles - Practice	9:00am-12:00pm		Heritage High School - Main Gym		
LINK	9:00am-10:00am		Outside by the turf field (shady spot)		Freshman Football and Donuts
Football: JV Game	11:00am	Lutheran	Heritage High School	Field - Football (Artificial Turf)	

SUNDAY, OCT 02, 2022

Co-Elevation Youth Soccer	8:00am-3:00pm		Heritage High School - Field - Football (Artificial Turf)		(Cancelled)
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HERITAGE 50^{years} HIGH SCHOOL

Saturday
SEPTEMBER 24, 2022 | 9:30-11:30
AM

9:30-10:30 am *Open House; Light Breakfast
with Refreshments;
Gallery of Memorabilia*

9:45-10:45 am *Tours by Heritage
Ambassadors*

11:00 am *Dedication of Ray Barron
Wrestling Room*

Heritage High School

1401 W Geddes Ave, Littleton, CO



WORLD'S FINEST FROZEN CUSTARD MADE FRESH HOURLY™



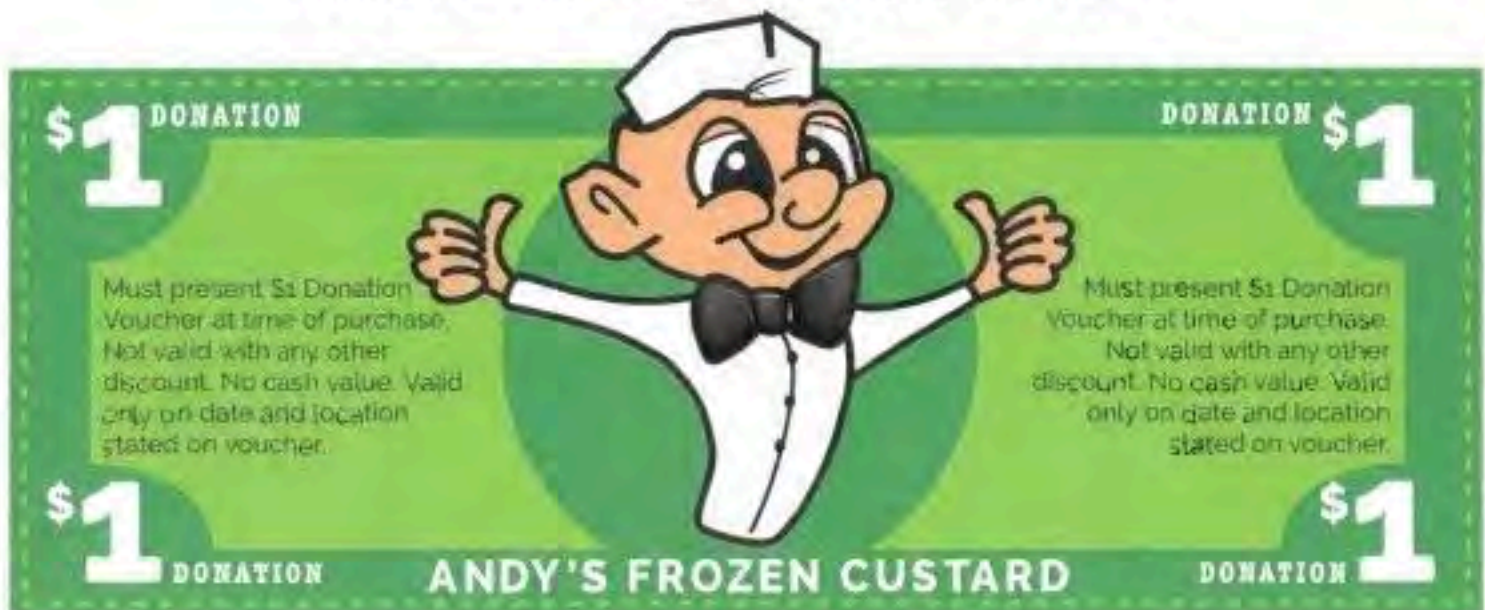
FUNDRAISING NEVER TASTED SO GOOD.

Bring this flyer, Buy a Treat, Receive \$1 for your Organization

**Heritage High School
Boys Lacrosse Day**

October 3rd, 2022

**Andy's Frozen Custard
6985 S Broadway, Littleton, CO 80122**



Are you passionate about youth mental health?

S.P.E.A.K



HEALTHY
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SCHOOLS

SOCIAL, EMOTIONAL & BEHAVIOR SERVICES

Student voice matters. Students Promoting Emotional Awareness & Kindness (SPEAK) is a student mental health advisory group that gives input on what helps kids get and stay healthy. Come be a part of this important group.

Who do we need?

Students from our high school programs who are passionate about mental health who represent our diverse population of students in LPS.

What do I have to do?

Members are asked to participate in monthly one hour virtual meetings to learn, discuss, and make recommendations to the district about mental health practices. You are the voice of your peers to the district in subjects like:

- Teen Suicide Prevention
- Social-Emotional Learning
- Helping others to live their best lives

If you are interested in joining S.P.E.A.K. fill out and submit your application:

bit.ly/22SPEAK

Questions?

Contact: Jon Widmier, Coordinator of Social Emotional & Behavior Services for Littleton Public Schools

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