



# HHS IN THE KNOW

## Weekly Bulletin

### Week of May 6, 2024

**PARKING PERMIT DISTRIBUTION 2024-25:** Save the date! Parking permit distribution for the 2024-2025 school year for Juniors and Seniors ONLY will be on **Tuesday, August 6th**. More information can be found on the [parking permit procedure page](#). Please mark your calendars as any student who is unable to attend will not be guaranteed a parking permit for next school year.

**THIS WEEK'S AP EXAM SCHEDULE:** If you are registered for an AP exam, please see the list below for the Week One schedule. All students should arrive at 7:30 am for an 8:00 am exam. For exams beginning at 12:00 pm, students should arrive by 11:40 am. For questions, please contact Ms. Stephanie Fast in the Counseling Office at 303-347-7617 or [sfast@lps.k12.co.us](mailto:sfast@lps.k12.co.us).

Date	Time	AP Exam	Exam Location
Monday, May 6th	8:00 am	U.S. Government & Politics	Aux Gym
Monday, May 6th	12:00 pm	Chemistry	Aux Gym
Tuesday, May 7th	8:00 am	Human Geography	Aux Gym
Tuesday, May 7th	8:00 am	Microeconomics	Last Name A-L: Health Room Last Name M-Z: Library
Tuesday, May 7th	12:00 pm	Seminar	Aux Gym
Tuesday, May 7th	12:00 pm	Statistics	Last Name A-L: Health Room Last Name M-Z: Library
Wednesday, May 8th	8:00 am	English Literature	Aux Gym
Wednesday, May 8th	12:00 pm	Computer Science A	Aux Gym
Thursday, May 9th	8:00 am	Environmental Science	Aux Gym
Thursday, May 9th	12:00 pm	Psychology	Aux Gym
Friday, May 10th	8:00 am	European History	Health Room (Room 3294)
Friday, May 10th	8:00 am	U.S. History	Aux Gym
Friday, May 10th	12:00 pm	Macroeconomics	Aux Gym

**BOYS VOLLEYBALL RESTAURANT FUNDRAISER:** Come out and support your LPS Boys Volleyball Team on Monday, May 6th at Panera (7301 S Santa Fe Dr) from 4:00-8:00 pm. Mention LPS Boys Volleyball with your order and 20% of the proceeds will go back to the team. If you want to order online, please use code FUND4U to make sure your order is included in the fundraiser.

**SUMMER TRAVEL ITINERARY CHANGE:** In light of the recent increase in civil and political unrest, the summer 2025 trip to Ecuador has changed. We have instead chosen a trip to **France and Spain** with an equally exciting itinerary. We will have an informational meeting on Tuesday, May 7th at 6:00 pm in Room 3139. Please use [this link](#) to RSVP for this meeting or request more information. We would love to have you attend this meeting to learn more about this exciting opportunity!

#### LIBRARY NEWS:

- **ALL STUDENTS** - Please use [this document](#) for step-by-step instructions to see what library materials you have checked out.
  - **SENIORS** - All library books are due by **Friday, May 10th**. Any items not returned by this date will have a replacement cost fee added to your account on IC.
  - **Freshmen, Sophomores, and Juniors** - All library books are due Friday, May 17th. Any items not returned by this date will have a replacement cost fee added to your account on IC.
- **The Library will be a QUIET STUDY SPACE from May 6th - May 23rd**
- **The Library will be CLOSED for AP Testing:**
  - Tuesday, May 7th - ALL DAY
  - Wednesday, May 15th - After 10:00 am
  - Thursday, May 16th - 7:30 am - 12:30 pm
- **The Mac LAB and Flight Tutoring Room will be CLOSED for AP testing:**
  - Monday, May 6th - Friday, May 17th
  - **Flight Testing & Tutoring will be available in Room 1744 during that time.**

**SENIOR GRADUATION SURVEYS:** Seniors, it's time to complete your Graduation Survey. We need to know what your plans are for next year. Whether you are off to college, the military, working, apprenticeships, or something completely different, we need to know. You are welcome to come into Post Grad and complete your graduation survey or you can go to [bit.ly/HHSGradSurvey](https://bit.ly/HHSGradSurvey) and complete the Google Doc. If you did apply to college, please go into your Scoir account and update each college with acceptance/denial/enrollment information. The school that you select as enrolling will be where we send your final transcript. Post Grad also collects information about all scholarships offered to our Seniors. Please bring in copies of any and all scholarships you are offered whether or not you will be attending the school. If you are not sure what your plans are just yet, don't worry, complete the survey as soon as you know.

**LOCKER CLEANOUT:** Locker cleanout for all seniors with lockers will be during Advisory on Monday, May 13th. Locker cleanout for all 9th-11th graders will be during Advisory on Monday, May 20th. All students will be required to empty lockers. If you do not remember your locker combination, please go to Infinite Campus, click More, then Reports and select "Schedule with Locker".

**NEW COURSE OFFERING:** Heritage High School is excited to offer a new course, Latinos in Action, to students in the 2024-2025 school year! Latinos In Action (LIA) offers an asset-based approach to bridging the graduation and opportunity gap for Latino students, working from within the educational system to create positive change. This class will be a leadership class for elective credit. To learn more about Latinos in Action, keep reading. LIA operates as a year-long elective course taught by a licensed teacher. The end goal of everything we do is to empower Latino youth to lead and strengthen their communities through college and career readiness. We accomplish this by focusing on four pillars: leveraging personal and cultural assets, excelling in education, serving the community, and developing leadership skills. If you are interested in adding this course to your schedule or would like someone to reach out to you to offer more information, please fill out the interest form [linked here](#). You can also join the Google Classroom (code: p4hedwo) to stay up-to-date on this new course offering.

**NUEVO CURSO:** ¡Heritage High School se complace en ofrecer un nuevo curso, Latinos en Acción, a los estudiantes en el año escolar 2024-2025! Esta clase será una clase de liderazgo para crédito electivo. Para obtener más información sobre latinos en acción, siga leyendo. Si está interesado en agregar este curso a su agenda o desea que alguien se comunique con usted para ofrecerle más información, complete el formulario de interés [vinculado aquí](#).

Latinos en Acción (LIA) ofrece un enfoque basado en activos para cerrar la brecha de graduación y oportunidades para los estudiantes latinos, trabajando desde dentro del sistema educativo para crear un cambio positivo. LIA opera como un curso electivo de un año de duración impartido por un maestro altamente calificado en los niveles de escuela intermedia, secundaria y preparatoria. El objetivo final de todo lo que hacemos es capacitar a los jóvenes latinos para que lideren y fortalezcan sus comunidades a través de la preparación universitaria y profesional. Logramos esto enfocándonos en cuatro pilares: aprovechar los activos personales y culturales, sobresalir en la educación, servir a la comunidad y desarrollar habilidades de liderazgo.

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## FOR PARENTS:

**PARENTS OF JUNIORS:** It is time to start thinking about senior yearbook portraits and other important yearbook due dates for the Class of 2025! Students will be given a handout of important yearbook information and due dates in Advisory on Friday, May 10th. Please ask your child about this handout. You can also get all of the information and deadlines on the yearbook webpage. Click [here](#). Thank you.

## HELP EARN REWARDS FOR HERITAGE AND LPS WHILE SHOPPING:

- HHS is enrolled in the **King Soopers Rewards Program**. Just log into your King Soopers Account, Community Rewards, and search for Heritage High School either by name or by MY380, and then click enroll. Money earned through this program will help support our Eagle Family Foundation program here at school which assists students and families in need.
- HHS is also enrolled in **American Furniture Warehouse's Year Round School Rewards Program**. When you shop at one of their stores, please mention Heritage High School at the time of purchase.
- **Office Depot** donates five percent of purchases back to us when you designate Heritage High School (School ID #70018158) at the time of purchase.

## PHONE NUMBERS:

- **Heritage High School Main Office: 303-347-7600**
- **Heritage High School Attendance Line: 303-347-7630**
- **Safe2tell, a toll-free, anonymous Colorado tip line answered by the State Patrol, is for anyone concerned about a threat to student and staff safety: Statewide Tip Line: 1-877-542-SAFE**
- **HHS Tip Line - The purpose of the phone tip line is to provide a confidential opportunity to give school officials information about use, possession, distribution or sale of drugs or alcohol, as well as any information regarding a dangerous situation. HHS Tip Line: (303) 734-6730**
- **Colorado Crisis Services: 1-844-493-8255 or Text "TALK" to 38255**
- **LPS 24-Hour Security: 303-347-3420**

## LINKS:

- **Heritage High School Website: <http://heritage.littletonpublicschools.net/>**
  - [Important Dates and School Calendars](#)
  - [Sports and Activities Calendar](#)
  - [Bell Schedules](#)
  - [Staff Directory](#)

- Infinite Campus Portal: <https://littletonco.infinitecampus.org/campus/portal/littleton.jsp>
- Click this link to view all district-approved flyers posted to the LPS website. [Flyers](#)
- LPS Website - Community Resources: <https://littletonpublicschools.net/community-resources>

## **SOCIAL MEDIA:**

Like us and then follow us to get automatic messages when we update our news feeds:

- [www.facebook.com/HeritageLPS](http://www.facebook.com/HeritageLPS)
- <https://www.instagram.com/heritageeagles/>

The HHS In the Know Weekly Bulletin is emailed to students and parents/guardians and posted to both the "For Students" and "For Parents" pages of our website on **Friday** (for the following week) during the school year. To submit information to be included in the weekly bulletin, please email [CLambert@lps.k12.co.us](mailto:CLambert@lps.k12.co.us) by **10 am each Wednesday**.

Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services.

The following individuals have been designated to handle inquiries regarding the nondiscrimination policies:

Dr. Sheri Charles, Assistant Superintendent of Human Resources or Carla Larson, Director of Special Education and Student Support Services; Littleton Public Schools - 5776 S. Crocker St. Littleton, CO 80120 - 303-347-3300

\* Please scroll down to view Eagle Events and other attachment(s) for this week. \*



# Heritage 2024 Multiple Activities Schedule

(as of 05-02-2024)

Activity	Time	Versus	Location	Location Detail	Comments
<b>MONDAY, MAY 06, 2024</b>					
Odd Period Classes					
AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
AP Exams	7:00am-5:00pm		Library MAC Computer Lab - Large - Rm 1664D		
AP Testing	7:30am-5:30pm		Library - Flight Room - 1664C		
Band - Dress Rehearsal	8:20am-2:05pm				
Band - Concert Dress Rehearsal	8:20am-2:05pm				
Art Show	8:20am-3:35pm		2nd Floor Study Center		
Golf: Girls Varsity League	9:00am	Douglas County	Common Ground Golf Course		
Advisory - Senior Class Meeting	9:52am-10:22am		Heritage High School - Theater		Seniors please go to Advisory to take attendance and leave your bags in the classroom before going to the meeting.
Admin Team Meeting	10:00am-12:30pm		Conference Room - Main Office		
Key Club Meeting	3:35pm-4:30pm		Heritage High School - Room 2841		
Department Chair Meeting	3:40pm-5:00pm		Library - Flight Room - 1664C		
Tennis - Girls Practice	3:45pm-6:00pm		Gallup Park, Heritage High School - Courts - HHS Tennis		
Lacrosse - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Football (Artificial Turf)		
Soccer - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf), Heritage High School - Field - Soccer		
Baseball - Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Baseball		
Belles - Spring Practice	3:45pm-5:45pm		Heritage High School - Main Gym		
Cheer - Summer Training/Practice	4:00pm-8:30pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Baseball: Varsity Game	4:15pm	ThunderRidge	Heritage High School		
<b>Baseball: Sophomore Game</b>	<b>4:30pm</b>	<b>ThunderRidge</b>	<b>Heritage High School</b>	Field - Baseball	
Volleyball - Boys Practice	4:30pm-6:30pm		Heritage High School - Main Gym		
Boys Swimming Practice	4:40pm-5:40pm		Heritage High School - Pool		
ACES Swim Club practice	5:45pm-7:45pm		Heritage High School - Pool		
Cheer - Summer Training/Practice	6:00pm-7:30pm		Heritage High School - Turf Room Rm 0590		
Belles - Booster Meeting	7:00pm-8:30pm		Community Room - 1631		
Water Polo Practice	7:30pm-9:00pm		Heritage High School - Pool		
<b>TUESDAY, MAY 07, 2024</b>					
Even Period Classes					
Boys Swimming Practice	6:20am-7:50am		Heritage High School - Pool		
AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
Baseball - Morning Workouts	7:00am-8:00am		Heritage High School - Turf Room Rm 0590, Heritage High School - Weight Room		

Activity	Time	Versus	Location	Location Detail	Comments
AP Exams	7:00am-5:00pm		Heritage High School - Room 3294 - Health, Library		
AP Exams	7:00am-5:00pm		Library MAC Computer Lab - Large - Rm 1664D		
Football - QB Workouts	7:30am-8:15am		Heritage High School - Main Gym		
AP Testing	7:30am-5:30pm		Library - Flight Room - 1664C		
Band - Dress Rehearsal	8:20am-2:20pm		Heritage High School - Theater		
Art Show	8:20am-3:35pm		2nd Floor Study Center		
Physics Electric House Expo	11:00am-12:30pm		3rd Floor Study Area		
AP Exams - Extended Time	12:00pm-6:00pm		Library MAC Computer Lab - Large - Rm 1664D		
Counseling - SIT Team Meeting	2:10pm-3:00pm		Conference Room - Main Office		
Fellowship of Christian Athletes	3:35pm-4:30pm		Heritage High School - 2nd Floor Lecture Hall		Girls Soccer
Knitting Club	3:40pm-4:40pm		Room 2139		
Film Club Meeting	3:40pm-5:00pm		Room 2135		
Boys Swimming Practice	3:40pm-5:00pm		Heritage High School - Pool, Heritage High School - Weight Room		
Unified Eagles - Meeting	3:45pm-5:00pm		Room 1311		
Lacrosse - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Football (Artificial Turf)		
Soccer - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf), Heritage High School - Field - Soccer		
Baseball - Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Baseball		
Belles - Spring Practice	3:45pm-5:45pm		Heritage High School - Main Gym		
Baseball: JV Game	4:30pm	ThunderRidge	ThunderRidge High School		
<b>Baseball: Freshman Game</b>	<b>4:30pm</b>	<b>ThunderRidge</b>	<b>Heritage High School</b>	Field - Baseball	
Volleyball - Boys Practice	4:30pm-6:30pm		Heritage High School - Main Gym		
Cheer - Board Meeting	5:00pm-7:00pm		Heritage High School - 2nd Floor Lecture Hall		
ACES Swim Club practice	5:30pm-8:30pm		Heritage High School - Pool		
FCA Club Meeting	5:30pm-6:15pm		Heritage High School - Room 3294 - Health		
Band/Orchestra - Concert	6:00pm-7:30pm		Heritage High School - Theater		
Travel Meeting	6:00pm-7:00pm		Heritage High School - Room 3139		
Basketball - Boys Summer Try Outs	6:30pm-8:00pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		

### WEDNESDAY, MAY 08, 2024

#### Odd Period Classes

Belles - Practice	6:50am-8:50am		Heritage High School - Main Gym		
Belles - Spring Practice	6:50am-8:50am		Heritage High School - Main Gym		
AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
AP Testing	7:30am-5:30pm		Library - Flight Room - 1664C		
Counseling - PLC Meeting	8:00am-9:20am		Conference Room - Main Office		
Art Show	8:20am-3:35pm		2nd Floor Study Center		
Physics Electric House Expo	9:20am-3:35pm		3rd Floor Study Area		
Golf: Girls JV Championships	10:00am	Mountain Vista	Links Golf Course		JV League Championships

Activity	Time	Versus	Location	Location Detail	Comments
Counseling - Department Meeting	1:30pm-3:30pm		Conference Room - Main Office		
LINK - Meeting	3:30pm-4:00pm		Conference Room - Main Office		
Thespian Club	3:45pm-4:15pm		Heritage High School - Theater		
Rock Climbing Club	3:45pm-5:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Tennis - Girls Practice	3:45pm-6:00pm		Gallup Park, Heritage High School - Courts - HHS Tennis		
Lacrosse - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Football (Artificial Turf)		
Soccer - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf), Heritage High School - Field - Soccer		
Baseball - Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Baseball		
Band - Marching Band Camp	4:00pm-5:30pm		Heritage High School - Band Room, Heritage High School - Choir Room, Heritage High School - Main Gym, Heritage High School - Turf Room Rm 0590		
Drama - Theater Awards Banquet	4:00pm-6:00pm		Heritage High School - Student Center, Heritage High School - Theater		
<b>Baseball: Varsity Game</b>	<b>4:15pm</b>	<b>Douglas County</b>	<b>Heritage High School</b>	Field - Baseball	
Baseball: Sophomore Game	4:30pm	Douglas County	Douglas County High School		
Volleyball - Boys Practice	4:30pm-6:30pm		Heritage High School - Main Gym		
Boys Swimming Practice	4:40pm-5:40pm		Heritage High School - Pool		
Cheer - Board Meeting	5:30pm-8:00pm		Heritage High School - 2nd Floor Lecture Hall		
ACES Swim Club practice	5:45pm-7:45pm		Heritage High School - Pool		
Cheer - Summer Training/Practice	6:00pm-8:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Cheer - Summer Training/Practice	6:00pm-8:00pm		Heritage High School - Turf Room Rm 0590		
Basketball - Boys Summer Try Outs	6:30pm-8:00pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		
Water Polo Practice	7:30pm-9:00pm		Heritage High School - Pool		

#### THURSDAY, MAY 09, 2024

##### Odd Period Classes

AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
Baseball - Morning Workouts	7:00am-8:00am		Heritage High School - Turf Room Rm 0590, Heritage High School - Weight Room		
AP Exams	7:00am-5:00pm		Library MAC Computer Lab - Large - Rm 1664D		
Football - QB Workouts	7:30am-8:15am		Heritage High School - Main Gym		
AP Testing	7:30am-5:30pm		Library - Flight Room - 1664C		
Eagles in Faith	7:45am-8:15am		Heritage High School - Room 2667		
Tennis: Girls Varsity State Tournament	8:00am	CHSAA	City Park Tennis Courts		
Art Show	8:20am-3:35pm		2nd Floor Study Center		
Counseling - SIT Team Meeting	10:25am-11:15am		Conference Room - Main Office		
AP Exams - Extended Time	12:00pm-6:00pm		Library MAC Computer Lab - Large - Rm 1664D		
GSA Club Meeting	3:35pm-4:35pm		Room 3977		
Creative Writing	3:40pm-4:20pm		Heritage High School - Room 2845		
Diversity Club	3:40pm-4:45pm		Heritage High School - Room 2136		

Activity	Time	Versus	Location	Location Detail	Comments
Lacrosse - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Football (Artificial Turf)		
Soccer - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf), Heritage High School - Field - Soccer		
Baseball - Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Baseball		
Drama - Theater Awards Banquet	4:00pm-9:00pm		Heritage High School - Student Center		
Choir - Dress Rehearsal	4:00pm-7:00pm		Heritage High School - Choir Room, Heritage High School - Room 2316X - Green Room, Heritage High School - Theater		
<b>Baseball: JV Game</b>	<b>4:30pm</b>	<b>Douglas County</b>	<b>Heritage High School</b>	Field - Baseball	
Baseball: Freshman Game	4:30pm	Douglas County	Douglas County High School		
ACES Swim Club practice	5:30pm-8:30pm		Heritage High School - Pool		
Cheer - Summer Training/Practice	5:30pm-8:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Basketball - Boys Summer Try Outs	6:30pm-8:00pm		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym		

#### FRIDAY, MAY 10, 2024

##### Even Period Classes

Track & Field: Varsity Invitational	TBD	Englewood High School	Englewood Stadium		
Volleyball - Girls Open Gym					
AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
AP Exams	7:30am-12:00pm		Heritage High School - Room 3294 - Health		
AP Testing	7:30am-5:30pm		Library - Flight Room - 1664C		
Art Show	8:20am-3:35pm		2nd Floor Study Center		
Advisory - LINK visits to Freshmen Classes	9:52am-10:22am		Classrooms		
Advisory - Junior Class Meeting	9:52am-10:22am		Classrooms		Yrbk Infor for new seniors ``Class of 25``
Swim & Dive: Boys Varsity State Championship	10:00am	CHSAA	Veterans Memorial Aquatic Center		Prelims for Swimming Only
Counseling - SIT Team Meeting	10:30am-11:30am		Conference Room - Main Office		
Eagles for Choice	3:35pm-4:15pm		Room 3977		
D & D Club	3:35pm-5:00pm		Room 3977		
Art Show Reception	3:40pm-5:00pm		2nd Floor Study Center		
Tennis - Girls Practice	3:45pm-6:00pm		Gallup Park, Heritage High School - Courts - HHS Tennis		
Lacrosse - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Football (Artificial Turf)		
Soccer - Girls Practice	3:45pm-6:00pm		Heritage High School - Field - Football (Artificial Turf), Heritage High School - Field - Soccer		
Baseball - Practice	3:45pm-6:00pm		Heritage High School - Field - Acreage, Heritage High School - Field - Baseball		
<b>Baseball: Freshman Game</b>	<b>4:30pm</b>	<b>Legend</b>	<b>Legend High School</b>		(Rescheduled from 04-18-24)
ACES Swim Club practice	5:30pm-7:30pm		Heritage High School - Pool		
Choir - Concert	6:00pm-8:00pm		Heritage High School - Room 2316X - Green Room, Heritage High School - Room 2771 - Choir Room, Heritage High School - Theater		
Cheer - Summer Training/Practice	6:30pm-8:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Volleyball - Girls Open Gym	6:30pm-8:30pm		Heritage High School - Main Gym		

#### SATURDAY, MAY 11, 2024



Activity	Time	Versus	Location	Location Detail	Comments
Track & Field: Varsity Invitational	TBD	Englewood High School	Englewood Stadium		
AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
Belles - Spring Practice	8:00am-11:00am		Heritage High School - Main Gym		
Swim & Dive: Boys Varsity State Championship	8:55am	CHSAA	Veterans Memorial Aquatic Center		Diving 8:55 am -1:30 pm Swim 4:00 pm - 8:00 pm
<b>Baseball: JV Game</b>	<b>11:00am</b>	<b>Fossil Ridge</b>	<b>Heritage High School</b>	Field - Baseball	
Baseball: Varsity Game	1:00pm	Fossil Ridge	Fossil Ridge High School		
<b>Baseball: Sophomore Game</b>	<b>1:30pm</b>	<b>Fossil Ridge</b>	<b>Heritage High School</b>	Field - Baseball	
Basketball - Girls Open Gym	1:30pm-3:00pm		Heritage High School - Main Gym		
<b>Baseball: JV Game</b>	<b>2:00pm</b>	<b>Mountain Vista</b>	<b>Mountain Vista High School</b>		

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**SUNDAY, MAY 12, 2024**

AP Exams	7:00am-4:00pm		Heritage High School - Auxiliary Gym		
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**Panera**  
**FUNDRAISING**



*Help support us!*

# LPS Boys Varsity Volleyball Team

**20%**  
**OF SALES**  
**WILL BE**  
**DONATED**

**May 6, 2024**  
**4:00 pm to 8:00 pm MST**  
**7301 South Santa Fe Drive, Littleton, CO**

Use code FUND4U at online checkout, in the Panera App,  
or at the kiosk in-cafe.\*

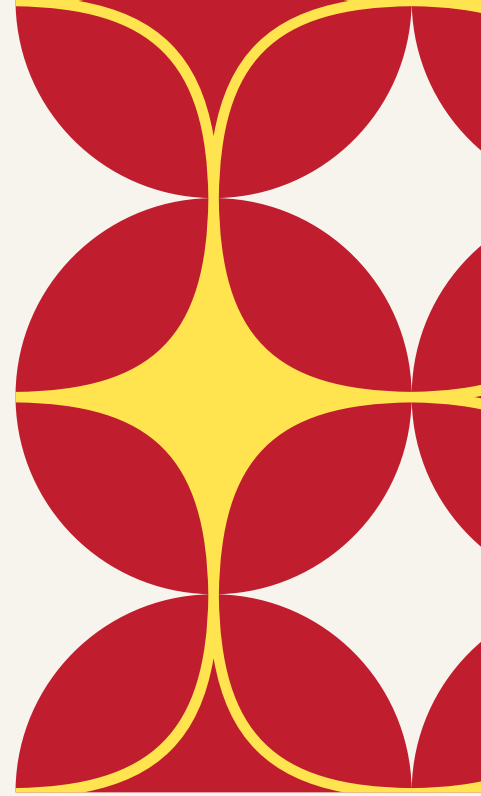
Bring this flyer or show a digital copy to your cashier when ordering at the cafe or enter the promo code FUND4U at checkout on Panerabread.com or the Panera App to ensure your organization gets a portion of the proceeds.\*\*

Learn more at [fundraising.panerabread.com](https://fundraising.panerabread.com)



HERITAGE HIGH SCHOOL  
NEW LEADERSHIP COURSE:

# LATINOS IN ACTION



Latinos In Action (LIA) is a class that aims to empower Latino youth to lead and strengthen their communities through college and career readiness. LIA focuses on four pillars: leveraging personal and cultural assets, excelling in education, serving the community, and developing leadership skills. HHS is excited to begin offering this course in the 2024-2025 school year!



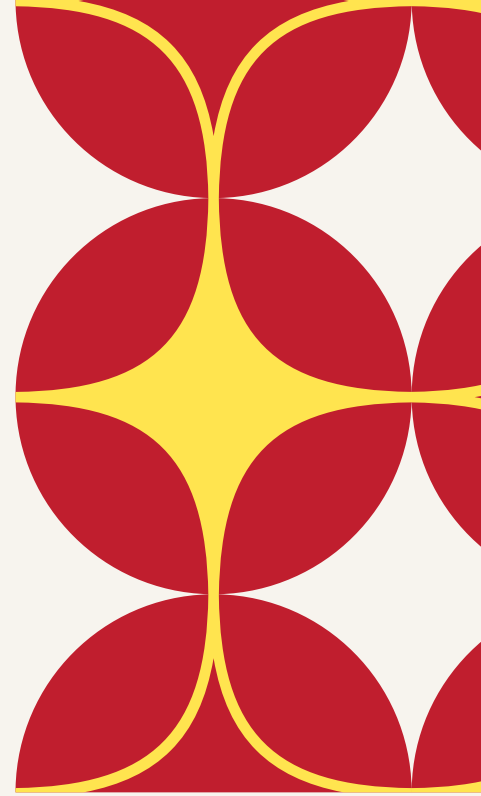
Scan the QR code to  
join the HHS LIA Google  
Classroom and get  
more information!





HERITAGE HIGH SCHOOL  
NUEVO CURSO DE LIDERAZGO:

# LATINOS IN ACTION



Latinos In Action es una clase que tiene como objetivo empoderar a los jóvenes latinos para liderar y fortalecer sus comunidades a través de la preparación universitaria y profesional.

LIA está enfocado en cuatro fundamentos: Impulsar las cualidades personales y culturales, sobresalir en la educación, servir a la comunidad y desarrollar habilidades de liderazgo.

HHS está entusiasmada con el comienzo de este curso en el año escolar 2024-2025!



Escanea el código QR  
para unirte a la clase en  
Google de LIA de HHS y  
obtener más  
información.



JOIN ACC FINANCIAL AID  
FOR

# FAFSA FUN DAY



GET FREE PROFESSIONAL HELP WITH YOUR

**FAFSA** OR **CASFA**

*TWO DATES!*

**MARCH 9, 2024**

AND

**MAY 18, 2024**

10 AM TO 3 PM

SUMMIT ROOM (M1900)

FOR INFORMATION  
AND  
ACCOMMODATIONS  
CONTACT  
FINANCIAL AID  
FINAID@ARAPAHOE.EDU  
303.797.5661



Heritage Eagle Summer Strength and Speed is a strength and conditioning program that focuses on total athletic development. Participants will perform a wide variety of exercises that will enhance the athlete's overall performance. Workouts are tailored specifically to individuals based on their strength, speed, weight, and their position. Each athlete receives a customized workout card that calculates the exact weights and percentages based off of testing completed by the athlete, that will produce maximum gains. Workouts are designed by the Heritage High School coaching staff. Participants will also develop mental toughness, teamwork, and discipline. Summer Strength & Speed attendance points will qualify you for summer performance awards, as well as exempt you from a pre-season conditioning test, and additional conditioning during Fall Camp Practices. The program will run this summer Monday-Thursday from 6:45 am-9:00 am (with 4th of July week OFF for Celebration!). There will be 24 total workouts, plus 10 days of contact camp at the end of May, 4 or more days of 7 on 7, plus Broncos lineman challenge and preseason OTA's, and 1 on 1 player/coach or position group sessions. Athletes will also be able to earn workout credit (platoon money) by volunteering for the Jr. Eagle Football Camp and speed camps, for pre-excused Family Vacation Absences (limit 4), for pre-excused Church/Religious Camp (limit 4), for college football camps (limit 4), as well as make-up lifting dates (TBA).

REGISTER AT: <https://forms.gle/4nYxBFuoGebWy1am7>



**FOR MORE INFORMATION,  
CONTACT COACH KNOBLOCK  
coachtylerk@gmail.com**

[www.heritagefootball.org](http://www.heritagefootball.org)



**BIGGER-FASTER-STRONGER**  
**TOUGHNESS-TEAMWORK-DISCIPLINE**

# DREAM BIG, WORK **H**ARD

**HERITAGE EAGLE STRENGTH & SPEED**



**HONOR OPERATION RED WINGS**

# 2024 SUMMER STRENGTH AND SPEED



**JUNIOR EAGLES STRENGTH, SPEED, & FUNCTIONAL MOVEMENT TRAINING (BOYS AND GIRLS)**

**WHEN: MONDAY-THURSDAY JUNE 10th-JULY 25TH (EXCLUDING JULY 1-4)**

**COST: \$150**

**WHO: 4TH-12TH GRADERS FOR 2024-2025**

**WHERE: HERITAGE HS**

**9:15-10:30 AM**

THIS IS A SUMMER TRAINING PROGRAM THAT WILL HELP THE PARTICIPANT TO DEVELOP ATHLETICALLY AND MENTALLY THROUGH PHYSICAL TRAINING IN A FUN ENVIRONMENT. WORKOUTS WILL BE AGE AND SKILL APPROPRIATE AND WILL FOCUS ON

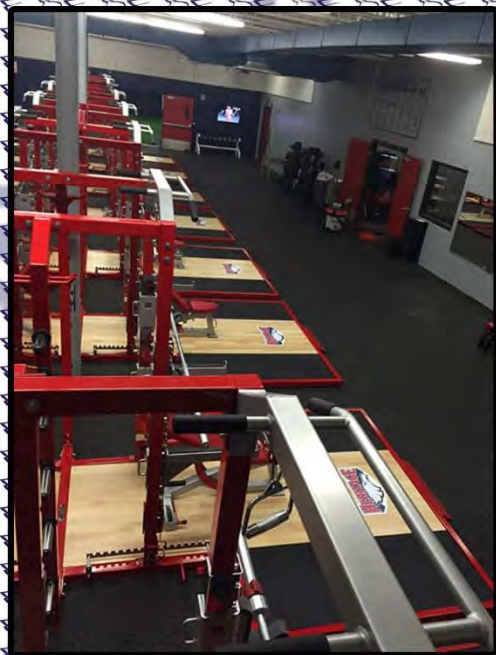
TECHNIQUE AS WELL AS ATHLETIC FUNDAMENTALS SUCH AS SPEED, AGILITY AND CORE STRENGTH.

**\*\*ALL PROGRAMS ARE DESIGNED AND DEVELOPED BY CSCS AND NSCA CERTIFIED STRENGTH & SPEED COACHES AND MASTERS DEGREE CERTIFIED INSTRUCTORS**

**24 TOTAL TRAINING SESSIONS!!**

**REGISTER AT:**

**<https://forms.gle/4RkKiP7Kr9nFSbow6>**



**FOR ALL SPORTS BOYS AND GIRLS!! SUMMER 2024**



**STRENGTH AND SPEED PROGRAM**

**HIGH SCHOOL/JR HIGH/YOUTH --BOYS&GIRLS**

# HERITAGE HIGH SCHOOL



# GIRLS LACROSSE CAMP

## Youth Girls Lacrosse Camp

### DATE

May 28-30, 2024  
10:00am - 12:00pm

### COST

\$100 -> T-Shirt included  
Venmo @ HHSgirlsLax2024  
Checks payable to  
Heritage Littleton Girls Lacrosse

### WHO

Ages 3<sup>rd</sup>-9<sup>th</sup> grade  
(grade that they will be in going into the  
24-25 school year)

### LOCATION

Heritage High School - Turf Field  
1401 W Geddes Ave.  
Littleton, CO 80120

### DETAILS

Youth players of all skill levels are welcome to join! The camp will be coached by HHS players and coaches.

We will focus on fundamentals in order to sharpen lacrosse skills. Players will work on stick skills, shooting, and receive position specific training.

Please bring a water bottle, a lacrosse stick, goggles and a mouth guard.

Questions: Contact Coach Klapper at [sklapper@lps.k12.co.us](mailto:sklapper@lps.k12.co.us) if you have questions.



Click the link below or scan the QR code to register today!

[\\*Google Sign-Up Form\\*](#)

