

HHS IN THE KNOW Weekly Bulletin

Week of January 29, 2024

WINTER SPIRIT WEEK INFO:

JURASSIC PARK: 2024 Winter Spirit Week is here! We are excited to announce that our theme this year is Jurassic Park! Click <u>here</u> to watch the promo video. We will once again have the *Battle of the Classes*. The Seniors -Tyrannosaurus Rex will compete against the Juniors - Velociraptor and the Sophomores - Pterodactyl will take on the Freshmen - Spinosaurus. Class shirts go on sale in the Main Entrance on Friday, January 26th. They are \$10 and first come, first served with availability. Each day you can buy your shirt before school or during lunches A & B.

DRESS UP DAYS: Get excited for the start of our Winter Spirit Week dress-up days! Don't forget to help your class win SPIRIT POINTS by dressing up and getting counted each day in the **Main Entrance** from 7:55-8:15 am.

- Friday, 1/26 Indominus Flex Day, dress in Extreme Heritage Spirit Wear
- Monday, 1/29 Welcome to the Park Day, dress like a tacky tourist
- Tuesday, 1/30 Dino-Snore Day, wear pajamas
- Wednesday, 1/31 Extinction Day, wear a past trend that has gone out of style
- Thursday, 2/1 Hybrid Day, wear your best Swinter outfit (summer & winter)
- Friday, 2/2 <u>Class Colors / Pep Assembly Day</u>, wear your class shirts or class colors (freshmen green, sophomores blue, juniors yellow, and seniors pink)

We are so excited for this year's winter spirit week and we hope you are too! Please check the HHS website, <u>Winter Spirit Week webpage</u>, and HHS social media for information and updates.

WSW MOVIE NIGHT: Join us for a screening of "Jurassic Park" in the HHS Theatre on **WEDNESDAY**, **JANUARY 31st** at 6:30 pm. Admission is free and Theatre doors will open at 6:20 pm.

WSW ASSEMBLY: Battle of the Classes takes place Friday, February 2nd, 2024 at 9:37 am in the Main Gym. Be there to help your class take the win! Please check the HHS website, <u>Winter Spirit Week Info Flier</u>, and HHS social media for information and updates.

ALTERED BELL SCHEDULE - Friday, February 2nd

Winter Spirit Week Pep Assembly Period 2 - 8:20-9:32 Assembly - 9:37-11:07 Lunch 4A - 11:07-11:42 Period 4A - 11:47-12:59 Period 4B - 11:12-12:24 Lunch 4B - 12:24-12:59 Period 6 - 1:04-2:16 Period 8 - 2:21-3:35

GIRLS SOCCER: There will be an informational parent meeting on Monday, January 29th at 5:30 pm in the Second Floor Lecture Hall. This meeting is designed for parents new to Heritage High School, but all are welcome. Please contact coach Kia Gudewicz (kgudewicz@lps.k12.co.us) if you have any questions.

UNIFIED EAGLES: Heritage students and parents, get ready for an amazing event on Tuesday, January 30th - a home Unified Basketball Game. Here are some special highlights about the game:

- Unified Basketball: Our basketball team joins high school students with and without disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.
- **Raffle Prizes!:** We're spicing things up by hosting four exciting raffle draws, one between each period. Thanks to the generosity of local businesses, we have fantastic raffle prizes up for grabs and each prize is worth over \$100. All attendees get ONE free raffle ticket upon entry, with the opportunity to purchase more tickets at the game to increase your odds at winning (2 tickets/\$5). All ticket sales will go directly to support the Unified program. Your participation will make a meaningful impact, so come prepared to have a blast while contributing to a fantastic initiative! You won't want to miss this event, so mark your calendars, spread the word, and let's make this Unified Game at Heritage High School an unforgettable experience for everyone! See you there! For more details or if you have any questions, feel free to reach out to Kate Herman at <u>katelynh608@lpsk12.org</u>

TRACK & FIELD: There will be a mandatory virtual meeting for interested athletes and their parents on Wednesday, January 31st at 7:00 pm. Please use the QR code for access to the meeting. For additional questions, please contact Head Coach Shaw Gifford at sgifford@lps.k12.co.us.



CAREER TECHNICAL EDUCATION (CTE) CLASSES: Did you know that in addition to the great programs offered through LPS's EPIC, students have the opportunity to take classes outside of LPS that align with their career paths? Visit the <u>LPS CTE website</u> to learn more about the programs listed below. Students may apply <u>here</u> (note: limited space available and students must provide their own transportation), deadline to apply is March 15th. Please see your counselor for more information.

- Auto Tech hosted at Arapahoe Community College* (can take for one or two years)
- Broadcast Journalism hosted at Englewood HS*
- Criminal Justice hosted at Rock Canyon HS*
- Cosmetology hosted at Colorado's Finest HS* (two year program + summer)
- Emergency Medical Technician hosted at Rock Canyon HS*
- Esthetics hosted at Colorado's Finest HS*
- Fire Science hosted at Rock Canyon HS*
- ProStart 1 & 2 (Culinary) hosted at Englewood HS
 - *=Concurrent Enrollment opportunities available

SPRING SPORTS INFORMATION: Registration for Spring Sports is now open! If you plan on participating in a Spring Sport, please register on <u>heritageagles.com</u> by February 16th. NOTE - if you are interested in participating in Boys Volleyball, you will have to register on the Arapahoe Athletics website: <u>https://arapahoehs-ar.rschooltoday.com/</u>.

SWIM WAIVER: HHS PE teachers will be hosting the Swim Waiver Test on Wednesday, February 14th from 8:00 - 9:00 am in the HHS Pool. Students need to be dressed and ready to test at 8:00 am. This test is only for students who are NOT currently in a swimming class. There are only 25 slots available. There will be another swim waiver opportunity for current 9th, 10th & 11th graders (NO seniors) early 4th quarter. Please <u>click here</u> to secure your spot.

FORMAL DRESSES: Families, once a year the Be Happy Boutique opens its doors to give students an opportunity to ensure everybody has the chance to experience the joy of school dances and other formal occasions. Please see the flier below for more information.

FOR PARENTS:

WINTER PEP ASSEMBLY: Unfortunately, there will not be any parents allowed at the Winter Pep Assembly. Due

to our growing number of students, we will need all of the available space to make sure all students can participate in the assembly. Thank you for your understanding. If you would like to watch a LiveStream of the assembly, this will be available through the <u>NFHS Network</u>.

PARENT/TEACHER CONFERENCES: We invite all parents to attend Spring In-Person Parent/Teacher Conferences next week on **Thursday**, **February 8th**, **from 4:00-6:30 pm**. Conferences are held in the Main Gym. Teachers will be arranged alphabetically with their names posted on their tables. Learning Support teachers will be located in their offices on the first floor. Counselors will be available in their offices and administrators will be circulating in order to assist parents. Spring Virtual Parent/Teacher Conferences will be held on Wednesday, April 10th. More information to come.

BOOKKEEPER UPDATES: Third quarter fees have been posted in Infinite Campus: third quarter Course fees including AP Exam Balance Fees, Activities Fees, Winter Sports Fees, and Post Grad Fees. As a reminder, fees will be added each quarter to your student's Infinite Campus account. Please check your Infinite Campus regularly throughout the year.

There are three ways to pay fees:

1. Pay Online - Log into <u>Infinite Campus</u> and go to the Fees page to pay online with a credit card or bank account (a small service fee will apply).

Check - Checks should be made out to Heritage High School or HHS. On the memo line, please include your student's name or ID number. Checks can be mailed to: Heritage High School, Attn: Bookkeeper, 1401 West Geddes Avenue, Littleton, CO 80120; you may also have your student drop the payment by the Bookkeeping window.
 Cash - Students may bring cash to the Bookkeeper's window during the school day.

If you haven't had a chance to purchase a yearbook, make donations, or pay other optional payments, please go to your Infinite Campus, go to the Fees page, scroll down to the bottom of the page, and select "Optional Payments." Please feel free to contact Alexis Tritz with any questions at 303-347-7609 or atritz@lps.k12.co.us. Thank you!

HELP EARN REWARDS FOR HERITAGE AND LPS WHILE SHOPPING:

- HHS is enrolled in the **King Soopers Rewards Program**. Just log into your King Soopers Account, Community Rewards, and search for Heritage High School either by name or by MY380, and then click enroll. Money earned through this program will help support our Eagle Family Foundation program here at school which assists students and families in need.
- HHS is also enrolled in American Furniture Warehouse's Year Round School Rewards Program. When you shop at one of their stores, please mention Heritage High School at the time of purchase.
- Office Depot donates five percent of purchases back to us when you designate Heritage High School (School ID #70018158) at the time of purchase.

PHONE NUMBERS:

- Heritage High School Main Office: 303-347-7600
- Heritage High School Attendance Line: 303-347-7630
- Safe2tell, a toll-free, anonymous Colorado tip line answered by the State Patrol, is for anyone concerned about a threat to student and staff safety: **Statewide Tip Line: 1-877-542-SAFE**
- HHS Tip Line The purpose of the phone tip line is to provide a confidential opportunity to give school officials information about use, possession, distribution or sale of drugs or alcohol, as well as any information regarding a dangerous situation. HHS Tip Line: (303) 734-6730
- Colorado Crisis Services: 1-844-493-8255 or Text "TALK" to 38255

• LPS 24-Hour Security: 303-347-3420

LINKS:

- Heritage High School Website: <u>http://heritage.littletonpublicschools.net/</u>
 - Important Dates and School Calendars
 - Sports and Activities Calendar
 - Bell Schedules
 - <u>Staff Directory</u>
- Infinite Campus Portal: <u>https://littletonco.infinitecampus.org/campus/portal/littleton.jsp</u>
- Click this link to view all district-approved flyers posted to the LPS website. Flyers
- LPS Website Community Resources: <u>https://littletonpublicschools.net/community-resources</u>

SOCIAL MEDIA:

Like us and then follow us to get automatic messages when we update our news feeds:

- www.facebook.com/HeritageLPS
- <u>https://www.instagram.com/heritageeagles/</u>

The HHS In the Know Weekly Bulletin is emailed to students and parents/guardians and posted to both the "For Students" and "For Parents" pages of our website on **Friday** (for the following week) during the school year. To submit information to be included in the weekly bulletin, please email <u>CLambert@lps.k12.co.us</u> by **10 am each Wednesday**.

Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services. The following individuals have been designated to handle inquiries regarding the nondiscrimination policies: Dr. Sheri Charles, Assistant Superintendent of Human Resources or Carla Larson, Director of Special Education and Student Support Services; Littleton Public Schools - 5776 S. Crocker St. Littleton, CO 80120 - 303-347-3300

* Please scroll down to view Eagle Events and other attachment(s) for this week. *



Heritage 2023-24 Multiple Activities Schedule

(as of 01-25-2024)

Activity	Time	Versus	Location	Location Detail	Comments
MONDAY, JAN 29, 2	024				
Odd Period Classes			Heritage		
Belles - Practice	6:20am- 7:50am		Heritage High School - Main Gym		
Belles - JV Practice	6:30am- 8:00am		Heritage High School - Auxiliary Gym		
Wrestling - Weight Lifting	7:00am- 8:00am		Heritage High School - Weight Room		
Baseball - Morning Workouts	7:00am- 8:00am		Heritage		
Baseball - Morning Workouts	7:00am- 8:00am		Heritage High School - Weight Room		
WSW Tshirt Sales	8:00am- 3:30pm		Outside of Main Office		Tshirt sales will be before school, during A and B lunch and Thursday after school only!
Admin Team Meeting	10:00am- 12:30pm		Conference Room - Main Office		
Advisory - Class Song Practice	10:00am- 10:30am		Heritage High School - Main Gym, Heritage High School - Student Center		
lce Hockey: JV Game	3:30pm	Standley Lake	South Suburban Ice Rink		
Drama - Musical Rehearsal	3:35pm- 6:00pm		Heritage High School - Choir Room, Heritage High School - Theater		
Key Club Meeting	3:35pm- 4:30pm		Heritage High School - Room 2841		
Swimming/Diving - Varsity Practice	3:40pm- 5:40pm		Heritage High School - Pool		
Eagles in Faith	3:45pm- 4:15pm		Heritage High School - Room 2667		
Basketball Girls V/JV Practice	3:45pm 5:00pm		Heritage High School - Main Gym		(Cancelled)
Basketball - Boys V/JV Practice	3:45pm- 5:15pm		Heritage High School - Auxiliary Gym		(Cancelled)
Wrestling - Practice	4:00pm- 6:00pm		Heritage High School - Turf Room Rm 0590, Wrestling Room		
Basketball: Boys JV Game	4:00pm	Legend	Heritage High School	Main Gym	
Soccer - Girls Kick Around	4:00pm- 7:00pm		Heritage High School - Field - Football (Artificial Turf)		
Cheer Practice	5:00pm- 9:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Basketball: Boys Sophomore Game	5:00pm	Legend	Heritage High School	Auxiliary Gym	
Band - Winter Percussion	5:00pm- 8:00pm		Heritage High School - Band Room		
Basketball: Girls Varsity Game	5:30pm	Legend	Heritage High School	Main Gym	
Basketball. Girls C Level Game	5:30pm	Chaparral	Heritage High School	Main Gym	(Cancelled)
Soccer - Girls Meeting	5:30pm- 6:15pm		Heritage High School - 2nd Floor Lecture Hall		
ACES Swim Club practice	6:00pm- 8:00pm		Heritage High School - Pool		
Basketball - Boys Freshman Practice	6:00pm- 7:30pm		Heritage High School - Auxiliary Gym		(Cancelled)
Baseball - Workout	6:00pm- 8:00pm		Heritage High School - Turf Room Rm 0590		
Basketball: Girls JV Game	6:15pm	Legend	Heritage High School	Auxiliary Gym	
Belles - Booster Meeting	7:00pm- 8:30pm		Community Room - 1631	2	

Activity	Time	Versus	Location	Location Detail	Comments
Basketball: Boys Varsity Game	7:00pm	Legend	Heritage High School	Main Gym	
TUESDAY, JAN 30, 2	2024				
Even Period Classes			Heritage		
Belles - Practice	6:20am- 7:50am		Heritage High School - Main Gym		
Spirit Club	7:50am- 8:15am		Heritage High School - Room 3841		
WSW Tshirt Sales	8:00am- 3:30pm		Outside of Main Office		Tshirt sales will be before school, during A and B lunch and Thursday after school only!
FBLA Club Meeting	9:00am- 9:30am		Room 1317		
Advisory - Class Song Practice	10:00am- 10:30am		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym, Heritage High School - Student Center, Heritage High School - Theater		
Counseling - SIT Team Meeting	2:10pm- 3:00pm		Conference Room - Main Office		
Drama - Musical Rehearsal	3:35pm- 6:00pm		Heritage High School - Choir Room, Heritage High School - Theater		
Bits and Bytes Club Meeting	3:35pm- 4:15pm		Room 1751X		
Knitting Club	3:40pm- 4:40pm		Room 2139		
Art Express Club	3:40pm- 4:35pm		Room 1771X		
Swimming Girls Varsity Dryland	3:40pm- 4:40pm		Heritage High School - Weight Room		
Film Club Meeting	3:40pm- 5:00pm		Room 2135		
Cheer Practice	4:00pm- 7:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Speech & Debate Club Meeting	4:00pm- 5:00pm		Heritage High School - Room 2951		
Wrestling - Practice	4:00pm- 6:00pm		Heritage High School - Turf Room Rm 0590, Wrestling Room		
Basketball: Boys JV Game	4:00pm	Chaparral	Chaparral High School		
Basketball: Girls JV Game	4:00pm	Chaparral	Chaparral High School		
Basketball - Girls C-Level Practice	4:00pm- 6:00pm		Heritage High School - Auxiliary Gym		
Basketball - Boys Sophomore Practice	4:00pm- 6:00pm		Heritage High School - Main Gym		
Incoming Freshman Registration	4:30pm- 6:00pm		Virtual		Make up Registration Date for Incoming Freshmen
ACES Swim Club practice	5:30pm- 8:30pm		Heritage High School - Pool		
Basketball: Boys Freshman Game	5:30pm	Chaparral	Chaparral High School		
Basketball: Girls Varsity Game	5:30pm	Chaparral	Chaparral High School		
Lacrosse - Boys Film	5:30pm- 7:00pm		Heritage High School - 3rd Floor Lecture Hall		
Wrestling Youth Practice	6:00pm- 7:30pm		Wrestling Room		
Lacrosse - Girls Workout	6:00pm- 7:15pm		Heritage High School - Turf Room Rm 0590		
Lacrosse - Boys Parent Meeting	6:00pm- 7:00pm		Heritage High School - 2nd Floor Lecture Hall		Player/Parent meeting for all athetes interested in playing lacrosse in the Spring.
Unified Basketball: All Levels Game	6:30pm	Columbine	Heritage High School	Main Gym	
Basketball: Boys Varsity Game	7:00pm	Chaparral	Chaparral High School		
Lacrosse - Boys Workout	7:15pm- 8:30pm		Heritage High School - Turf Room Rm 0590		

Activity	Time	Versus	Location	Location Detail	Comments			
WEDNESDAY, JAN 31, 2024								
Odd Period Classes			Heritage					
Belles - Practice	6:50am- 8:50am		Heritage High School - Main Gym					
Belles - JV Practice	7:00am- 9:00am		Heritage High School - Auxiliary Gym					
Wrestling - Weight Lifting	7:00am- 8:00am		Heritage High School - Weight Room					
Baseball - Morning Workouts	7:00am- 8:00am		Heritage High School - Weight Room					
Baseball - Morning Workouts	7:00am- 8:00am		Heritage					
Soccer - Girls Kick Around	7:30am- 8:30am		Heritage High School - Turf Room Rm 0590					
Counseling - PLC Meeting	8:00am- 9:20am		Conference Room - Main Office					
WSW Tshirt Sales	8:00am- 3:30pm		Outside of Main Office		Tshirt sales will be before school, during A and B lunch and Thursday after school only!			
FCA Club Meeting	8:30am- 9:25am		Heritage High School - Room 3294 - Health					
Chess Club	9:00am- 9:15am		Heritage High School - Room 3135					
Counseling - Department Meeting	1:30pm- 3:30pm		Conference Room - Main Office					
LINK - Meeting	3:30pm- 4:00pm		Conference Room - Main Office					
Drama - Musical Rehearsal	3:35pm- 6:00pm		Heritage High School - Choir Room, Heritage High School - Theater					
Eagle Outreach Club Meeting	3:35pm- 5:00pm		Heritage High School - Room 2957					
Swimming/Diving - Varsity Practice	3:40pm- 5:40pm		Heritage High School - Pool					
Thespian Club	3:45pm- 4:15pm		Heritage High School - Theater					
Rock Climbing Club	3:45pm- 5:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x					
Distance Track - Weights	3:45pm- 5:00pm		Heritage High School - Weight Room					
Wrestling - Practice	4:00pm- 6:00pm		Heritage High School - Turf Room Rm 0590, Wrestling Room					
Basketball - Girls V/JV Practice	4:00pm- 6:00pm		Heritage High School - Main Gym					
Basketball - Boys V/JV Practice	4:00pm- 6:00pm		Heritage High School - Auxiliary Gym					
Hockey - Meeting	4:30pm- 6:00pm		Heritage High School - 3rd Floor Lecture Hall					
Hockey - Weights	5:00pm- 7:00pm		Heritage High School - Weight Room					
Wrestling Youth Practice	6:00pm- 7:30pm		Wrestling Room					
Wrestling: Boys JV Match	6:00pm	Mountain Vista	Mountain Vista High School					
ACES Swim Club practice	6:00pm- 8:00pm		Heritage High School - Pool					
Basketball - Girls C-Level Practice	6:00pm- 8:00pm		Heritage High School - Main Gym					
Basketball - Boys Fr/So Practice	6:00pm- 8:00pm		Heritage High School - Auxiliary Gym					
Movie Night	6:30pm- 9:00pm		Heritage High School - Theater		Winter Spirit Week Movie Night			
Wrestling: Boys Varsity Match	7:00pm	Mountain Vista	Mountain Vista High School					

THURSDAY, FEB 01, 2024

Odd Period Classes	
Belles - JV Practice	6:30am- 8:00am
Mock Trial Club	7:45am- 8:10am

Heritage

Heritage High School - Auxiliary Gym Heritage High School - Room 2953

Activity	Time	Versus	Location	Location Detail	Comments
Math League Club	7:50am- 8:15am		Heritage High School - Room 3753		
WSW Tshirt Sales	8:00am- 3:30pm		Outside of Main Office		Tshirt sales will be before school, during A and B lunch and Thursday after school only!
Advisory - Class Song Practice	10:00am- 10:30am		Heritage High School - Auxiliary Gym, Heritage High School - Main Gym, Heritage High School - Student Center, Heritage High School - Theater		
Counseling - SIT Team Meeting	10:25am- 11:15am		Conference Room - Main Office		
Drama - Musical Rehearsal	3:35pm- 6:00pm		Heritage High School - Choir Room, Heritage High School - Theater		
GSA Club Meeting	3:35pm- 4:35pm		Room 3977		
Creative Writing	3:40pm- 4:20pm		Heritage High School - Room 2845		
Swimming/Diving - Varsity Practice	3:40pm- 5:40pm		Heritage High School - Pool		
Swimming Girls Varsity Dryland	3:40pm- 4:40pm		Heritage High School - Weight Room		
Basketball - Girls All Levels Practice	3:45pm- 5:15pm		Heritage High School - Main Gym		
Wrestling - Practice	4:00pm- 6:00pm		Heritage High School - Turf Room Rm 0590, Wrestling Room		
Basketball - Boys V/JV Practice	4:00pm- 6:00pm		Heritage High School - Auxiliary Gym		
Cheer Practice	5:00pm- 9:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x		
Band - Winter Percussion	5:00pm- 8:00pm		Heritage High School - Band Room		
Lacrosse - Boys Workout	5:30pm- 7:00pm		Heritage High School - Field - Football (Artificial Turf)		
Life 101	6:00pm- 8:00pm		Library		
Wrestling: Boys JV Match	6:00pm	Littleton High School	Heritage High School	Main Gym	
Lacrosse - Girls Workout	6:00pm- 7:15pm		Heritage High School - Turf Room Rm 0590		
Basketball - Boys Fr/So Practice	6:00pm- 8:00pm		Heritage High School - Auxiliary Gym		
Wrestling: Boys Varsity Match	7:00pm	Littleton High School	Heritage High School	Main Gym	

FRIDAY, FEB 02, 2024

Even Period Classes		Heritage	
Belles - Practice	6:20am- 7:50am	Heritage High School - Main Gym	
Belles - JV Practice	6:30am- 8:00am	Heritage High School - Auxiliary Gym	
Winter Spirit Week Assembly	6:30am- 12:00pm	Heritage High School - Main Gym	
Baseball - Morning Workouts	7:00am- 8:00am	Heritage	
Baseball - Workout	7:00am- 8:00am	Heritage High School - Turf Room Rm 0590	
Faculty - Meeting	7:30am- 8:15am	Heritage High School - 2nd Floor Lecture Hall	
WSW Tshirt Sales	8:00am- 3:30pm	Outside of Main Office	Tshirt sales will be before school, during A and B lunch and Thursday after school only!
Counseling - SIT Team Meeting	10:30am- 11:30am	Conference Room - Main Office	
Drama - Musical Rehearsal	3:35pm- 6:00pm	Heritage High School - Choir Room, Heritage High School - Theater	
Eagles for Choice	3:35pm- 4:15pm	Room 3977	
D & D Club	3:35pm- 5:00pm	2nd Floor Study Center	

Activity	Time	Versus	Location	Location Detail	Comments		
Swim & Dive: Girls Varsity Meet	3:45pm	Chaparral, DC/CV Girls Swim & Dive Co-op, Highlands Ranch, Legend, Mountain Vista, Ponderosa, Regis Jesuit, Rock Canyon, ThunderRidge	Heritage High School	Pool, Room 3294 - Health	A League Championships - Swim Prelims Only		
Basketball - Boys V/JV Practice	3:45pm- 5:00pm		Heritage High School - Auxiliary Gym				
Distance Track - Weights	3:45pm- 5:00pm		Heritage High School - Weight Room				
Cheer Practice	4:00pm- 7:00pm		Heritage High School - Gym - C Climbing Wall Rm 2480x				
Wrestling - Practice	4:00pm- 6:00pm		Heritage High School - Turf Room Rm 0590, Wrestling Room				
Basketball: Boys Sophomore Game	4:00pm	Regis Jesuit	Regis Jesuit High School				
Basketball : Girls C Level Game	4:00pm	Regis Jesuit	Heritage High School	Main Gym	(Cancelled)		
Basketball: Girls JV Game	5:00pm	Regis Jesuit	Heritage High School	Main Gym			
Basketball: Boys JV Game	5:30pm	Regis Jesuit	Regis Jesuit High School				
Baseball - Workout	6:00pm- 8:00pm		Heritage High School - Turf Room Rm 0590				
Basketball: Boys Varsity Game	7:00pm	Regis Jesuit	Regis Jesuit High School				
Basketball: Girls Varsity Game	7:00pm	Regis Jesuit	Heritage High School	Main Gym			
Ice Hockey: JV2 Game	7:30pm	Denver East	Big Bear Ice Arena				
SATURDAY, FEB 03	SATURDAY, FEB 03, 2024						
Swim & Dive [.]	TRD	Legend, Chaparral, DC/CV Girls Swim & Dive Co-op, Heritage, Highlands Ranch, Mountain	Observations The little Reduced		A League		

Swim & Dive: Girls Varsity Meet	TBD	Legend, Chaparral, DC/CV Girls Swim & Dive Co-op, Heritage, Highlands Ranch, Mountain Vista, Ponderosa, Regis Jesuit, Rock Canyon, ThunderRidge vs. Legend	Cherokee Trail High School		A League Championships - Dive Only
Swim & Dive: Girls JV Meet	TBD	Legend, Chaparral, DC/CV Girls Swim & Dive Co-op, Heritage, Highlands Ranch, Mountain Vista, Ponderosa, Regis Jesuit, Rock Canyon, ThunderRidge vs. Legend	Legend		B - League Championships: Dive Only
Peak Pre-Season Track Meet 1+2	8:00am- 3:00pm		Heritage High School - Track Only (Artificial Turf Field)		
Wrestling: Boys JV Invitational	9:00am	Bear Creek	Bear Creek High School		
Basketball - Girls V/JV Practice	9:00am- 11:00am		Heritage High School - Auxiliary Gym		
Basketball - Boys V/JV Practice	9:00am- 11:00am		Heritage High School - Main Gym		
Baseball - Workout	9:00am- 2:30pm		Heritage High School - Turf Room Rm 0590		
Band - Winter Percussion Rehearsal	9:00am- 1:00pm		Heritage High School - Band Room, Heritage High School - Choir Room		
Basketball - Girls C-Level Practice	11:00am- 1:00pm		Heritage High School - Auxiliary Gym		
Basketball - Boys Sophomore Practice	11:00am- 1:00pm		Heritage High School - Main Gym		
Swim & Dive: Girls Varsity Meet	1:00pm	Chaparral, DC/CV Girls Swim & Dive Co-op, Highlands Ranch, Legend, Mountain Vista, Ponderosa, Regis Jesuit, Rock Canyon, ThunderRidge	Heritage High School	Pool, Room 3294 - Health	A League Championships - Swim Finals
Basketball: Boys Freshman Game	1:30pm	Regis Jesuit	Regis Jesuit High School		
Volleyball - Boys Open Gym	2:00pm- 4:00pm		Heritage High School - Main Gym		
lce Hockey: JV Game	3:30pm	Chatfield	Foothills Ice Arena		
lce Hockey: Varsity Game	3:45pm	Lewis-Palmer	Clune Arena - Air Force Academy		
Ice Hockey: JV2 Game	5:30pm	Chatfield	Foothills Ice Arena		

JOIN NOW!

Virtual Parent Meeting 1/31/2024 (Wednesday) @7:00pm

Any questions, please email Head Coach Shaw at sgifford@lps.k12.co.us

Heritage Track & Field

Goals: Sculpting young leaders through work ethic, discipline, and teamwork.

Expectations: Show up on time, prepared to work, and have required gear.

Fees: \$175 Sign up fee paid to the Athletics Office, and medical clearance

Practice Time: Every day after school 3:45pm (First Practice is 02/29/2024)



Please scan to enter google track and field meeting. meet.google.com/rux-eavt-bmh



Now a ONCE A YEAR Event

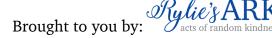




How Can You Help? SPREAD THE WORD

- Personally invite young people who may benefit from FREE or more affordable formal attire to attend.
- Share the event with everyone in your community in order to reach individuals who may not be on the radar





Open the First Two Weekends of March

The Be Happy Boutique is an opportunity to ensure everyone has the chance to experience the joy of school dances and other formal occasions.

This event happens <u>only once a year!</u> Formal wear is available for:

- prom
- homecoming
- winter / spring formals
- banquets
- weddings
- and any other formal occasion

Everything is FREE or "pay what makes you happy". The boutique is stocked with long and short dresses, men's formal wear, shoes, and accessories.

Everyone is invited to come in for an experience that will change their outlook of themselves and what is possible in their lives.

RYLIESARK.ORG