



# Heat at Home Instructions

The following menu items for our TOPS and Hybrid take home meals will arrive in the meal bags cold/frozen and will need to be reheated at home. Please follow the instructions below to ensure food safety and food quality.

- Breakfast Burrito
- Bean & Cheese Burrito
- Breakfast Tacos
- Tiny Beef Tacos
- Cheesy Garlic French Bread Pizza
- Cheddar Nachos
- Turkey Pot Roast w/ Mased Potatoes
- Cheesy Pizza Pockets
- General Tso Beef, Broccoli, and Rice
- Bowtie Pasta and Meatballs
- Mac n' Cheese
- White Tie Alfredo Pasta
- Breakfast Pizza
- Pretzel and Cheese Sauce

1. Place in the refrigerator as soon as you get home. Do not allow food items to sit at room temperature for longer than 3 hours.
2. If applicable, remove food item from packaging. Transfer entree to a microwave safe bowl/plate. It cannot be reheated in the container you received it in.
3. Cover the bowl/plate lightly.
4. Microwave on high for 45 seconds-2 minutes or until a thermometer inserted into the entree reaches 165°F. Be careful, it will be hot!
5. Enjoy your tasty heat at home meal!

Note: For Cheesy Pizza Pocket and Bean & Cheese Burrito, reheat items in packaging.