

**AGENDA**  
**LPS District Wellness Committee**  
**Wednesday, November 9, 2016**  
**ESC**  
**4:30 p.m.–6:00 p.m.**

**Vision Statement: Optimal wellness for students, school, and community**

**Mission Statement: To develop, communicate, and support recommended policies, practices, and programs that result in an environment of overall health and excellence in education for the entire community.**

4:30 p.m.–4:40 p.m. Board of Education Update

4:40 p.m.–4:45 p.m. Wellness Coordinator Update

4:45 p.m.–4:50 p.m. Review Agenda

4:50 p.m.–5:20 p.m. Diet Soda Research

5:20 p.m.–5:30 p.m. [Review Beverage Policy](#)

5:30 p.m.–6:00 p.m. Next steps for pulse of LPS and diet soda recommendations to policy

6:00 p.m. Adjourn

**[Please review the following articles prior to the meeting:](#)**

[Diet Soda](#)

[Serious Health Risks of Diet Soda](#)

[Is Diet Soda Bad for You?](#)

[Artificial Sweeteners](#)

[Compelling Evidence Against Drinking Diet Soda](#)

[Diet Soda and Type 2 Diabetes](#)

[Pros and Cons of Diet Soda](#)