

# 2025 Boys Soccer Program Outline & Schedule

The 2025 program will offer many opportunities to improve and test your skills against the best possible competition. All listed activities will include the Heritage Coaching Staff in addition to high-caliber external coaches. Please mark your calendars accordingly and ask yourself what you can give to the game... to the program... to yourself?

#### Kick-Arounds - 1st 2 weeks of Summer

Pick-up soccer at HHS Turf or Grass Field ■ 6–7:30PM ■ Weds. May 28 & June 4

## Summer Strength and Skills Training & Kick-Arounds

Mondays, Wednesdays & Thursdays June 9 – July 24, Registration \$50 Mondays – 6pm-8:15pm (1 Hour Weight Room, 1.25 Hours tech. training) Wednesdays – 6pm-7:15pm (1.25 Hours Weight Room) Thursdays – 6pm-8:30pm (1 Hour Weights, 1.5 Hours Free Play) \*No workouts during the week of June 30-July 4.





#### DU Team Camp

Friday Afternoon – Sunday Afternoon ■ July 18 – 20 Gates Soccer complex ■ Registration \$145 By invitation from Heritage coaching staff. An exceptional opportunity of five training sessions with a college coach and to compete in five pre-season scrimmages. Two HHS teams will participate.

#### HHS Pre-Season Camp

Monday – Thursday ■ 5:30PM–8:00PM ■ Aug. 4 – Aug. 7 Registration \$45 For HHS enrolled student athletes who will be in grades 9 thru 12 during

the 25/26 school year. We will emphasize fitness, speed and agility. Players will also be taken through progressive drills that focus on defensive and attacking tactics as well as transition play.

# HHS Soccer Tryouts & Pre-season Scrimmages



Monday – Saturday ■ August 11<sup>th</sup> – 14<sup>th</sup> ■ Times to be Announced

## Regular Season – Aug. 16<sup>th</sup>- October 25<sup>th</sup>, CHSAA State Playoffs– Oct 29<sup>th</sup> - Nov 15<sup>th</sup>

**Building Men Through Soccer** – In addition to the quality of on-field events listed above, being a part of our program is more than just being a soccer player! Heritage Boys Soccer student-athletes participate and lead within their community and develop into young men ready to serve others and achieve their goals after high school. This tradition is accomplished through program-wide leadership development and off-field events including Hard Hat, Freshman Orientation, Program Olympics, Study Tables, Academic Mentoring and community service projects like T.O.P.S. Soccer Volunteering.

For more information visit <u>https://sites.google.com/lps.k12.co.us/heritagehighschoolboyssoccer/home</u>or contact Varsity Coach Adam Buseck at <u>abuseck@lps.k12.co.us</u>or 303.912.0915.