

## **ABILITY SPECIALISTS**

[www.AbilitySpecialists.com](http://www.AbilitySpecialists.com)

303-690-5203

[tj@abililyspecialists.com](mailto:tj@abililyspecialists.com)

Ability Specialists have helped hundreds of people become more independent, more connected and more self-driven. Success is mostly about helping our clients live their lives in their own way. We do this by teaching them both life and employment skills, valuable real world skills that help the employer's bottom line and help build our clients' self-worth. Ultimately our passion is to effect social change for people that are treated differently by society at large. We help our clients evolve personally and professionally, but we find they have more to teach us than we have to teach them.

## **ADAM'S CAMP**

[www.adamscamp.org](http://www.adamscamp.org)

303-563-8290

[tia@adamscamp.org](mailto:tia@adamscamp.org)

Adam's Camp maximizes the strengths and potential of children and young adults with special needs by bringing together dedicated families with outstanding professionals and volunteers to provide specialized therapy programs, family support and recreational camps. Together these amazing teams build skills, self-esteem and independence in all involved-campers, families, staff and volunteers.

### **Therapy Family Camps**

Our carefully designed intensive, multi-disciplinary and individualized therapy programs focus on each child's strengths to provide goal-directed, outcome-based treatment. Synergy, focus and extensive time dedicated specifically to enhancing skills make this a unique and powerful intervention. Parents and siblings of therapy campers participate in a wide range of activities and guest speakers to further enhance the camp experience for the whole family.

**Early Start:** Weeklong half-day programs for children ages 1-4 in Metro Denver

**Mountain Therapy Camps:** One week of daily, intensive developmental therapy for children ages 5 and up in the Colorado Mountains, attended by the whole family.

### **Adventure Camps**

Adventure Camps are sleep away camps full of fun, challenge and adventure for youth and young adults ages 9 and up. Campers enjoy activities that expand their social horizons and develop their courage to try new things while increasing independence and confidence.

## ASCENDIGO AUTISM SERVICES

[www.ascendigo.org](http://www.ascendigo.org)

970-927-3143

[mmccabe@ascendigo.org](mailto:mmccabe@ascendigo.org)

Ascendigo's mission is to serve local, regional and national populations of youth and adults across the autism spectrum through experiential, community-based learning opportunities to enhance their health, personal growth and social engagement.

There are three departments at Ascendigo Autism Services: Adventures, Outreach (community services) and Life Enrichment (adult services).

**Ascendigo Adventures** offers year round recreation opportunities for individuals on the Autism Spectrum and related conditions. This includes Summer Adventure Camps, Winter Ski Lessons and Weekend Camps throughout the year. We operate primarily in the Roaring Fork Valley near Aspen, Colorado however we also have satellite operations across the country. Our flagship is our Summer Camp Experience:

**Ascendigo's Summer Adventure Camp** is the premier camp for kids and adults on the autism spectrum. Programs take place in Colorado's beautiful Roaring Fork Valley which features some of the best outdoor adventure sports venues in the country! Our model and teaching methods are centered around athletic growth and fostering independence. We serve clients aged 7 plus. Our participants develop a sense of teamwork, camaraderie, community and belonging. Through such activities and away from home experiences, people on the spectrum can more fully engage in everyday life after camp has ended. The personal gain of each participant can increase the health, happiness and sustained well-being for the entire family. Our highly trained staff makes individualized lesson plans for your athlete, designed to create a unique experience and help each participant achieve their goals. In addition to our summer camp, we also offer fall and winter adventures. All of our programs are available to athletes anywhere on the spectrum.

## AUTISM COMMUNITY STORE

[www.autismcommunitystore.com](http://www.autismcommunitystore.com)

303-390-3647

[Shannon@autismcommunitystore.com](mailto:Shannon@autismcommunitystore.com)

The Autism Community Store was founded in 2007 by the mother and grandfather of a child with autism. It was the first physical store in the country to specialize in products for individuals on the autism spectrum, visual learners and those with communication or sensory processing challenges. Owned and operated by parents and siblings of children with autism, therapists, and people with ASD,

this unique store has the things exceptional people need to learn and thrive-----all in one place. From specialized education materials to sensory equipment, social skills activities, high interest toys, books, safety gadgets and biomedical supplements, we offer therapy-tested, kid approved solutions for the classroom and home at reasonable prices.

## **BREAK BREAD**

[www.Break-Bread.org](http://www.Break-Bread.org)

303-794-6379

[jengquist@break-bread.org](mailto:jengquist@break-bread.org)

Break Bread provides a community meal every Saturday Evening from 4:00-5:00 pm. (Doors open until 6:00 pm) All are welcome! Break Bread is hosted at Littleton United Methodist Church – 5894 S. Datura St. Littleton – Enter from Shepperd Street

## **BRECKENRIDGE OUTDOOR EDUCATION CENTER**

[www.boec.org](http://www.boec.org)

970-453-6422

[Claire@boec.org](mailto:Claire@boec.org)

For the past 41 years, the Breckenridge Outdoor Education Center, has offered single and multi-day events and programs for youth and adults who are living with special needs and disabilities. Our program offers both a Wilderness and Adaptive Ski and Ride School. The mission of the BOEC is to expand the potential of people of all abilities through meaningful, educational and inspiring outdoor experiences. In the summer activity options include ropes course, zip line, rock climbing, rafting, canoeing and hiking. We serve individuals 8 and up. To get details, please check our calendar listed on our website.

## **COLORADO LIONS CAMP**

[www.coloradolionscamp.org](http://www.coloradolionscamp.org)

719-687-2087

[scottdurham@coloradolionscamp.org](mailto:scottdurham@coloradolionscamp.org)

The mission of the Colorado Lions Camp is to provide exceptional camping programs to individuals with special needs which promote independence, challenge their abilities and provide opportunity to discover his or her own potential in a safe, positive environment. Since 1969, the Colorado Lions Camp has been providing residential camping programs in the beautiful mountains of Pike National Forest. Camp programs are offered throughout the year, including week long summer camp sessions (Sunday to

Friday) and weekend respite camps (Friday to Sunday). Our programs are specifically designed to meet the needs of campers age 8 to senior adult, with a wide range of disabilities.

## **DANCING WITH FRIENDS**

[www.dancingwithfriends.org](http://www.dancingwithfriends.org)

720-289-0662

[terra@dancingwithfriends.org](mailto:terra@dancingwithfriends.org)

Dancing with Friends was established in April 2012 as an idea to get together with friends new and old to exercise, socialize and share in the love of dance. Dance style include line dancing, hip hop, lyrical, swing, wheelchair dancing, ballroom and more! We encourage individuality with dancer music selection and individual performances. Zumba, Adaptive Dance and Yoga are now part of their class options. All ages are included at Dancing with Friends.

## **DEVELOPMENTAL PATHWAYS**

[www.dpcolo.org](http://www.dpcolo.org)

303-360-6600

[j.debaca@dpcolo.org](mailto:j.debaca@dpcolo.org)

Developmental Pathways is a Colorado non-profit agency created to serve persons with intellectual and developmental disabilities or delays (I/DD), and their families. As an organization, we are committed to enriching the lives of people with I/DD by partnering expertise, support and advocacy in their pursuit of a meaningful life. As a Community Centered Board, Developmental Pathways provides support to those we serve and their loved ones through intake, eligibility enrollment, and case management services and supports. We are devoted to ensuring that all individuals with intellectual and developmental disabilities and delays receive support by engaging our community in the innovation and implementation of person and family centered practices.

## **GARDEN INC.**

[www.gardenautism.org](http://www.gardenautism.org)

303-306-8259

[lauren@gardencolorado.org](mailto:lauren@gardencolorado.org)

Garden provides exceptional services and programs for individuals of all ages and abilities. We offer a wide variety of one to one and group based programming for children, adolescents and adults year round. All of our programs are guided by the foundations of Applied Behavior Analysis (ABA) and are cultivated to meet the unique needs of each individual we serve. We start from the ground up by

cultivating independence and creating interactive yet nurturing experiences for each individual that optimizes their unique strengths while improving areas of challenge. Beyond our programming, Garden strives to be a foundation of support for our families and community through outreach and advocacy.

## **GOLDSTAR LEARNING OPTIONS**

[www.gsloinc.com](http://www.gsloinc.com)

303-327-9738

[goldstarlearningoptions@gmail.com](mailto:goldstarlearningoptions@gmail.com)

GoldStar Learning Options, Inc. (GLO) offers support to individuals and their families affected by developmental differences and Autism Spectrum Disorder. We offer Behavior Intervention, Speech and Language, Community Connector, Respite and other specialty services where they are needed most: in the home, school or community. GoldStar Learning Options is dedicated to supporting and advocating for individuals with intellectual and developmental differences, and their families, in order to maximize their strengths and abilities so that they may achieve their greatest potential. Services are provided using a holistic approach to address the needs of each unique family dynamic, background, history, preferences and practices providing while completing individualized goals.

## **HIGHLANDS RANCH THERAPEUTIC PROGRAMS**

<http://hrcaonline.org/Classes-Camps-Activities/Therapeutic-Recreation>

303-471-7043

[summeraden@hrcaonline.org](mailto:summeraden@hrcaonline.org)

HRCA Therapeutic Recreation Programs are intended to enhance the quality of life of individuals with special needs. Programs are facilitated by Certified Therapeutic Recreations Specialists and/or qualified staff. We provide a quality and compassionate community based environment for participants of all ages and abilities. Our goal is to challenge participants and support general independence, choice, self-determination and self-confidence. We want each participant to enjoy recreation. We work towards social independence in a fun and safe environment, while encouraging a general sense of health, wellness, and improved quality of life. Staff members work together to support the leisure interests of people of all ages and abilities.

## HIGHPOINTE CENTER

[www.highpointeservices.org](http://www.highpointeservices.org)

303-221-3222

[sandyp@highpointeservices.org](mailto:sandyp@highpointeservices.org)

Individuals with intellectual and developmental disabilities are a growing and vibrant sector of our communities. HighPointe Services helps individuals ages 16 and older obtain valuable independence skills through a variety of programs and services. We have a fierce belief that when the community comes together great things can happen.

The **HighPointe Enrichment Program** provides learning opportunities designed to enrich participants' lives in the areas of increased independence, improved interpersonal skills and enhance individual abilities.

**HighPointe Academy** offers growth and daily living skills, prepare for vocational opportunities, and assist in supporting residential placements.

**HighPointe Enterprises** provides entrepreneurs with intellectual and developmental disabilities in-depth business development support, access to mentors, investors and a local community of peers. Our ultimate goal is to provide more prosperous, sustainable, and entrepreneurial job opportunities for our clients.

**Exceptional Expeditions** is an outdoor adventure program established to provide meaningful and fun expeditions for individuals with a variety of abilities. We identify expedition locations that provide a challenge to our participants, will enable them to enjoy the wonderful outdoors, and provide the opportunity to develop new and lasting friendships.

## HILLS, INC

[www.hills-inc.org](http://www.hills-inc.org)

303-875-9149

[programs@hills-inc.org](mailto:programs@hills-inc.org)

Over the course of the past ten years, HILLS (Healthy Independent Leisure & LifestyleS) has dedicated itself in being able to bring travel opportunities to adults with developmental and/or intellectual disabilities and traumatic brain injury. We've traveled from coast to coast and beyond our borders to locations such as Jamaica, Mexico and Iceland. Travel is an essential component of learning, growing

and expanding a person's values and beliefs. Extended trips are not always a viable option for all, therefore, we provide a wide array of day trip opportunities within and around our community which promote recreational involvement with peers as we learn what our town has to offer. This summer HILLS is growing its mission and providing more opportunities for teens and young adults (15-21). We embrace the belief that expanding personal horizons at an early age has the potential to open countless doors in the future. With this core belief in mind and the support and knowledge of those at HILLS, individuals can positively engage the world around them while meeting potential life-long friends along the way.

## HOPE FARMS PROJECT

[www.hopefarmsproject.org](http://www.hopefarmsproject.org)

720-996-1830

[lisa@hopefarmsproject.org](mailto:lisa@hopefarmsproject.org)

Hope Farms Project offers animal and nature-based programs for children, youth, adults and families in a ranch setting east of Parker. Programs include day program, respite, mindfulness and yoga/movement classes, sensory enhanced story time and parent group, equine-assisted therapy and wellness workshops.

## LAKESWOOD COMMUNITY RESOURCES

[www.Lakewood.org](http://www.Lakewood.org)

303-987-4869

[wilcoo@lakewood.org](mailto:wilcoo@lakewood.org)

Join us for an unforgettable summer experience. The City of Lakewood has a multitude of camp offerings to fit every desire. Whether you prefer Arts and Cultural Camps or are into Sports and the Outdoors, Lakewood has surely has something for you.

City of Lakewood - Recreation and Inclusion Services for Everyone (R.I.S.E.) The R.I.S.E. program offers two summer day program options for individuals with disabilities: **Camp Paha** for youth ages 6-17 and **Paha Adults in Transition (PAT)** for young adults ages 18-25. Camp Paha and PAT are held for seven weeks, typically, mid-June through the end of July (with half-summer options available). Both programs run 9:00 am to 4:00 pm, Monday –Friday. The staff to participant ratio is 1:4. Our goals are to provide opportunity for fellowship and fun, provide an opportunity for developing awareness about self, others and the environment and give emphasis to citizenship and being a member of a group through the day program experience.

## **MEGAN'S PLACE**

[www.megansplacellc.org](http://www.megansplacellc.org)

303-881-4988

[Kristin@megansplacellc.org](mailto:Kristin@megansplacellc.org)

We provide care for children with physical and developmental disabilities ages 3-18. We offer care after school, evenings and weekends. We provide summer programs with a variety of activities and field trips. Some of our programs include before and after school care, summer camp for full-time, part-time and flex scheduled participants, evening and date-night care, weekend day programs, scheduled field trips and activities on weekend, school breaks and during the summer. Family activities involve parents and siblings to promote support. We have been pre-approved to accept the CES Waiver.

## **NATIONAL SPORTS CENTER FOR THE DISABLED (NSCD)**

[www.nscd.org](http://www.nscd.org)

970-726-1518

[alewis@nscd.org](mailto:alewis@nscd.org)

The NSCD is recognized around the world as a premier therapeutic recreation organization, providing leadership and expertise in adaptive sports. We enable the human spirit through therapeutic sports and recreation. The NSCD offers a variety of year-round sports and recreational adventures. In the winter participants enjoy alpine skiing, snowboarding, cross-country skiing, Nordic Hut trips, snowshoeing and ski racing. Additionally the NSCD offers year-round rock climbing and kayak lessons. In the spring, summer and fall we offer sport ability clinics, rafting, canoeing, special camps, therapeutic horseback riding, mountain biking and camping. All programs are designed for individuals, families and groups and are available for all levels of ability, from beginner to advanced.

## **PASCO**

[www.pascohh.com](http://www.pascohh.com)

303-233-3122

[Vickie.einspahr@pascohh.com](mailto:Vickie.einspahr@pascohh.com)

PASCO (Personal Assistance Services of Colorado) is a locally owned company providing numerous services to a large group of Coloradans. We offer Home Health, Respite Behavioral Therapy and Pediatric Personal Care to Medicaid recipients, as well as advocacy. Family members can take a CNA course to become a Certified Nursing Assistant and can be paid to care for your child.



## **REVEL**

[www.revelinlife.org](http://www.revelinlife.org)

720-507-6525

[Stephanie@revelinlife.org](mailto:Stephanie@revelinlife.org)

Revel believes teens and adults on the autism spectrum have the ability to connect, work, learn and explore new interests together. Services are for teens and adults ages, 14 and up. Revel supports individualized 1:1 and small groups to build a greater skill sets that lead to more independence. Revel Focus is a supported transition program promoting individualized independence through REVEL'S core areas: Sweat, Create, Explore, H.I.R.E. (Employment) and Skills. The REVEL lounge is a place for teens and adults with and without autism to hang out together, make friends, learn new skills, expand on current skills and explore interests.

## **SOUTH SUBURBAN PARKS AND RECREATION DISTRICT**

[www.ssprd.org](http://www.ssprd.org)

303-708-3518

[CareyO@ssprd.org](mailto:CareyO@ssprd.org)

The STAR program provides a variety of sports programs, art and enrichment classes, fitness, trips and tours for youth of all ages with special needs. Our catalog is full of wonderful classes, camps and activities to consider for your next recreational opportunity. Check out our website for all of our current listings.

## **SPECTRUM**

[www.spectrumco.com](http://www.spectrumco.com)

303-986-5252

[mandy@spectrumco.com](mailto:mandy@spectrumco.com)

Spectrum is a leading provider of human services for persons with intellectual and developmental disabilities. Our mission is to provide our clients with the greatest quality of life and the highest level of independence in the community. Spectrum's highly trained team of service providers is committed to the care and success of our clients.

## STEPPING STONES

[www.steppingstonesupportcenter.com](http://www.steppingstonesupportcenter.com)

303-872-6882

[bryn@steppingstonesupportcenter.com](mailto:bryn@steppingstonesupportcenter.com)

Stepping Stone Support Center is dedicated to increasing self- fulfillment through constructive work opportunities and meaningful lifelong relationships for adults with developmental disabilities. We want to create a lifestyle for our participants to be able to work and provide for themselves. This goal looks different for each individual, but Stepping Stone values independence. To that end, we stress life skills such as cooking, budgeting, shopping and housekeeping. Our goal is for each participant to live as autonomously as possible, and we strive to provide the necessary supports needed to help make this a reality. Stepping Stone is primarily a prevocational training center. We have job skill training activities to equip our participants to work in an environment attainable for long term employment. With our Stepping Stone Co-op and development in supported employment, we want to set our participants up for best case scenario for a sustainable lifestyle. We also offer other services that can help set our participants up for success.

## THE RHYTHM WITHIN / THE POSSIBILITY POOL

[www.therhythmwithin.com](http://www.therhythmwithin.com)

303-827-4218

[jenn@therhythmwithin.com](mailto:jenn@therhythmwithin.com)

**The Rhythm Within** was established in 2003 and has served the Denver Metro Areas' Disability Community in a number of ways and always aiming to help our clients succeed in a non-traditional and enjoyable style. We get to know the client where they are, and work to inspire them to move forward. We offer Taking Care of Business Classes that help develop and sharpen personal skills as clients apply for employment. We also offer one-on-one therapeutic mentoring to assist clients in various areas of need including: social skills, community navigation, employment support (both with finding and keeping jobs), relationships, family dynamics and more. Along with those we also have a dynamic group percussion program for your school, classroom, youth group, church group, birthday parties, conferences, and any other event where you need team building and fun. (Drumming-5 years or older, Taking Care of Business- 17 years or older, One-on-One- 14 years or older)

**The Possibility Pool** is a local company/website that is a Mill Levy Grant funded from the City of Denver, to improve employment opportunities for Denver residents with Intellectual and Developmental Disabilities. The Website is a marketplace that will match job seekers with disabilities to employers ready to hire them. The site will also help match the job seekers and employers with support companies and products to support successful employment that is person centered. (Age 17 years or older)

## **THE WAYFARING BAND, INC.**

[www.info@thewayfaringband.com](mailto:www.info@thewayfaringband.com)

720-515-1596

<http://thewayfaringband.com>

Although we like to rock, we are not a rock-and-roll band. We are a wayfaring band, which means we are a band of people who travel together. We offer road trips, far-flung adventures, and a social leadership program. Our programs serve adults (typically 18 and older) who experience intellectual and developmental disabilities, as well as, neurotypical leadership fellows. We also grant one spot per tour to an artist-in-residence. Most of our participants are young adults, and our style of travel appeals to wayfarers with a youthful spirit. However, we welcome older adult travelers as well. Our dream is to model our vision of inclusivity everywhere we travel fundamentally altering the way people experience difference. #EverybodyIn

## **WELLSPRING COMMUNITY**

[www.wearewellspring.org](http://www.wearewellspring.org)

303-660-1935

[Mariah@wearewellspring.org](mailto:Mariah@wearewellspring.org)

The mission of Wellspring Community is to provide a work, enrichment and educational community where adults with special needs are empowered to live full, productive and satisfying lives in a God-centered and nurturing environment. Our Vision is to create specially modified and supported business enterprises where our participants can enjoy meaningful work in a place where they can be successful and to provide ongoing educational and enrichment activities to foster intellectual, social, emotional and spiritual growth and to provide a variety of long-term, supervised residential options.

