

ARAPAHOE DRUM BEAT



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Arapahoe High School
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Vision Statement

A leading school where excellence and tradition meet innovation

Mission Statement

To provide: a community of collaborative learning, rich culture, and meaningful relationships that prepares each student for their future

Arapahoe UIP Goal

100% of Arapahoe students will graduate prepared for meaningful post-secondary opportunities

Dear Arapahoe Parents,

October 2018

We welcome the month of October with mixed emotions. As we look back on the positive start of school and forward to the fun events of the upcoming month, I also want recognize the challenges we have faced this week. Thank you for your support of our students and staff as we help one another deal with the loss of a fellow Warrior. Your love, support and prayers have been greatly appreciated. Please look for information in this edition of the Drum Beat for ways you can become involved in helping to keep our students safe as they navigate this challenging time of being a teenager.

October also brought a noticeable change in the weather. We recently wrapped up a very successful **2018 Homecoming week** with our fun theme of “**Dancing Through the Decades.**” All of our events are designed to provide positive memories for our Warriors and enhance their comprehensive high school experience. The talent show, DECA BBQ, bonfire, parade, dance and many athletic events we hold would not be possible without the enthusiasm of the entire Arapahoe community. A huge shout-out to all members of our **Arapahoe Student Council**, under new leadership of sponsors **Katie Abner and Jackie Price**, for the organization of this wonderful tradition-filled week. Significant and welcome changes were made to the dance this year, and the attendance more than doubled. There were multiple activities added to enhance the evening. **Thank you all so much for your continued support of our Homecoming events!**

After the excitement of Homecoming comes to an end, the reality of the classroom sets in. Our main goal at Arapahoe is to prepare all of our students for meaningful post-secondary opportunities. Throughout the month of September, Arapahoe counselors visited with each grade level in small meetings in the AHS Forum. **Freshmen** received a message about starting strong and how poor grades their freshman year can negatively affect their transcript. They also learned how some of their current classes can help them meet the new **LPS Graduation Competencies** ([click here for more information](#)). **Sophomores** were taught how to access Naviance early and encouraged to get in and navigate the website before their junior year. **Juniors** are preparing to take the **PSAT on Wednesday, October 10, 2018**. They are also encouraged to use Naviance to begin the college search process. **Seniors** are busy signing up for the national SAT and ACT as well as madly preparing their college applications. Arapahoe will be presenting **Financial Aid Night** on Monday, October 8, 2018 at 6:00 PM in the theater. Dates and further information on all of the 2018-2019 national testing can be found in the Counseling Center section of this issue of the *Drum Beat*. As always, please contact your student's counselor or our Post Grad Center if you have any questions.

Though the Colorado Commission on Higher Education sets minimum course requirements (see below) for acceptance to colleges and universities throughout Colorado, it is clear from the data that **Arapahoe students far exceed these minimum requirements**. We highly encourage seniors to keep a rigorous and challenging course load all the way through their final year of high school.

These requirements set by CCHE are backed by research that shows that fewer than forty percent of college students complete their collegiate education. CCHE research further claims that, “Regardless of economic status, race, gender or high school program, the proportion of students receiving their bachelor's degree tends to increase with the completion of a rigorous pattern of high school courses taken.” We also know that four strong years of preparation in the core academic areas also leads to a stronger performance on the ACT, SAT, and other college entrance exams.



- 38% of our students are enrolled in honors or advanced math courses:
 - ◆ Honors Geometry, Honors Trigonometry, Honors Algebra II, Advanced Placement Calculus AB, Advanced Placement Calculus BC, Advanced Placement Probability/Statistics, Calculus I, Concurrent Enrollment Statistics, Probability/Statistics, Trigonometry, Concurrent Enrollment Calculus III, and Finite Math
- 87% of our students take 2 or more years of a World Language
- 96% of our students take 3 or more years of Science
- 95% of our students take 3 or more years of Math
- 100% of our students take 4 or more years of Social Studies
- 100% of our students take 4 or more years of Language Arts

Graduation Requirements
(Minimum Requirements)

Subject	CCHE Requirements	AHS Requirements
Language Arts	4 years	4 years (35 credits)
Mathematics	4 years	2-4 years (4 years strongly recommended)
Science	3 years	2-4 years (3 years strongly recommended)
Social Studies	3 years	4 years (30 credits)
World Language	1 year	(2 years of the same World Language is highly recommended)
Other Academics	2 years	
Fine Arts		6 credits
Practical Arts		6 credits
Physical Education		12 credits (includes Health and Swimming)
Electives		Remaining credits to total 188

While we prepare every Warrior to graduate with a college-prep experience, we offer many attractive and meaningful elective courses and value our **comprehensive high school curriculum**. Course preparation in the arts, business, technology, physical education, and core-area electives produce a well-rounded individual. We also offer many **Career and Technical Education** classes designed to give students experience in a potential future career path that may interest them. [Please click here](#) for a full menu of the classes Arapahoe can make available to your Warrior! Arapahoe counselors can assist your student with details on how to register for these classes.

We value high academic preparation, and it is important to remember that alongside these high expectations there is a tremendous amount of support offered by all of the dedicated Arapahoe faculty and staff. Many departments have **targeted intervention programs** in place for students that are not meeting minimum requirements for classes. The **Academic Study Center** is available as a pass/fail class or as a place to drop in during the school day for assistance from teachers every period of every day. Teachers are also available during unscheduled hours in their **departmental offices**. Success and self-confidence are enhanced when a positive attitude and a solid work ethic are embedded in student efforts. When these values are supported in both the home and school environments, our Warriors have the best possible chance to achieve and succeed at a higher level!

Colorado Safe Schools Month 2018 is here! As part of an ongoing effort to promote a safe and healthy culture in all Littleton Public Schools, Arapahoe High School will participate in the **Comprehensive School Climate Inventory (CSCI)** throughout the month of October. The CSCI is a brief 15-20 minute, anonymous survey of students (grades 3-12), parents, and school-based staff to gather perceptions about the school environment. The survey includes questions about **safety, relationships, engagement, support for learning, etc.** The feedback we gather about our school climate will help guide efforts to provide supportive learning environments for all students. The survey is administered electronically, and **all results** are completely **anonymous** (no names are recorded, and no identifying information is attached to specific responses). You can access the survey via [this link](#). Additionally, we will reach out to all Arapahoe parents and guardians **with an email containing the link to the survey**. The survey window for parents will begin on **October 1st** and will remain open until **October 31st**. Students will complete this survey later this month during TRIBE. Please visit the LPS website for more detailed information about the survey content and for information on opt-out procedures.

All opt-outs forms as well as questions for Arapahoe should be directed to **Mr. Ryan Miwa, Assistant Principal for Student Services** and **Arapahoe survey coordinator**.

In addition to the CSCI Survey the following opportunities have been planned for the LPS Community:

We are Stronger - A Community Event - October 29th at 7:00-8:30 pm

This event will provide an introduction to the **Sources of Strength** program that is transforming the culture in LPS secondary schools. Bring your teen and **hear from LPS students and staff** about how they are using a positive peer-led model to counteract the **challenges our youth face today such as stress, substance abuse, and suicide**. Come find out more and how **you can help support Sources of Strength in our community**. Pre-registration is not required. [Flyer attached.](#)

SafeTALK Training - October 26th, 8:00 - 11:00 am ESC Building - SafeTALK prepares participants to identify people with thoughts of suicide and connect them with life-saving first aid resources. This is a great opportunity for **parents, coaches, or other community members** who want to know how to help a potentially suicidal person. The workshop is open to **any adult or youth 16 years or older**. To register please email [Debbie Honeker at dhoneker@lps.k12.co.us](mailto:Debbie.Honeker@lps.k12.co.us).

Offline October

Created by a group of LPS students, this nationally recognized campaign asks youth (and their parents) to **take a break from social media** for the month of October and spend time connecting in person. The 2018 kickoff event is on September 30th at 6:00pm. Visit www.offlineoctober.com for more information.

Additional Safety Resources for Parents

[How to Report Safety Concerns - LPS Website](#)

[Common Sense Media - Helping Families Make Smart Choices About Media and Technology](#)

[Parent & Teen Resources from the National Institute on Drug Abuse](#)

[Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do](#)

[10 Things Parents Can Do To Help Prevent Violence in Schools](#)

Thank you for your continued support of Arapahoe High School. I look forward to seeing you at **Parent-Teacher Conferences** this month. We are also encouraging you to bring your son or daughter to participate in the dialogue with their teachers!

Sincerely,



Natalie Pramenko
Principal

Open Enrollment Information

Arapahoe High School is accepting Open Enrollment Applications for the **2019-2020 school year only**, for students entering grades 9-12.

An application form and other information may be picked up in the Arapahoe Main Office, or by [clicking here](#). Any questions may be directed to **Mrs. Clark, Secretary to the Principal**, at 303-347-6023.

The deadline for submitting an application for the 2019-2020 school year is January 31, 2019.

Intent to Renew Enrollment at Arapahoe High School

To parents of students presently attending Arapahoe and living out-of-district, look for your "Intent to Renew Enrollment Google Form" in your email or by [clicking here](#). Please complete the Google Form by January 31, 2019. If you have questions, please contact Mrs. Clark, Secretary to the Principal, at 303-347-6023. Thank you.

Important Attendance Office Statistics and Information

Arapahoe is proud to announce that our **2017/2018 Attendance statistics report that shows students missed an average of only 4.3 days last year--this is a dramatic decrease of 6.5% from the previous year!** We are confident that when parents understand the link between high achievement and attendance, students are more likely to be in class and ready to learn at a high level. Our **attendance intervention methods along with our strong teaching faculty and extracurricular programs** help keep kids engaged in school-culture both mentally and physically.

The district's guidelines related to attendance are the following: **after 8 days (or it's equivalency) of absences due to illness, students will be asked to bring in a doctor's note to have the absence or any additional absence marked as excused.** If your student misses 10 days of school (or it's equivalency), we will review individually how we can help support the student, which may include developing an attendance plan. **The district will send out an attendance letter each quarter to families of students who have missed 20% or more of school, indicating that the student has reached a highly-concerning number of missed days, and district specialists will be utilized to increase attendance.** If there are challenges with consistent attendance, LPS has many resources to support families. Please let us know if you have any questions.

News from Your PTO

Parents, if you are interested in supporting our teachers and staff, please consider helping provide a meal during teacher conferences by clicking on this [link](#). I hope you will attend Parent-Teacher Conferences to take advantage of the opportunity to meet with our outstanding teachers. They have great insights and offer valuable advice on how to help your student(s) succeed.

The PTO is looking for volunteers to lead the After Prom Committee. We are seeking two Co-Chairs that will have the opportunity to work with innovative After Prom hall leaders, artists and creative specialists! Please email arapahoepres.lps@gmail.com if you would like more info.

Our next PTO meeting will be Tuesday, October 9th from 8:30-9:30 am in the Arapahoe Forum. We will have a special guest, LPS Superintendent, Mr. Brian Ewert. Mr. Ewert will be sharing information on the vision of the district, especially as it relates to the upcoming LPS Bond Election and Amendment 73. Your input is welcome and appreciated.

Feel free to contact me if you have any questions.

Renee Zainer
PTO President
arapahoepres.lps@gmail.com

Arapahoe Historian Album

Do you enjoy scrapbooking? The PTO is looking for a historian to preserve the history of Arapahoe High School. Please email Arapahoevips.lps@gmail.com if you would like more information about this volunteer opportunity.

Do you have pictures or newspaper article clippings of your AHS student participating in a sport, club, school event, a special award, or any other AHS activity? We would love to include them in the **2018-2019 AHS Historian Album**. Please send your photos or articles to the AHS Main office, attention **PTO Historian**. Please also include the approximate date and the event represented. **Thank you so much in advance for helping preserve Arapahoe High School's history!**



School Accountability Committee

The School Accountability Committee meets one Thursday a month in the Arapahoe Main Office Conference Room from 3:45-5:45 p.m. The meetings are open to all Arapahoe parents and the community.

Meetings Dates for 2018-2019

October 4 November 15 January 17 February 14 March 14 May 2

**** Please note the Oct. 4th meeting will be held in the Forum from 4:00 p.m. to 6:00 p.m. ****

Any questions, please call Assistant Principal Angela Boatright at 303-347-6024.

New School Accountability Members

Last month, Michele Hanna, Ross Ulrich, and Andrea Yahner were elected to represent our parent community on the School Accountability Committee. In addition, Pria Zaveri (10), Marcus Morgan (11), and Emmy Hawkins (12) were selected to represent the student voice in the committee. Congratulations, new members! We look forward to working with you!

Offline October

"Unplug and Start Living!" Together with various student groups, Arapahoe is proud to launch our first annual "Offline October" challenge. [Offline October](#) is a program originally designed by teenagers in the greater Littleton and Centennial area in response to teenage suicide and isolation to bring awareness about screen-addiction.

The program believes that "...if all students and adults were to get off of social media for one month, morale, confidence, communication, kindness, and love would be boosted."

Students and their parents can sign [HERE](#) to pledge their commitments to Offline October. Several opportunities for students and their classes/teams/groups to sign up or pledge to go offline will be available. Support our community and your students by pledging today!

From the Arapahoe Attendance Office

Important Attendance Procedures for Students and Parents

- Students must pick up a pass from the Attendance Office in order to leave school **during** a scheduled class. **PASSES ARE NOT DELIVERED!** Passes are not required when leaving during a passing period, see [Bell Schedule](#) if questions about passing period times.
- All excused absences must be called in to the Attendance Office by a parent or guardian **within 24 hours**. We do not accept written notes. When calling the attendance line, please follow the recorded instructions, speaking clearly. Failure to leave ALL of the required information will result in an unexcused absence.
- Please be aware that if you receive an "Automated Message" call and have already called in, consider that the call may have been received after 2:30 p.m. and will be recorded the next morning, the period your student missed may be different than the period recorded, or perhaps a sibling missed a period. You can check your Infinite Campus Portal for this information.
- We recommend that you check your student's attendance at least once a week by accessing the [Infinite Campus Parent Portal](#).

For more information: please refer to page 19 in your student's—AHS Student Planner for detailed info regarding attendance guidelines. For questions, call 303-347-6000 between 7:30 a.m. to 4:00 p.m. and to report an absence call 303-347-6030.



Parents of Junior and Senior Students

The annual Close Up Trip to Washington, D.C. is beginning to enroll students who are interested in traveling to Washington, DC from **March 3 - March 8th**.

Ms. Winn from the Social Studies Department and students who went on the trip last year will be hosting an informational night for parents **Wednesday, October 10th from 6-7 pm**.

"Founded in 1971, Close Up is a non-profit that educates and inspires young people to become informed and engaged citizens." Using the nation's capital as a living classroom, students get a "close up" view of government and democracy in action as they interact with the people, places, and processes that make this federal city so unique.

Throughout the week, students explore DC and interact with students from all across the country. With the help of our program instructors, students will consider how the people and events represented in DC's memorials impact their lives today. Close Up participants also take part in interactive seminars with Washington insiders, including journalists, lobbyists, ambassadors, and members of the Armed Services. The highlight of the week for many students is our mid-week Capitol Hill Day, when students and teachers meet with their Congressional delegation on the Hill.

For more information please contact Ms. Winn at awinn@lps.k12.co.us.

Counseling Center Information

Are You Moving?

Please remember to notify the Counseling Center as well as the Attendance Office in the event of an address or telephone number change. **It is very important that the school learns of these changes as soon as possible.**

NCAA/NAIA Compliance orientation and recruiting for Juniors and Seniors will be Tuesday, October 24 during 1st and 2nd Lunch in the AHS Forum. Bring your lunch. For more information and to sign up for this meeting, please stop by the Athletic or Counseling Office.

REGISTERING FOR SAT/ACT/NCAA/NAIA

Registration for the SAT, ACT, National Collegiate Athletic Association (NCAA), and National Association of Intercollegiate Athletics (NAIA) is now being done **online**. The web sites are as follows:

ACT	www.actstudent.org
SAT	www.sat.collegeboard.org
NCAA	www.eligibilitycenter.org
NAIA	www.playnaia.org

State Issued SAT - April 9, 2019

ACT Test Dates	Registration Deadlines
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October 27, 2018	September 28, 2018
December 8, 2018	November 2, 2018
February 9, 2019	January 11, 2019
April 13, 2019	March 8, 2019
June 8, 2019	May 3, 2019

SAT Subject Test	Registration Deadlines
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November 3, 2018	October 5, 2018
December 1, 2018	November 2, 2018
March 9, 2019	February 8, 2019
May 4, 2019	April 5, 2019
June 1, 2019	May 3, 2019

SENIOR INFORMATION

Counselors met with seniors in the Forum on September 5 and 6 to provide information about college applications and specifics about the application process at Arapahoe. The Power-Point presentation is posted on our website: lps2.it/AHSGuidance.

JUNIOR INFORMATION

Counselors visited with the junior class on September 24 and shared information regarding future planning. Juniors and/or parents can view the PowerPoint presentation on our website: lps2.it/AHSGuidance.

SOPHOMORE and FRESHMAN INFORMATION

Counselors visited with sophomores on September 20th and freshman on September 25th to discuss high school cumulative GPA, career/future planning, and high school curriculum. The Power-Point presentation is posted on our website: lps2.it/AHSGuidance.

PSAT - Wednesday, October 10, 2018

The Preliminary Scholastic Aptitude Test (PSAT) is designed to give **juniors** experience with tests similar to those required for college admission. The format has four sections: one reading, two math, and one writing. Additionally, the PSAT is used by the National Merit Scholarship Corporation to determine National Merit Scholarship Semi-Finalists. Other scholarship agencies also use the PSAT, and nearly all colleges/universities seek National Merit Semi-Finalists.

Students can **register** for the PSAT in the Counseling Office by October 3rd, the cost is \$20.00 and is non-refundable. Payment and photo ID are required to register. October 10th is the only date that the PSAT will be administered in the Littleton Public School district for the 2018-2019 school year. **Students will receive the Official Student Guide** to the PSAT/NMSQT when they register. Calculators may be used on the mathematics sections. The test takes approximately 3 hours 30 minutes. Results will be given to students in late December.

Students who are taking the PSAT need to **arrive at school by 9:00 a.m.** and **report to their classrooms no later than 9:10 a.m.** The test will begin promptly at 9:30 a.m.

IMPORTANT—The buses will ONLY run on the normal schedule for all students. There will not be a second bus run for students not taking the PSAT for our late start of classes. Please plan accordingly.

For questions, see Mrs. Ives in the Counseling Office

EARN COLLEGE CREDIT WHILE IN HIGH SCHOOL

Did you know that you can take college courses that count as both high school and college credit?

If you are interested, please attend an informational meeting regarding the Concurrent Enrollment Program on **Tuesday, October 23 in the AHS Forum during both lunch periods. Students, feel free to bring your lunch to the forum.** A representative from the Concurrent Enrollment Program will provide information on how to take part in this exciting program. See you there.

Hey, Juniors!

PSAT TEST

Arapahoe High School

Wednesday, October 10, 2018—Arrive by 9:10 a.m.

Sign up in the AHS Counseling Center September 19 - October 3
Bring \$20.00 (cash or check) and your photo I.D. when you sign up

● How to Prepare:

- Study the [Official Student Guide to the PSAT/MNSQT](#); review, study, and receive test-taking tips at www.collegeboard.org
- Talk to your AHS Math and Language Arts teachers about FREE test prep sessions offered here at Arapahoe:
- **Math offered on October 2 & October 5 at 7:30 am in S1423 & S1425**
- **Language Arts offered on October 1 & October 4 at 7:30 am in E1287**

**Classroom assignments will be posted in the cafeteria on
Monday, October 8th**

Important notes for testing day:

- **Cell phones NOT allowed**
- **Bring Photo I.D. (driver's license or AHS student I.D.)**
- **Bring Two #2 pencils with erasers—No mechanical pencils!**
- **Bring a Calculator-See PSAT Student Guide for acceptable models**



Attention Arapahoe High School
Parents and Students



PSAT Examination

Wednesday, October 10, 2018

PSAT Bell Schedule

Report to Rm. Assignment	9:10 - 9:25
PSAT Exam	9:30 - 1:10
Lunch	1:10 - 1:40
TRIBE (All grades)	1:45 - 3:31

School Day Begins at 1:45 p.m. for students NOT taking the test!

Wednesday, October 10, will be an adjusted schedule for ALL AHS students due to the administration of the PSAT to our Junior class.

(Interested Sophomores may also take the PSAT with our Juniors. Please note: Sophomores will be taking the state mandated PSAT 10 - Spring 2019)

Juniors (and interested Sophomores) who pre-registered for the PSAT will report to their assigned rooms between 9:10 a.m.—9:25 a.m.

PSAT Testing will be from 9:30 a.m.—1:10 p.m.

Lunch for test takers will be 1:10—1:40 p.m.

REGISTRATION—September 19-October 3

Students wishing to take the PSAT (the cost is \$20, cash or check made out to AHS) should visit Mrs. Ives in the AHS Counseling Office to register and receive their ticket.

Buses will ONLY run on their normal schedule. There will not be a second bus bringing non-test takers. Please plan accordingly.

Last year nearly 600 Arapahoe Juniors and Sophomores signed up to take this nationally recognized examination. It is preparation for College Board examinations, can produce scholarship money, and is the only exam that qualifies students to attain National Merit Scholar status, when taken during the junior year. We are encouraging every AHS junior to take the PSAT.

In order to provide the maximum opportunity to our Juniors, we are offering the PSAT during our school day at AHS. Please call 303-347-6010 if you have any questions.

Connecting the PSAT 9 and PSAT 10 to the SAT

In order to better prepare Colorado juniors for the SAT, College Board has formed a partnership with Khan Academy.

With the changes in state assessments, AHS sophomores and freshman will be taking the PSAT 10 and PSAT 9, respectively the second week of April and juniors will be taking the SAT on April 9, 2019.

Then utilizing their PSAT 10 and PSAT 9 scores, students have the opportunity to sign up for Khan Academy's review program.

In comparison to other test preparation programs, Khan Academy aims to provide free, optional, secure and personalized review to all Colorado students on their smartphones. Within the program, students can sign up to receive questions of the day and take practice tests; all designed from their personal PSAT 10 and PSAT 9 results. Please note that this review program does not replace classroom instruction, but can provide them with additional, free practice outside of class.

For more information and to merge their College Board account with Khan Academy, students should go to SATpractice.org or see Mrs. Ives in the Counseling Office.

MILITARY ACADEMY NOMINATIONS

All students seeking a Military Academy nomination to enter an academy Fall 2019 should be working on applications now. You will need one or more nominations from a senator or congressman.

For **our Congressional District #6**, apply to Representative Mike Coffman, Senator Cory Gardner, and/or Senator Michael Bennet.

Go to the websites listed below and look for Service Academy nominations. Pay attention to instructions and all deadline dates.

Representative/Senator	Web Address	Application Deadline
Rep. Mike Coffman	www.coffman.house.gov	Oct. 5, 2018
Senator Michael Bennet	www.bennet.senate.gov	Oct. 8, 2018
Senator Cory Gardner	www.gardner.senate.gov	Oct. 1, 2018

National Business Honor Society

This year we received over 60 applications for the National Business Honor Society. Acceptance letters will be sent out soon. The cost of joining the National Business Honor Society is \$15. If you are taking your 3rd business class, be sure to apply for National Business Honor Society in the spring! If you have any questions, please see Mrs. Swank or Mr. Sawyer in the Business Office.



Free and Reduced meal benefits from the previous school year carry over for the first 30 operating days of the new school year or until a new eligibility determination is made. If an application has not been submitted by the 30th day, the prior year benefit will expire and the student (s) will have to pay full price for meals.

Free or Reduced Meal Applications are available online at <http://littletonpublicschools.net/welcome-lps-nutrition-services> and paper applications are available in the school cafeteria or Nutrition Services Department. Free and Reduced Meal Applications can be submitted at any time during the school year. For questions, please call 303-347-3355.

Post Graduate Center

October is **College Application Month** in Colorado. Many seniors completed Boot Camp and are ready to submit their Common Application. The Post Grad Center website has a senior specific section dedicated to supporting students with various components of the application process. Click [here](#) to access this page.

While students focus on applying for college, families must figure out the finances behind going to college. Come to **Financial Aid Night** on **Monday, October 8, 2018 at 6:00 PM in the Theater** to learn about applying for both federal and institutional aid. **Nashwa Bolling**, the Director of Budget, Research, and Analysis at the University of Denver will be present this information. She will be available for a question and answer session after the presentation. This night will include a brief talk on scholarships.

Over 120 **College Visits @ AHS** have been scheduled for juniors and seniors this fall. The majority of these visits will occur in the first two weeks of October. To access a "live" list of college visits scheduled, and for instructions on the sign-up process, please click [here](#).

Another way to learn about colleges is to attend **College Fairs** that began last month. Click [here](#) for a listing of fall fairs and to access sign up links. Check out the local fair opportunity on **Monday, October 29, 2018 from 6-7 PM at Littleton High School**. This is an excellent way to begin your college search.

This month presents multiple **career exploration** opportunities. Click [here](#) to check out the career section of the Post Grad website for details on the upcoming Engineering Exploration Day at CSU, the Military and Protective Services Event held at Littleton High School, and more!

Sophomores are coming in to the Post Grad Center for their **introductory appointment on Naviance**. This appointment helps students meet graduation requirements in their Individualized Career and Academic Plan (ICAP) and is designed to get them in the mindset of planning for life after graduation.

Seniors and senior families, watch for another email on October 1, 2018 with tasks to complete in the college application process. All communication sent to families is also on the **Post Grad website under the message series** tab. This includes the class presentation slideshows for both the senior and junior classes that had information from the Post Grad Center.

Mrs. Hall, Post Grad Specialist, can best be reached by email at khall@lps.k12.co.us.

AHS SENIOR CLASS INFORMATION



Graduation planning is well under way here at AHS. Have you been measured for your graduation gown? Not sure? Please stop by Mrs. Fletcher's office located in Student Services/Counseling to check this off your list. **Measurements are due by October 31st!**

MARK YOUR CALENDARS—Seniors: It's not too early to start thinking about graduation! The first day to order graduation announcements, class rings, letter jackets and senior gear will be FRIDAY, OCTOBER 12th from 10am to 1pm in the cafeteria. You may also order online using this [link](#).



Final School Picture Day Friday, October 5th



Were your eyes closed in your school photo? Did you miss school picture day entirely? If so, plan to have your picture re-taken on Friday, October 5th in the East Hallway between 8:30 a.m. - 1:30 p.m.

Bring your first photo package to qualify for a retake. This will be the last opportunity for the 2018-19 school year to have your school photo taken.

Teacher of the Year

We are proud to announce that we will open the nominations for the 4th annual Teacher of the Year recognition at Parent-Teacher Conferences on October 17. This online nomination will remain open through Thanksgiving break and close November 25th. The Arapahoe High School Teacher of the Year is someone who is an exceptionally dedicated, knowledgeable, and skilled teacher who is recognized by our community for exemplifying the ability to:

DELIVER RESULTS: Deliver results to students and Arapahoe community;

FOSTER TEAMWORK: Promote collaboration in the classroom and in the department while inspiring students, colleagues, and the community with a positive vision for Arapahoe and its future;

MODEL CHARACTER: Demonstrate integrity, honesty and courage, and treat others with dignity and respect;

DEMONSTRATE GROWTH MINDSET: Make thoughtful decisions, show sound judgment, exemplify professionalism and reflect upon practice.

Please consider nominating one of our outstanding teaching staff for this honor!

News from Student Council

AHS Student Council thanks our amazing community and supportive parents for another exciting **Homecoming** celebration! We would not have been able to organize our events without your help. Congrats to the boys/girls swim team for earning the first place vote for best homecoming float and to the class of 2019 for winning the best class float this year.

The Freshmen Class is sponsoring a **Canned Food Drive** to help stock the food bank at Field Elementary, an LPS school. In addition to collecting money in Tribe, students are encouraged to bring cans of food to school. Stay tuned for more information. Please contact Kirsten Warner kwarn@lps.k12.co.us or Michelle Crookham mcrookham@lps.k12.co.us with any questions.



News From The Art Department

The **Art Club** has been working hard this year, already completing their neon 80's float for the "Dancing Through the Decades" themed Homecoming parade! They've also begun brainstorming for this year's mural design, which will be painted next to last year's mural in the Art Hallway. Art Club meets every Thursday in room E-1283 right after school from 3:30—4:30 p.m., and new members are always welcome, so stop by to join in on the fun!

Our **Annual fall art show** will be on display in the East wing of the building beginning October 23, so stop by to check out all of the wonderful artwork students have been working on so far this school year!

Our first "**Artist of the Month**" for this 2018-2019 school year is Karishma Kramer. You can see her work currently on display on our Artist of the Month bulletin board by the main office. Congratulations Karishma!



Arapahoe **DECA's** competition season is just around the corner! We're in need of volunteers to help judge the role play events. No experience is necessary, training will be provided. If interested in judging please contact Erin Grantham at egrantham@lps.k12.co.us. Judges are needed at the practice competition at the Arapahoe County Fairgrounds on October 23rd from 8am - 12pm and at our district competition at CU South Denver on December 3rd from 8am - 1pm.

You're Invited.... Dodgeball Don't miss the annual DECA Dodgeball tournament with career inspired themes! This event is open to parents, students, and family spectators. The tournament is on October 24, 2018. Opening ceremonies will begin at 6 pm and pool play will begin around 6:15 pm in both gyms. Admission is only \$3 per person. You don't want to miss this exciting event!



Future Business Leaders of America (FBLA) Events:

Leadership/Community Service: We are teamed up with Key Club organizing Trick or Treat Street for the Rocky Mountain Down Syndrome community. Students decorate rooms with a theme, give out candy and play games with children.

Leadership/Competition: Members are determining what events that they would like to compete in at our District Leadership Conference on February 5th. All members must have their paperwork and dues paid to participate in the competition by October 25th, 2018.

FBLA is open to **all** grade levels and has over 60 different competitions. Competitions can be a project, a test or a speaking presentation. Please join us for our next meeting on October 10th in the Forum from 3:40 - 4:45 p.m.

Important Upcoming Dates:

October 10—Competition information meeting to determine what is right for you!

October 13—Shred a Thon located in the East parking lot from 9 a.m.—12 p.m.

October 24—Trick or Treat Street Sign up and Pumpkin Decorating Contest

October 25-26—March of Dimes Fundraiser, coins allow you to vote for your favorite pumpkin

October 27—Trick or Treat Street Community Service Event

Shred a Thon
Arapahoe Future Business Leaders of America
Saturday, October 13th, 2018 from 9:00 A.M.—12:00 P.M.
Arapahoe High School East Parking Lot
\$10 per box

Performing Arts Department ~ Students of the Month

The Performing Arts Department would like to recognize and thank the following outstanding students who were named Students of the Month for October 2018:

Vocal Music: Eden Goodiel
Instrumental: Hannah Poole
Theatre: Ethan Morgan



Again, thank you for sharing your talent, energy, and time.



Arapahoe High School

2018 -2019 Performing Arts Department Calendar

October 11-13	<i>The Brothers Grimm Spectaculathon</i>	7:00 pm
November 15	Band & Orchestra Concert	7:00 pm
December 4	Company Showcase	7:00 pm
December 11	Choir Concert	7:00 pm
December 10	Theatre Topics Improv Show	7:00 pm
January 15	5th Grade APA Showcase	During School Day
January 17-18	<i>Grease!</i>	7:00 pm
January 19	<i>Grease!</i>	2:00 pm & 7:00 pm
February 14	Choir Variety Show	7:00 pm
February 21	2nd Grade Choir APA	During School Day
February 28	Band & Orchestra Concert	7:00 pm
April 5-6	<i>The 39 Steps</i> - Company Show	7:00 pm
April 17	Drama Club Show - TBD	7:00 pm
April 27	Band & Orchestra Concert	1:00 & 3:00 pm
May 8	Company Showcase	7:00 pm
May 14	Choir Concert	7:00 pm
May 16	Dept. Awards Ceremony	7:00 pm

AHS Warrior Media Information

The Herald Student News Magazine Nominated for Top National Award

The Herald student news magazine from 2017-2018 was one of 67 outstanding student publications named as a Pacemaker finalist by the National Scholastic Press Association.

"The Pacemaker is the association's preeminent award," said Laura Widmer, executive director. "NSPA is honored to recognize the best of the best."

The NSPA Pacemaker award has a rich tradition and the association started presenting the award to high school newspapers a few years after the organization was founded in 1921. Throughout the years, yearbooks, magazines, online sites and broadcast programs were added to the competition.

The 67 Pacemaker finalists represent 24 states and England. Arapahoe was the only school from Colorado named as a finalist.

In all, 260 student news publications entered the Pacemaker competition. Two teams of three judges devoted two days to the judging and studied every entry discussing its strengths and weaknesses. When the process was finished, the 67 Pacemaker finalists were named. From that group, 28 will earn the Pacemaker award placing those publications in the top 10 percent.

In addition to demonstrating excellence in key areas including coverage, writing, editing, design and photography, the winning newspapers took risks and served as a strong voice for its student audience.

Pacemaker finalists will be recognized and the Pacemaker winners will be announced at the JEA/NSPA Fall National High School Journalism Convention, Nov. 1-4, 2018 in Chicago. For complete details, and to view images of the front pages, visit: <http://studentpress.org/nspa/2018-newspaper-pacemaker-finalists-announced/>

Warrior Media Does Well at State Level

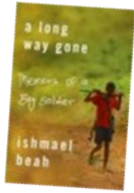
AHS student journalists also won several awards at the annual Journalism Day convention on Sept. 27 at CSU. The Colorado Student Media Association presented the following awards: Best of Show 1st place to ArapahoeXtra.com for Online News, Best of Show 2nd place to Calumet Yearbook (photos by Declan Palmer & Austin Schlaver), All-Colorado Award to 2017-18 Calumet Yearbook, Award of Commendation to 2017-18 The Herald News Magazine, and Award of Commendation to 2017-18 ArapahoeXtra.com website.

Class of 2019 ~ Yearbook Senior Ads Information

It's time for parents and friends of seniors to create their senior memory ads. Senior memory ads are placed in a section of the yearbook reserved especially for parents and friends to congratulate their graduate. Memory ads can be created for individual seniors, for best friends or groups of friends, or for seniors who are members of an athletic team or extracurricular club. A favorite format has been a toddler or baby picture paired with a senior photo together with a special message from parents, siblings or friends.

Senior Memory Ads are due by Monday, Oct. 22, 2018. More info at this [link](#).

If you have questions about senior ads, contact us at arapahoeyearbook@gmail.com, or for any other questions, please contact the yearbook staff at arapahoeyearbook@gmail.com.



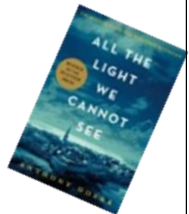
GALE
GLOBAL ISSUES
 IN CONTEXT

Global Issues
 Health
 Law
 Medicine
 Politics
 Science
 World Geography
 World History
 World Religions
 American History and Education

OXFORD
 UNIVERSITY PRESS
 American National Biography Online
 Oxford Reference Online Premium
 Social Explorer



Flipster
 Discover Health,
 Newsweek Global
 People—Edición en español
 Poetry
 Popular Science
 TransWorld Motocross



EReaders, ebooks and Digital Audio Books are available from the Arapahoe High School Library to all AHS students!

Digital technology has expanded in the Arapahoe High School Library with the use of eReaders. These devices are free of charge and can be checked out for 21 days.

E-books may be accessed through a browser by going to the [Destiny Discover link](#) found on the [AHS Library webpage](#). Students login using their school email username (XXX@psk12.org) and their email password. Available titles include popular and new fiction, along with fiction and nonfiction titles specifically selected to support curricular needs on a wide range of topics such as economics, forensic science, government, health, and personal finance, just to name a few.

In addition to using a browser, students may use the [Destiny Discover App for eBooks](#). The app is Android, Apple iOS, Kindle, Mac OS X, Nook, and Windows compatible. It uses the same login as the Universal Search page. The app permits users to not only read e-books but to also listen to digital audio books. eBooks and audio books may also be accessed free of charge through your local public library app, along with the use of the [Overdrive app](#).

How to Access Online Subscription Resources using your personal computer

Getting to these resources while using your personal computer couldn't be easier. Simply click on the "[AHS Library Subscriptions Page](#)" Link. Than click on "[Library Subscriptions](#)". When outside of AHS enter the username "[ahsonline](#)" along with the password "[arapahoe](#)" (these are case sensitive).

You will now have direct access to all of the resources listed in this article. If you have any questions regarding these resources please contact Mrs. Rice, at either (303)347-6038 or mplath-rice@ps.k12.co.us.

ROSEN digital >>>

Rosen Teen Health and Wellness



Remember to return your one-day issue AHS Chromebook laptop or power cord by 3:30 p.m. on the day the item was checked out.

If the item is not returned on the day of checkout, there will be a fine of \$3 incurred for each day the item is overdue.

Arapahoe Toms

The 2018-19 Arapahoe Toms season is well underway! Under the leadership of Varsity Head Coach Brandi Carlson, the Varsity team secured their bid to Nationals in Orlando with an excellent performance at the UDA Camp in July after spending many hours training last summer.

Part of pursuing excellence in all things also involves team community service; the Toms have volunteered for a MOPS (Mothers of Preschoolers) International promotional video, Race for the Cure, and the Light The Night Walk for the Leukemia and Lymphoma Society.

After a full week of providing Homecoming spirit at multiple events, the JV and Varsity Toms teams have been hard at work to support the Arapahoe Volleyball and Football teams and are looking forward to supporting the Basketball program this winter.

Coach Katie Zimmerman continues to provide strong leadership to the 10 members of the JV Toms team; she also assists Coach Carlson with the training of the 14 Varsity Toms dancers. Senior Captains Brooklyn Schelhaas and Ashlyn Fetterley are focused on implementing the teams overall theme of Trust, Commitment and Love, as the girls anticipate the upcoming competition season.

Upcoming Competitions:

- USA Competition at Legacy High School 11/3/18
- Centennial League at Smoky Hill High School 11/8/18
- UDA Regionals at The National Western Complex 11/10/18
- State at The Denver Coliseum 12/8/18
- Nationals at Wide World of Sports, Orlando FL 1/30-2/4/19





The Coffee Break

Deputy James Englert and Deputy Dan Tipton
School Resource Officers, Arapahoe High School



Let's Have A Great and Safe School Year!

Please feel free to contact us at:

jenglert@lps.k12.co.us and dtipton@lps.k12.co.us

303-347-6086

or 303-347-4092

Parents, I need your help... a big problem we keep hearing about is underage drinking. I know this isn't every parent, but I have heard of several situations where parents gave alcohol to their child and child's friends. Recently I investigated the details and wanted to share the laws with everyone so you aware.

Parents, it is illegal to give alcohol to your child's friend who is under 21, even in your own home, and if you have the child's parent's permission. You may not sell, serve, give away, dispose of, exchange, deliver, permit the sale, serve, give, or procure alcohol to anyone under the age of 21. If you are charged with these acts, the maximum penalty is up to 1 year in jail, probation, and a fine. You can also be civilly liable for a teen who is caught after leaving your home where alcohol is served.

You cannot induce, aid, or encourage a child to break any law. This can be deemed as "Contributing to the Delinquency of a Minor", a Class 4 **FELONY**. If convicted of a class 4 **FELONY**, you could face prison time of 2-8 years, up to 3 years of parole, fines of \$2,000-\$50,000 and the loss of your driver's license.

What you can do as a parent: If your child has a party, refuse to supply alcohol, be home, be involved in the party, limit the number of guests and don't allow guests to come and go. If your teenager is attending a party, know where the party is and how long he or she will be there. Contact the parents of the party giver.

Teens: It is illegal for minors to have, hold, own, or have custody of any alcohol within their immediate presence or control. Even if you are not drinking, but you are at a party where others are drinking, you can receive a minor in possession charge. **The only exception to the rule is** The Safe Haven Rule: Minors who call 911 and report that another minor is in need of medical assistance due to alcohol consumption, provide their names to the 911 operator, and stay on scene until assistance arrives. **For more information go to www.assetsconnect.org.**



SERVING WITH INTEGRITY

ARAPAHOE

David C. Walcher, Sheriff



SHERIFF

SINCE 1888



Alive @ 25 Class

Free for AHS Students

Wednesday, November 14, 2018

3:45pm-8:15pm (bring a snack)

At AHS in room W1874

Register at <http://aliveat25.us/>

Password is arapahoe

Alive at 25 is a highly interactive program that specifically targets young drivers between the ages of 15 and 24 and encourages them to consistently practice safe and defensive driving habits. Traffic crashes are the leading cause of teen fatalities, accounting for 44% of teen deaths in the United States. The program utilizes workbook exercises, interactive media, group discussions, role-playing, and lectures to help drivers develop the lifesaving defensive driving skills and strategies which will keep them safer on the road. All young people, ages 15-24, in the community are eligible to participate in Alive at 25. For further information on how to use this certificate to obtain a driver's permit, please [click this link](#).

If you miss this class, check the school's website for the next class available to Arapahoe students. For questions, call Deputy James Englert at 303-347-6086.

Arapahoe High School

Freshman Showcase Class of 2023



December 3, 2018

6:00 P.M.— 8:00 P.M.

Sitting Eagle Gymnasium

- ◆ Welcome from Principal, Mrs. Natalie Pramenko
- ◆ Visit areas of academic or extra-curricular interests
- ◆ Learn about exciting programs offered at AHS



A community event to promote a healthy and active lifestyle while building support for Littleton Public Schools.

Sunday, October 28, 2018

An event for everyone

Event starts and finishes at:

Littleton Museum
6028 S. Gallup Street
Littleton, CO 80120

Schedule of Events:

Race Day Registration	7:00 am—9:30am
10K Run/Walk	8:00 am
5K Run/Walk	8:30 am
Kids Fun Run	9:30 am

Please Join Us!

For more information and to register, visit:

RunTheStride.com



All 5K & 10K participants will receive this awesome long-sleeved performance shirt as shown here →

NOTE: Fun Run participants receive a special finisher ribbon. Shirt not included.



All proceeds from this event benefit the LPS Foundation. LPSF has provided over \$6 million in funding to support district-wide programs, health & wellness initiatives and teacher classroom grants. Dedicated to making the educational experience the best for ALL students, LPSF will continue the tradition of funding programs that provide equity and promote academic excellence.

ATTENTION:

Do You have documents you need shredded? Do you have paint you want to recycle? Do you want to check out an amazing car show?

Come to the Arapahoe High School parking lot on Saturday, October 13th and DO ALL THREE!



Charity Car Show
Arapahoe High School's 2nd Annual Fall

Come check out awesome cars for a good cause!
Suggested Donation only \$5
All proceeds go to Toys For Tots

Saturday, October 13th
9am - Noon

At Arapahoe High School West Parking Lot

Questions - jhs@whome@hs.k12.co.us

House Paint Recycling Event



Get rid of your old, unwanted paint!

Date: Saturday, October 13th, 2018

Time: 10AM to 2PM

Location: Arapahoe High School
2201 E. Dry Creek Road - Centennial - 80122

Neutralizing Job.

*Greenbeam team will be onsite for paint collection

Paints that are accepted

- Acrylic latex
- Latex paints
- Water based paints
- Water based primer



We will not accept

- Alkyds
- Enamels
- Polyurethanes or urethanes
- Oil based paints
- Any other flammable



Your cash donation will support the Arapahoe High School Baseball Team!



Shred-A-Thon

Fundralser

Arapahoe Future Business Leaders of America

Saturday, October 13th, 2018



9:00 A.M.-12:00 P.M.

**Arapahoe High School, 2201 E. Dry Creek Rd.
Located on the East side of the school**

- ~\$10 per copy paper shred box or 3 boxes for \$25
- ~Shred check stubs, credit card offers, receipts, outdated tax documents, etc.
- ~Defend yourself against fraud and identity theft
- ~ Professional shredding truck on site so that you can see your documents shredded

Shred what you don't want read!

checklist and cash accepted

All LPS high school students are invited to

Step Up and Speak Out

at the 8th Annual



Ask your language arts teacher for more information about the workshops with national champion slam poet Jovan Mays!

November 13th - 7pm

Ames Facility 7300 Cleremont Dr.

**Sponsored by Littleton Public Schools
& the LPS Foundation**

LPS: WE ARE STRONGER

AN INTRODUCTION TO SOURCES OF STRENGTH IN LPS

We all need strengths in our lives. We know that hope, resiliency and positive connections can spread powerfully to help protect us from life's challenges. Come join us at a special event to hear how Littleton Public Schools is being transformed by a new approach led by youth.



- *What are the protective factors that get us through difficult times and help prevent stress, substance abuse and suicide?
- *What can parents do to help their kids become strong, resilient and healthy?
- *Hear from LPS students about how they are spreading a message of hope, help, and strength!
- *Learn about the Littleton Sources of Strength program and how you can get involved.



**SOURCES
OF STRENGTH**

October 29th 7:00-8:30pm

**South Fellowship Church
6560 S. Broadway
(just behind McDonald Hyundai)**

Light Refreshments Provided

For more information or special accommodations, please contact Jon Widmier at jwidmier@lps.k12.co.us.

Thanks to the Littleton Public Schools Foundation and the Littleton Adventist Hospital Foundation for their support of this initiative.

2018-2019 Dates to Remember:

Wednesday, October 03, 2018	- TRIBE Schedule
Wednesday, October 17, 2018	- Parent/Teacher Conferences - 4:00 p.m. to 9:00 p.m.
Thursday, October 18, 2018	- In-Service – NO STUDENTS
Friday, October 19, 2018	- NO SCHOOL
Wednesday, October 31, 2018	- TRIBE Schedule
Friday, November 09, 2018	- End of Six Weeks
Monday, November 12, 2018	- Mandatory Winter Athletic Night for Parents & Students
Wednesday, November 14, 2018	- TRIBE Schedule
Monday, November 19-Friday, November 23, 2018	- Thanksgiving Break
Monday, December 03, 2018	- Freshmen (Class of 2023) Showcase
Wednesday, December 05, 2018	- TRIBE Schedule
Tuesday, December 18-Friday, December 21, 2018	- Final Examinations
Friday, December 21, 2018	- Semester Ends/Last Day for Students
Monday, December 24-Friday, January 04, 2019	- Winter Break
Monday, January 07, 2019	- In-Service – NO STUDENTS
Tuesday, January 08, 2019	- First Day Second Semester
Wednesday, January 16, 2019	- TRIBE Schedule
Monday, January 21, 2019	- Martin L. King Day – NO SCHOOL
Wednesday, January 30, 2019	- TRIBE Schedule
Wednesday, February 13, 2019	- TRIBE Schedule
Friday, February 15, 2019	- End of Six Weeks
Monday, February 18, 2019	- Presidents' Day Holiday – NO SCHOOL
Monday, February 25, 2019	- Mandatory Spring Athletic Night for Parents & Students
Thursday, March 07, 2019	- Parent/Teacher Conferences - 4:00 p.m. to 9:00 p.m.
Friday, March 08, 2019	- NO SCHOOL
Monday, March 11-Friday, March 15, 2019	- Warrior Week
Wednesday, March 13, 2019	- TRIBE Schedule
Monday, March 25-Friday, March 29, 2019	- Spring Break
Friday, April 05, 2019	- End of Six Weeks
Monday, April 15, 2019	- Freshman (Class of 2023) Registration
Wednesday, May 01, 2019	- TRIBE Schedule
Saturday, May 04, 2019	- Prom/After Prom
Friday, May 17, 2019	- Last Day for Seniors
Monday, May 20, 2019	- Final Examinations/Senior Awards Convocation
Tuesday, May 21-Thursday, May 23, 2019	- Final Examinations/Last Day of School
Friday, May 24, 2019	- NO SCHOOL/End of Six Weeks
Saturday, May 25, 2019	- GRADUATION Class of 2019, 1:00 p.m. at D.U.

Parent-Teacher Conferences

October 17, 2018 - 4:00 p.m. – 9:00 p.m.

Main & Auxiliary Gymnasiums

As a school community, a core value we share is strong communication between Arapahoe High School and your home. All Arapahoe teachers, counselors, and administrators have made a commitment to be in attendance. No appointments are necessary.

In order to allow our teachers to effectively communicate with all parents, please honor the 5 minute time limit. As always, all teachers are available by appointment if your conference requires more time. Questions? Please call 303-347-6000.

Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services. The following individuals have been designated to handle inquiries regarding the non-discrimination policies: Michael Jones, Assistant Superintendent of Human Resources or Melissa Cooper, Director of Special Education and Student Support Services; Littleton Public Schools; 5776 S. Crocker; Littleton, CO 80120; 303-347-3330