

ARAPAHOE DRUM BEAT



Natalie Pramenko, Principal
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Arapahoe High School
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Main Office: 303-347-6000 • Fax: 303-347-6004
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Night Attendance Line: 303-734-6500

Vision Statement

A leading school where excellence and tradition meet innovation

Mission Statement

To provide: a community of collaborative learning, rich culture, and meaningful relationships that prepares each student for their future

Dear Arapahoe Parents,

October 2016

The first full month of school was definitely an exciting one. We ended September with excitement as we held our annual **Arapahoe Homecoming Week!** All of our events are designed to provide positive memories for our Warriors and enhance their comprehensive high school experience. **Thank you all so much for your continued support of our Homecoming events.** The talent show, DECA BBQ, bonfire, parade, dance and many athletic events would not be possible without the enthusiasm of the entire Arapahoe community. A huge shout-out to all members of our **Arapahoe Student Council**, under the leadership of sponsors **Audra Binney and Shannon Kershaw**, for the organization of this wonderful tradition-filled week!

After the excitement of Homecoming comes to an end, the reality and pressures of the classroom set in. Our main goal at Arapahoe is to prepare all of our students to be college and career-ready. Throughout the month of September, Arapahoe Guidance Counselors visited with each grade level in small meetings in the AHS Forum. **Freshmen** received a message about starting strong and how poor grades their freshman year can negatively affect their transcript. **Sophomores** were taught how to access Naviance early and encouraged to get in and navigate the website before their junior year. **Juniors** are preparing to take the **PSAT on Wednesday, October 19, 2016**. They are also encouraged to use Naviance to begin the college search process. **Seniors** are busy signing up for the national SAT and ACT as well as madly preparing their college applications. Senior parents, Arapahoe will be presenting our annual **Financial Aid Night** hosted by our guidance counselors and post grad specialist on **Monday, October 10, 2016**. Dates and further information on all of the 2016-2017 national testing can be found in the Guidance Center section of this issue of the *Drum Beat*. As always, please contact your student's counselor or our Post Grad Center if you have any questions.

Though the Colorado Commission on Higher Education sets minimum course requirements (see below) for acceptance to colleges and universities throughout Colorado, it is clear from the data that **Arapahoe students far exceed these minimum requirements**. We highly encourage seniors to keep a rigorous and challenging course load all the way through their final year of high school.

These requirements set by CCHE are backed by research that shows that fewer than forty percent of college students complete their collegiate education. CCHE research further claims that, "Regardless of economic status, race, gender or high school program, the proportion of students receiving their bachelor's degree tends to increase with the completion of a rigorous pattern of high school courses taken." We also know that four strong years of preparation in the core academic areas also leads to a stronger performance on the ACT, SAT, and other college entrance exams.

- 40% of our students are enrolled in honors or advanced math courses: Honors Geometry, Honors Trigonometry, Honors Algebra II, Advanced Placement Calculus AB, Advanced Placement Calculus BC, Advanced Placement Probability/Statistics, Calculus I, Concurrent Enrollment Calculus, Concurrent Enrollment Statistics, Probability/Statistics, Trigonometry, Concurrent Enrollment Calculus III, and Finite Math
- 87% of our students take 2 or more years of a World Language
- 94% of our students take 3 or more years of Science
- 95% of our students take 3 or more years of Math
- 100% of our students take 4 or more years of Social Studies
- 100% of our students take 4 or more years of Language Arts



**Graduation Requirements
(Minimum Requirements)**

Subject	CCHE Requirements	AHS Requirements
Language Arts	4 years	4 years (35 credits)
Mathematics	4 years	2-4 years (4 years strongly recommended)
Science	3 years	2-4 years (3 years strongly recommended)
Social Studies	3 years	4 years (30 credits)
World Language	1 year	(2 years of the same World Language is highly recommended)
Other Academics	2 years	
Fine Arts		6 credits
Practical Arts		6 credits
Physical Education		12 credits (includes Health and Swimming)
Electives		Remaining credits to total 188

While we prepare every Warrior to graduate with a college-prep experience, we offer many attractive and meaningful elective courses and value our **comprehensive high school curriculum**. Course preparation in the arts, business, technology, physical education, and core-area electives produce a well-rounded individual. We also offer many **Career and Technical Education** classes designed to give students an experience in a potential future career path they may be interested in. [Please click here](#) for a full menu of the classes Arapahoe can make available to your Warrior! Arapahoe counselors can assist your student with details on how to register for one of these classes.

We value high academic preparation, and it is important to remember that alongside these high expectations there is a tremendous amount of support offered by all of the dedicated Arapahoe faculty and staff. Many departments have **targeted intervention programs** in place for students that are not meeting minimum requirements for classes. The **Academic Study Center** is available as a pass/fail class or as a place to drop in during the school day for assistance from teachers every period of every day. Teachers are available during unscheduled hours in **departmental offices**. Success and self-confidence are enhanced when a positive attitude and a solid work ethic are embedded in student efforts. When these values are supported in both the home and school environments, our Warriors have the best possible chance to achieve and succeed at a higher level!

Colorado Safe Schools Month 2016 is here! As part of an ongoing effort to promote a safe and healthy culture in all Littleton Public Schools, Arapahoe High School will participate in the **Comprehensive School Climate Inventory (CSCI)** throughout the month of October. The CSCI is a brief 15-20 minute, anonymous survey of students (grades 3-12) parents, and school-based staff to gather perceptions about the school environment. The survey includes questions about **safety, relationships, engagement, support for learning, etc.** The feedback we gather about our school climate will help guide efforts to provide supportive learning environments for all students. The survey is administered electronically, and **all results are completely anonymous** (no names are recorded, and no identifying information is attached to specific responses). In the coming days, we will reach out to all Arapahoe parents and guardians **with an email containing a link to the survey**. The survey window for parents will begin on **October 3rd** and will remain open **throughout the month of October**. Students and staff will complete this survey later this month during TRIBE (11/1/16) and a faculty meeting respectively. Please visit the LPS website for more detailed information about the survey content and for information on opt-out procedures. All opt-outs forms as well as questions for Arapahoe should be directed to **Mr. Brian Ceriani, assistant principal for student services** and **Arapahoe survey coordinator**.

Thank you for your continued support of Arapahoe High School. I look forward to seeing you at **Parent-Teacher Conferences** this month. We are also encouraging you to bring your son or daughter to participate in the dialogue with their teachers!

Sincerely,

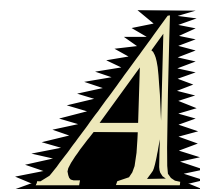
 Natalie Pramenko
 Principal

Arapahoe Students Receive Varsity Letter for Academics

The Arapahoe High School Faculty values student academic achievement. The Academic Letter "A" was created to honor that excellence, and was presented to the seniors and juniors listed below at a ceremony held at Arapahoe High School on the evening of September 19, 2016. Congratulations to the junior and senior students who have earned academic letters for maintaining a 3.5 or above cumulative grade point average throughout their first two or three years of high school.

Seniors

Jacob Anton	Scott Cooke	Justin Henderson	Morgan McNeill	Alexander Smith
Delaney Brummond	Jessica Cooper	Aspen Hensley	Chase Meili	Allison Smith
Evan Bunch	Emerson Courtney	Hogan Henz	Melissa Mendes	Delaney Smith
Peter Constas	Emma Cox	Nash Herman	Tyla Merrill	Kayla Smith
Andrew Evans	Shayla Curran	Benjamin Heronimus	Bettina Meske	Peyton Smith
Keegan Fulwider	Lauren Dafoe	Quinn Hess	Amelia Middleton	Ryan Snow
Katelin Godfrey	Andrew Darling	Allie Highsmith	Jake Miles-Colthup	Garret Snyder
Sean Jones	Angela Dean	Katherine Hill	Kai Mizuno	Sean Spindler
Colten Mendelson	Scott Dement	Brendan Hinckley	Payton Moody	Jack Stimson
Jacob Novak	Vivianna DeNittis	Justin Holmes	Chloe Moore	Michael Sullivan
Kelly Smith	Kennedy Dickie	Angelique Hults	William Moynihan	Isabella Sumner
Peter Strouse	Lillian Doan	Breanne Hunter	Chloe Myers	Melkorka Sverrisdottir
Alec Tiger	Jessie Dolan	Abigail Hustis	William Naumann	Carly Sweet
Walker Urban	Aubrianna Donhowe	Hannah Imhoff	Joshua Navarro	May Tang
	Benjamin DuFauchard	Caleb Ives	Katherine Neu	Zella Thomas
	Kaya Duncan	Joshua Jackson	Alicia Nguyen	Alexandra Thompson
	Kara Earnest	Sofia Jauregui	Ashley Nikkel	Anderson Thompson
	Owen Edmonds	Mackenzie Johnston	Matthew Nowlan	Bailey Thompson
	Sophie Engel	Abigail Jones	Morgan Oliva	Madeline Tice
	Andrew Erker	Isabelle Jones	Michael Oliver	Claire Todd
	Harper Finch	Zachary Jordan	Thomas Packer	Delaney Todd
	Abby Fisch	Ryan Jorgensen	Elizabeth Palmer	Aden Tomasson
	Russ Fisher	Andrew Jorgenson	Joseph Parsons	Diana Torralba Meza
	Emma Floyd	Annabel K	Mya Parsons	Anand Trehan
	Katherine Franklin	Sarah Karoussa	Matthew Paulsen	Robert Vaccaro
	Haley Galasso	Samuel Kemper	Madeline Pebbles	Denzel Patrick Valerio
	Molly Galloway	Henry Kline	Maggie Piazza	Anna Van Denend
	Gabrielle Gerle	Meredith Knudson	Elizabeth Pierpont	Hallie Varto
	Christopher Glance	Emily Koke	Seth Porter	Samantha Walker
	Lauren Goldy	Kinsey Kotsch	Kathryn Prazak	Kelly Waugh
	Nicolas Gomez	Anne Kristopeit	Aidan Price	Finnegan Webster
	Zachary Goodman	Rees LaBree	Aidan Quinn	William Weigl
	Ryan Gossman	Bianca Laratta	Cynthia Ramirez	Allie Wennerstrom
	Jessica Gouin	Isabelle Lawrence	Lauren Ramsey	Jordan Whitcer
	Abigail Grammer	Alyssa Leiby	Merrill Redfearn	Kira White
	Rachel Green	Corinne Leonard	Jacob Reed	Lauren Whittmore
	Abby Grier	Rafael Levy Diner	James Reed	Samuel Williams
	Madeline Gross	Haley Lewin	Caroline Riley	Stephen Wilvers
	Jake Groth	Hannah Lewin	Kassandra Robinette	Margaret Wortman
	Grant Guillot	Erin Lindblom	Grant Rosen	William Xu
	Abbey Gunnell	Camryn MacMillan	Kiran Rosengarten	Alex Yano
	Daniel Guo	Harper Maguire	Joshua Rowe	Justin Yenne
	Griffin Hampton	Tony Mai	Korbin Ruehle	Kirk Zieser
	Grace Hansen	Charles Maier	Lila Salley	Sophia Zuchegno
	Evan Hanson	Olivia Maloney	Natasha Sandalci	Scott Zusi
	Margaret Hanson	Lauren Marion	Jack Sanders	
	Jackson Harvey	Jacob Marker	Jackson Schoonover	
	Gwynne Haskins	Conrad Mata	Noelle Schramm	
	Collin Hayes	Morgan McArdle	Graham Schultz	
	Madeline Hays	Anna McCollister	Rebecca Schwisow	
	Courtney Helseth	Heather McGuckin	Rachel Searle	



Teacher of the Year

We are proud to announce that we will open the nomination for the second annual Teacher of the Year recognition at Parent-Teacher Conferences on October 19. This online nomination will remain open through Thanksgiving break and close November 28. The Arapahoe High School Teacher of the Year is someone who is an exceptionally dedicated, knowledgeable, and skilled teacher who is recognized by our community for exemplifying the ability to:

DELIVER RESULTS: Deliver results to students and Arapahoe community;

FOSTER TEAMWORK: Promote collaboration in the classroom and in the department while inspiring students, colleagues, and the community with a positive vision for Arapahoe and its future;

MODEL CHARACTER: Demonstrate integrity, honesty and courage, and treat others with dignity and respect;

DEMONSTRATE GROWTH MINDSET: Make thoughtful decisions, show sound judgment, exemplify professionalism and reflect upon practice.

Please consider nominating one of our outstanding teaching staff for this honor!

Parent-Teacher Conferences

October 19, 2016

3:00 p.m. – 8:00 p.m.

Main & Auxiliary Gymnasiums

As a school community, a core value we share is strong communication between Arapahoe High School and your home. All Arapahoe teachers, counselors, and administrators have made a commitment to be in attendance. No appointments are necessary.

In order to allow our teachers to effectively communicate with all parents, please honor the 5 minute time limit. As always, all teachers are available by appointment if your conference requires more time. Questions? Please call 303-347-6000.



From the Arapahoe Attendance Office

Important Attendance Procedures for Students and Parents

Daily attendance is extremely important to the success of students at Arapahoe. Please take a few minutes to familiarize yourself with the following procedures.

- **Student Passes:** Students must pick up their pass from the attendance office in order to leave during a class. If you are calling for your student to be excused during class, please request a pass with the time your student needs to leave. Allow enough time for your student to stop by the attendance office.
- All excused absences must be called in to the Attendance Office by a parent or guardian **within 24 hours**. We do not accept written notes.
- When calling the attendance line, please follow the recorded instructions, speaking clearly.
- If you are calling your student in for an excused tardy, call the attendance office, **but have the student report directly to class**. If they are more than 10 minutes late they can be marked absent.
- Pre-arranged absences must be processed at least three days in advance through the Attendance Office. After a parent calls the Attendance Office, the student must pick up the pre-arranged absence form to take to the teachers to collect homework assignments.
- Messages are delivered to students for emergency situations only.
- Absences for final exams: Parents must submit a request in writing to the school administration two weeks before the exam date for approval.
- If a student is marked absent for one or more classes, you will receive a computerized phone call.

To check student attendance, access the Infinite Campus Parent Portal.

For more information: Visit: <http://arapahoe.littletonpublicschools.net/> Or the AHS Student Planner. Please feel free to call us 7:00 a.m. to 3:00 p.m. at 303-347-6030.



ATTENTION SENIORS Don't miss being in your Senior Class Photo!

Thursday, November 3rd—First Period in the Main Gym.

All Seniors should be there. Don't miss being in the picture!

(For seniors wishing to order a photo of the class, order forms will be available at the time the photo is taken. The orders must be postmarked by Saturday, November 5 OR visit their website at www.BigClassPicture.com.)

News from Your PTO

Parent/Teacher conferences are approaching and we hope you will take advantage of this opportunity to meet with your student's teachers. Arapahoe High School teachers have great insights and offer valuable advice on how to help our students succeed. The PTO thanks all our teachers and staff for their hard work and constant dedication to our students.

When the PTO budget is approved in October, it will be posted on the Arapahoe PTO website. Thanks to your generosity, we are happy to continue many programs that have become staples at AHS and within the PTO, including the Teacher Grants Program. This month, teachers will submit grant applications, with final awards given in November. Your donations allow this program to benefit your students during **this** academic year. Thank you!

As always, a special thank you goes out to all the great volunteers! We would like to give a huge thanks to everyone who helped with Schedule Pick-up and Registration. Thanks to our Treasurer, Kimberly Lefever for organizing our budget, and to our VIPS Co-Chairs, Leisha Andersen and Mim Lyles, for gathering all our volunteer requests. In addition, thank you to our Hospitality Chair, Amy Eckhout, for ensuring our staff was well fed at the PTO Welcome Back Breakfast.

We had a great turn out for our first meeting, with many new faces. We would love to see you there! Our next meeting will be Tuesday, October 11 from 7:30-9:00am in the Main Office Conference Room. Please feel free to contact us if you have any questions.

Thank you again for your support.

Nancy Seavall
Kimberly Roberson
PTO Co-Presidents
Arapahoeapres.lps@gmail.com

After Prom

What takes 8 months to plan and 4 hours to enjoy? The much anticipated Arapahoe High School After Prom celebration! We are putting a call out to any and all who are interested in joining our talented leaders in helping put together the May 6, 2017, celebration. This event has enjoyed over 30 years of success only due to the involvement from our amazing school community. Whatever your talent or availability, we can use your help and enthusiasm. There will be an overview of what After Prom is and discussion of the various areas where you might choose to be involved. Please join us for the first planning meeting on **Tuesday, October 18 at 7:00pm in Room E1287** - the tiered classroom at the base of the stairs leading from the main office.

Arapahoe Historian Album

Do you have pictures or newspaper article clippings of your AHS student participating in a sport, club, school event, a special award, or any other AHS activity? We would love to include them in the **2016-2017 AHS Historian Album**. Please send your photos or articles to the AHS Main office, to the attention of **PTO Historian**. Please also include the approximate date and the event represented.

Thank you so much in helping us preserve Arapahoe High School's history.

Guidance Center Information

MOVING?

Please remember to notify the Guidance Center as well as the Attendance Office in the event of an address or telephone number change. **It is very important that the school learns of these changes as soon as possible. Thank you.**

NCAA/NAIA Compliance orientation and recruiting for Juniors and Seniors.—Tuesday, October 4th during 1st and 2nd Lunch in the AHS Forum. Bring your lunch. For more information and to sign up for this meeting, please stop by the Athletic or Counseling Office.

REGISTERING FOR SAT/ACT/NCAA/NAIA

Registration for the SAT, ACT, National Collegiate Athletic Association (NCAA), and National Association of Intercollegiate Athletics (NAIA) is now being done online. The web sites are as follows:

ACT - www.actstudent.org
SAT - www.sat.collegeboard.org
NCAA - www.eligibilitycenter.org
NAIA - www.playnaia.org

State ACT - April 11, 2017

ACT Test Dates	Registration Deadlines
October 22, 2016	September 16, 2016
December 10, 2016	November 4, 2016
February 11, 2017	January 13, 2017
April 8, 2017	March 3, 2017
June 10, 2017	May 5, 2017

SAT Reasoning/ Subject Test Dates	Registration Deadlines
November 5, 2016	October 7, 2016
December 3, 2016	November 3, 2016
January 21, 2017	December 21, 2016
March 11, 2017	February 10, 2017
May 6, 2017	April 7, 2017
June 3, 2017	May 9, 2017

SENIOR INFORMATION

Counselors met with seniors in the Forum on September 12 and 13 to provide information about college applications and specifics about the application process at Arapahoe. The PowerPoint presentation is posted on our website: lps2.it/AHSguidance.

JUNIOR INFORMATION

Counselors visited juniors on September 21 to disseminate information regarding future planning. Juniors can view the PowerPoint presentation on our website: lps2.it/AHSguidance.

SOPHOMORE and FRESHMAN INFORMATION

Counselors visited with sophomores on September 20 and Freshman on September 22 to discuss high school cumulative GPA, career/future planning, and high school curriculum. The PowerPoint presentation is posted on our website: lps2.it/AHSguidance.

PSAT - Wednesday, October 19, 2016

The Preliminary Scholastic Aptitude Test (PSAT) is designed to give juniors experience with tests similar to those required for college admission. The format has four sections: one reading, two math, and one writing. Additionally, the PSAT is used by the National Merit Scholarship Corporation to determine National Merit Scholarship Semi-Finalists. Other scholarship agencies also use the PSAT, and nearly all colleges/universities seek National Merit Semi-Finalists.

Registration for the PSAT began **Wednesday, September 28 and ends Thursday, October 13 in the Guidance Office. Cost: \$18.00 non-refundable fee. Payment and photo ID required to register.** October 19 is the only date that the PSAT will be given in the Littleton Public School district for the 2016-2017 school year. **Students will receive the Official Student Guide to the PSAT/NMSQT when they register.** Calculators may be used on the mathematics sections. The test takes approximately 3 hours 30 minutes. Results are reported to students in late December.

TIMES FOR PSAT

Students who are taking the PSAT **need to arrive at school by 7:00 a.m. and report to their classrooms no later than 7:10 a.m.** The test will begin promptly at 7:15 a.m.

BUSES FOR PSAT

The buses will run on the normal schedule for all students taking the PSAT. The buses will also run four hours later than normal for all students who are not taking the PSAT.

EARN COLLEGE CREDIT WHILE IN HIGH SCHOOL

Did you know that you can take college courses that count as both high school and college credit?

If you are interested, please attend an informational meeting regarding the Concurrent Enrollment Program on **Friday, October 14 in the AHS Forum during the lunch periods. Students—you may bring your lunch to the forum.** A representative from the Concurrent Enrollment Program will provide information on how to take part in this exciting program. See you there.

Connecting PSAT 10 to the SAT

In order to better prepare Colorado juniors for the SAT, Collegeboard has formed a partnership with Khan Academy. With the changes in state assessments, AHS sophomores will be taking the PSAT 10 on April 12, 2017 and juniors will be taking the SAT on April 11, 2017. Utilizing their PSAT 10 scores, students have the opportunity to sign up for Khan Academy's review program. In comparison to other test preparation programs, Khan Academy aims to provide free, optional, secure and personalized review to all Colorado students on their smartphones. Within the program, students can sign up to receive questions of the day and take practice tests; all designed from their personal PSAT 10 results. Please note that this review program does not replace classroom instruction, but can provide them with additional, free practice outside of class. For more information and to merge their Collegeboard account with Khan Academy, students should go to SATpractice.org.

MILITARY ACADEMY NOMINATIONS

All students seeking a Military Academy nomination to enter an academy Fall 2016 should be working on applications now. You will need one or more nominations from a senator or congressman. For **our Congressional District #6**, apply to Representative Mike Coffman, Senator Cory Gardner, and/or Senator Michael Bennet.

Go to the websites listed below and look for Service Academy nominations. Pay attention to instructions and all deadline dates.

Representative/Senator	Web Address	Application Deadline
Rep. Mike Coffman	www.coffman.house.gov	Oct. 7, 2016
Senator Michael Bennet	www.bennet.senate.gov	Oct. 7, 2016
Senator Cory Gardner	www.gardner.senate.gov	Application closed

COLLEGE & CAREER TEXT UPDATES FOR PARENTS

All classes were recently asked to join a texting group as an additional means of communication from AHS.

To join a texting group to receive information about important dates and other news for your class:

- In the message area text to 81010:
 - @34a473 (for seniors & parents)
 - @eh9f29 (for juniors & parents)
 - @c2a42c (for sophomores & parents)
 - @7gdg7 (for freshmen & parents)
- You'll receive a text asking you to reply with your full name, so we know who you are. Please reply with your full name (ex. John Smith).
- You'll receive periodic texts regarding important upcoming dates & deadline, special events at AHS (such as Financial Aid Night) and more!

Open Enrollment Information

Arapahoe High School is accepting Open Enrollment Applications for the **2017-2018 school year only**, for students entering grades 9-12. An application form and other information may be picked up in the Arapahoe Main Office, or by [clicking here](#). Any questions may be directed to **Mrs. Clark, Secretary to the Principal**, at 303-347-6023. **The deadline for submitting an application for the 2017-2018 school year is January 31, 2017.**

Reminder

To parents of students presently attending Arapahoe and living out-of-district
(outside of Littleton Public Schools):

Please look for your "Intent to Renew Enrollment Google Form" in your email. Please complete the Google Form by January 31, 2017. If you have questions, please contact Mrs. Clark, Secretary to the Principal, at 303-347-6023. Thank you.

Hey, Juniors!

PSAT TEST

Arapahoe High School

Wednesday, October 19, 2016—Arrive by 7:00 a.m.

Sign up in the AHS Guidance Center September 28–October 13

Bring \$18.00 and your photo I.D. when you sign up.

• How to Prepare:

- Study the Official Student Guide to the PSAT/MNSQT; review, study, and receive test-taking tips at www.collegeboard.org
- Talk to your AHS Math and Language Arts teachers about FREE test prep sessions offered here at AHS:
 - Math, October 10 & October 13
at 6:30 a.m. in S1423 & S1425
 - Language Arts, October 11 & October 14
at 6:30 a.m. in E1287

**Classroom assignments will be posted in the cafeteria on
Monday, October 17**

Important notes for testing day:

- Cell phones **NOT** allowed
- Bring Photo I.D. (driver's license or AHS student I.D.)
- Bring Two #2 pencils with erasers—No mechanical pencils!
- Bring a Calculator—See PSAT Student Guide for acceptable models



**Attention Arapahoe High School
Parents and Students**



PSAT Examination

Wednesday, October 19, 2016

Late Start (11:20 a.m.)

For Freshmen, Sophomores, and Seniors

Wednesday, October 19, will be an adjusted schedule for ALL AHS students due to the administration of the PSAT to our junior class. (Sophomores may also take the PSAT with our Juniors.)

Juniors (and interested Sophomores) who pre-registered for the PSAT will report to their assigned rooms between 7:00 a.m. and 7:10 a.m.

PSAT Testing will be 7:15 a.m. – 10:50 a.m.

Lunch for test takers will be 10:50 a.m. – 11:20 a.m.

11:20 a.m.—School Day Begins for ALL STUDENTS

Period 1	11:25 - 11:49
Period 2	11:54 - 12:18
Period 3	12:23 - 12:47
Period 4	12:52 - 1:16
Period 5	1:21 - 1:45
Period 6	1:50 - 2:16

REGISTRATION—September 28-October 13
Students wishing to take the PSAT (the cost is \$18) should visit the AHS Guidance Office to register with Mrs. Ives to receive their ticket.

Buses will run on the normal schedule (for students taking the PSAT)
AND four hours later than normal (for all students NOT taking the PSAT).

Last year nearly 630 Arapahoe Juniors and Sophomores volunteered to take this nationally recognized examination. It is preparation for College Board examinations, can produce scholarship money, and is the only exam that qualifies students to attain National Merit Scholar status, when taken during the junior year. We are encouraging every AHS junior to take the PSAT.

In order to provide the maximum opportunity to our Juniors, we are offering the PSAT during our school day at AHS. Please call 303-347-6010 if you have any questions.



Post Grad Center

FINANCIAL AID NIGHT: Learn about the TWO major changes that affect filing for Financial Aid this year!

Come to **Financial Aid Night on Monday, October 10th from 6-7:00pm** in the Arapahoe High School theater. Erika Walters, a Financial Aid Advisor at the University of Denver, will be our guest speaker and will provide information to help students and parents understand the types of Financial Aid that are available, what information is needed to file, the filing for both public and private schools, and more. After her presentation, there will be time for a question and answer session.

CAREER FAIRS: There are multiple career fairs taking place this month. Use these opportunities to learn more about particular programs of study or career pathways by attending a fair on First Responders, Military Exploration, Future Teacher Expo, Majors Fair, Engineering State of Exploration, and an International College Options Fair. Click on this [link](#) to the Career Events page on the Post Grad Center website for details on each of these events.

COLLEGE FAIRS: There are still a few more **College Fairs** taking place this fall. College Fairs provide students and parents with the opportunity to connect with college representatives from across the country. Carve out time to attend this fall as the next College Fair is a single date in the spring. Go to this [link](#) to see a list of colleges attending and to pre-register, which offers a time saving feature. Sophomores, it's not too early! Juniors, you're just in time! Seniors, one final look! For those interested in International Colleges, be sure to look at the last one on the list!

COLLEGE VISITS: In addition to meeting students at off-site college fairs, college representatives also host College Visits @AHS! At these college visits, reps meet with students in a small group setting to tell them about their school, to answer questions, and to get to know their potential applicants. Often, these are the reps who will be reading student applications and will be weighing in on the admissions decision. Check Naviance (colleges tab) for the full listing and to sign up. Students must also pick up a blue pass.

This semester, **sophomores have Post Grad appointments** during an off hour to be introduced to Naviance Family Connection, a web based college planning program. Students receive appointment invitations in class and are reminded by email and a phone call. This appointment helps student personally and helps them meet graduation guidelines that require documentation of progress on their Individualized Career and Academic Plan.

The Post Grad Center is open from 7-3:30. Encourage your student to take advantage of different events as they are offered!



Arapahoe High School Financial Aid Night Monday, October 10th from 6-7:30pm AHS theater



Do you have a college bound student?
How will you pay for college?

Come to the Financial Aid Night to learn about types of aid such as scholarships,
grants, work study, and loans.

Prepare to file the FAFSA and/or the CSS PROFILE.

Who should apply?

What documents do you need?

What counts as an asset?

The window to apply begins October 1st...be prepared!!

Get these questions answered by Erika Walters,
DU Financial Aid Advisor



Are you interested
in learning about opportunities
in the U.S. Military?
Enlisting?
ROTC?
Military Academies?

MILITARY EXPLORATION WORKSHOP

October 5, 2016

@ Littleton High School

7am-7:30am Breakfast

7:30am-10:30am Workshop Sessions

High school students attending Littleton Public Schools, Englewood Public Schools and Sheridan Public Schools along with their parents & guardians are welcome!

Special Guest:
Representative Mike
Coffman
All four major
branches present!

Register at:
<https://www.surveymonkey.com/r/militaryexplorationworkshop>

Colorado 14th Annual



Future Teacher **Expo**



SAVE THE DATE

October 7, 2016
Boulder

October 18, 2016
Colorado Springs

University of Colorado Boulder
edadvise@colorado.edu

University of Colorado Colorado Springs
czomchek@uccs.edu

Hosted by:



University of Colorado
Boulder
SCHOOL OF EDUCATION



College of Education
UNIVERSITY OF COLORADO COLORADO SPRINGS

Participating and sponsoring colleges may include:

Adams State University, Arapahoe Community College, Colorado College, Colorado Mesa University, Colorado Mountain College, CSU Fort Collins, CSU Pueblo, Community College of Denver, CU Boulder, CU Colorado Springs, CU Denver, Fort Lewis College, Front Range Community College, MSU Denver, Red Rocks Community College, Regis University, Rocky Mountain College of Art + Design, Student Teacher Residency, University of Denver, University of Northern Colorado, Western State Colorado University.

OCTOBER 30 2016

The STRIDE

Sponsor Opportunities Available

Keeping Littleton Public Schools Moving Forward!



Sunday, October 30th. Join us for The Stride

The Stride is an exceptional event that focuses on bringing together Littleton Public Schools and the local community to focus on health & wellness as well as encourage school spirit. In its 21st year, The Stride offers a one of a kind, incredibly fun and unique experience for all ages! The main objective of this event is to promote a healthy and active lifestyle for families and our community as well as build partnerships and increase financial support for Littleton Public Schools.

The Stride, presented by Littleton Adventist Hospital, is a 10K & 5K run/walk and offers a Kids Fun Run too. All ages are encouraged to participate and there is something for everyone at The Stride! Whether you are a seasoned runner ready to take on one of Denver Metros' most challenging 10K courses, a beginning runner focusing on your first 5K, or somebody who likes to go on fun walks with friends; there is fun to be had for the whole family! For more information and to register visit www.runthestrider.com.

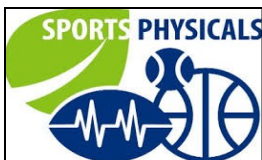
Simply register for your favorite LPS school and help them win a \$1,000 grant from the LPS Foundation!

ATHLETIC OFFICE HEADLINES

WINTER SPORTS ONLINE REGISTRATION

Winter Sports Online Athletic Registration will open soon. Log on to www.ahswarriors.org and follow the instructions on the Home Page to sign up for Boys Basketball, Girls Basketball, Wrestling, or Girls Swim/Dive. Please return a completed PHYSICAL form signed by your physician to the Athletic Office. If your medical provider has an alternate PHYSICAL form, you may use their form. All physicals must be current (within 365 days) to obtain your pink card for final clearance.

"Pink Cards" will be distributed in the **AHS Cafeteria** as follows:



Wednesday, October 12: 2:15pm-2:45pm

Wednesday, October 26: 2:15pm-2:45pm

Wednesday, November 2: 2:15pm-2:45pm

Monday, November 7: 10:30am-12:10pm

Tuesday, November 8: 10:30am-12:10pm

Wednesday, November 9: 10:30am-12:10pm

Thursday, November 10: 10:30am-12:10pm



"IT'S A GREAT DAY TO BE A WARRIOR!"



The Coffee Break

Deputy James Englert and Deputy James Mason
School Resource Officers, Arapahoe High School

Did you know...

Each day in the United States, over 8 people are killed and 1,161 injured in crashes that are reported to involve a distracted driver.

At 55 mph, the average text takes your attention off the road long enough to cover a football field.

Drivers under the age of 20 have the highest proportion of distraction-related fatal crashes.

Students who frequently text while driving are more likely to either ride with a drunk driver or drink and drive. (https://www.cdc.gov/motorvehiclesafety/distracted_driving/)

October is safe schools month. The week of October 10th-14th we are going to focus on teen driving. On the 10th I'll be teaching an Alive@25 class at the school, for students who sign up (see information below). We plan on having teen driving information to hand out during lunchtime. We are also going to have the Alive@25 "crash car" here on the 11th. We will have pedal carts for the students to attempt to drive/text while wearing "drunk goggles".

With the help of the counselors, this is going to be a great week. The counselors also plan on having a Gratitude Chain and Delete Day along with mental health resources.



Please feel free to contact us at:
jenglert@lps.k12.co.us and jmason@lps.k12.co.us
303-347-6086



Alive @ 25 Class

Free for AHS Students

Monday, October 10, 2016

2:30pm-7:00pm (bring a snack)

At AHS in room W1874

Register at <http://aliveat25.us/>

Alive at 25 is a highly interactive program that specifically targets young drivers between the ages of 15 and 24 and encourages them to consistently practice safe and defensive driving habits. Traffic crashes are the leading cause of teen fatalities, accounting for 44% of teen deaths in the United States. The program utilizes workbook exercises, interactive media, group discussions, role-playing, and lectures to help drivers develop the lifesaving defensive driving skills and strategies which will keep them safer on the road. All young people, ages 15-24, in the community are eligible to participate in Alive at 25. For further information on how to use this certificate to obtain a driver's permit, please [click this link](#).

If you miss this class, check the school's website for the next class available to Arapahoe students. For questions, call Deputy James Englert at 303-347-6086.

Performing Arts Department ~ Students of the Month

The Performing Arts Department would like to recognize and thank the following outstanding students who were named Students of the Month for October 2016:

Vocal Music:	Jake Novak
Instrumental:	Justin Long
Theatre:	Megan Stewart

Again, thank you for sharing your talent, energy, and time.

Please welcome our new Librarian, Ms. Lezlee Raub!



Lezlee has recently moved to Colorado from Florida. Born and raised in Michigan, she cannot wait to experience seasons again. Lezlee had earned a BA from Michigan State University and furthered her education at Eastern Michigan University within the area of Elementary Education. She holds certifications as a K – 12 School Librarian and as an Art Teacher. She is a 15 year veteran teacher and is excited to empower the Arapahoe High School students the resources available within the Library as well as her wealth of knowledge and experiences.



E-books and Digital Audio Books are FREE available from the Arapahoe High School Library to all AHS students!

Available titles include popular and new fiction, along with fiction and nonfiction titles specifically selected to support curricular needs on a wide range of topics such as economics, forensic science, government, health, and personal finance, just to name a few.

E-books may be accessed through a browser by going to the [Universal Search](#) link found on the [AHS Library](#) webpage. Students login using their school email username (**minus @lpsk12.org**) and their email password.

In addition to using a browser, students may use the [Destiny Discover App for eBooks](#) app. The app is Android, Apple iOS, Kindle, Mac OS X, Nook, and Windows compatible. It uses the same login as the Universal Search page. The app permits users to not only read e-books but to also listen to digital audio books.

How to Access Online Subscription Resources using your personal computer

Move beyond Wikipedia and Google!

As yet one more way to promote student achievement and academic excellence, AHS subscribes to a number of top-quality online resources that can be accessed from home or anywhere in the world, for that matter.

Getting to these resources while using your personal computer couldn't be easier. Simply click on the "AHS Library Subscriptions Page" Link. Than click on "Library Subscriptions".

When outside of AHS enter the username "**ahsonline**" along with the password "**arapahoe**" (these are case sensitive).

You will now have direct access to all of the resources listed below without having to enter additional usernames or passwords (with a couple of exceptions – and their access information is provided for you).

- Academic Search Elite (EBSCO)
- American History (ABC-CLIO)
- American Indian Experience (ABC-CLIO)
- Auto Repair Reference Center (EBSCO)
- Business Source Elite (EBSCO)
- Columbia Granger's World of Poetry
- Columbia International Affairs Online
- username = arapahoe PW = arapahoe**
- Consumer Health Complete (EBSCO)
- CountryReports.org
- Discovery Education Streaming
- EasyBib School Edition
- Funk & Wagnalls (EBSCO)
- Global Issues in Context (GALE)
- GreenFILE (EBSCO)
- History Reference Center (EBSCO)
- Issues and Controversies (Facts on File)
- Issues and Controversies in American History (Facts on File)
- Legal Information Reference Center (EBSCO)
- Library, Information Science & Technology (EBSCO)
- Literature Resource Center (GALE)
- Maps101
- MAS Ultra - School Edition (EBSCO)
- MasterFILE Elite (EBSCO)
- Middle Search Plus (EBSCO)
- Newspaper Source (EBSCO)
- NoveList (EBSCO)
- Opposing Viewpoints in Context (GALE)
- Oxford Art
- Oxford English Dictionary
- Oxford Language Dictionaries
- Oxford Music
- Oxford Reference Online Premium
- Points of View Reference Center (EBSCO)
- Pop Culture Universe (ABC-CLIO)
- Primary Search (EBSCO)
- Pro & Con (Congressional Digest)
- user ID = ahsonline password = arapahoe**
- Psychology and Behavioral Sciences Collection (EBSCO)
- Regional Business News (EBSCO)
- Rosen Teen Health and Wellness
- Salem Health – includes Addictions and Substance Abuse; Cancer; Complementary and Alternative Medicine; Genetics; Infectious Diseases and Conditions; Magill's Medical Guide; Psychology and Behavioral Health
- Science in Context (GALE)
- Science Reference Center (EBSCO)
- Small Engine Repair Reference Center (EBSCO)
- Today's Science (Facts on File)
- TOPICsearch (EBSCO)
- World Geography (ABC-CLIO)
- World History - Ancient and Medieval Eras (ABC-CLIO)
- World History - Modern Era (ABC-CLIO)
- World News Digest (Facts on File)
- World Religions (ABC-CLIO)

Plus eReference Books:

- Africa: An Encyclopedia for Students
- American Decades
- American Decades Primary Sources
- America Eras
- Dictionary of American History
- Encyclopedia of European Social History
- Encyclopedia of Philosophy
- Encyclopedia of Religion
- Encyclopedia of World Cultures
- Gale Contextual Encyclopedia of World Literature
- Gale Encyclopedia of American Law
- Gale Encyclopedia of Medicine
- Grzimek's Animal Life Encyclopedia
- History Behind the Headlines
- New Encyclopedia of Africa
- UXL American Decades
- World Eras

If you have any questions regarding these resources or have difficulty accessing and using them, please contact Ms. Lezlee Raub, our librarian, at either 303-347-6088 or lraub@lps.k12.co.us

Art Department News

Starting this month, the Art Department will be picking an "Art Student of the Month" each month. Their work will be on display in the east hall outside of the art office for the entire month. This month, we have picked Senior, Eliza Fink. She will have on display a pen and ink drawing that she did this semester in Studio Art. Come down, check out her work, and read a little about the artist and all of her accomplishments.

The Art Club is in full swing for the year and have been working on our first project, a Homecoming float for the parade. Once Homecoming is over, we will begin working on project ideas that will be completed through the year. If you are interested in joining art club this year, it is not too late! We meet every Thursday in room E1283 in the Art Department. Find one of the art teachers with any questions you may have. We would love to have you there!

Business Department

 Arapahoe DECA Presents:
As Seen on TV DECA Dodgeball

Don't miss the annual DECA Dodgeball tournament with a Television inspired theme! This event is open to parents, students, and family spectators. The tournament is on October 26, 2016. Opening ceremonies will begin at 6 pm and pool play will begin around 6:15 pm in both gyms. Admission is only \$3 per person. You don't want to miss this spooky and exciting event!



Future Business Leaders of America (FBLA) is off to an exciting start!

FBLA Shred a Thon — Do you have any personal documents that you need to shred? Do you know of anyone who works at a company that needs to shred work documents? On October 15th, FBLA will be hosting a Shred-A-Thon fundraising event from 9 a.m. — 12 p.m. in the east parking lot. We are asking for a \$10 donation for each box that is shredded or 3 boxes for \$25. Please spread the word if you know anyone that can use this valuable service! All proceeds serve as a fundraiser for Arapahoe FBLA.

Shred-A-Thon

Fundraiser

Arapahoe Future Business Leaders of America

Saturday, October 15th, 2016

9:00 A.M.-12:00 P.M.

Arapahoe High School, 2201 E. Dry Creek Rd.



Located on the East side of the school

Leadership/Community Service: We are teamed up with Key Club organizing Trick or Treat Street, for the Rocky Mountain Down Syndrome community. Students decorate rooms with a theme, give out candy and play games with children.

Leadership/Competition: Members are determining what events that they would like to compete in at our District Leadership Conference in January/February. All members must have their paperwork and dues paid to participate in the competition by October 31, 2016.

FBLA is open to all grade levels and has 40 different types of competitions. Competitions can be a project, test or speaking presentation. Please join us for our meetings in room E1287 at 2:30.

FBLA meeting dates:

October 15th — Shred a Thon — 9 a.m. — 12 p.m.

October 26st — What competition is right for you? Trick or Treat Street Sign up and Pumpkin Decoration Contest (bring your own pumpkin).

October 29th — Trick or Treat Street!

October 31st — Last day to turn in FBLA registration Packets

Please see Mrs. Swank or Mr. Sawyer in the Business Department for more information.

Arapahoe High School Journalism Information

Class of 2017 ~ Senior Ads & Memory Block Information

It's time for parents and friends of seniors to begin creating their senior memory ads. Senior memory ads are placed in a section of the yearbook reserved especially for parents and friends to congratulate their graduate. Memory ads can be created for individual seniors, for best friends or groups of friends, or for seniors who are members of an athletic team or extracurricular club. A favorite format has been a toddler or baby picture paired with a senior photo together with a special message from parents, siblings or friends.

Senior memory ad orders and payment are due on **Friday, Oct. 7, 2016**. The deadline is important because the number of yearbook memory block pages will be planned according to how many spaces are reserved.

See this [brochure](#) for important information and specifications if you misplaced the mailer last May. If you have questions about senior ads, contact us at AHSSeniorMemoryAds@gmail.com.

Have You Ordered Your Yearbook?

If you have not yet ordered a yearbook, it's not too late. Now is the best time to order your yearbook for only \$67. The last date yearbook orders can be placed is **Wednesday, November 30, 2016**, before we submit our order to the printing company.

- When yearbooks are distributed at the end of the year, many students and parents regret not ordering a copy. We do not have the budget nor the storage space to order a lot of extra books on a speculative basis, so please order your yearbooks now so that we can place an accurate order with the printer. We may not have any extra books in May. If we do have any books, they will be sold for \$80 on a first-come, first-served basis.

If cost is an issue, please contact the yearbook adviser, Greg Anderson, at ganderson@lps.k12.co.us or 303-347-6028 and we can work out a payment plan.

You may place orders and make payments with the AHS Bookkeeper, Melanie Cheney. Contact her at mlcheney@lps.k12.co.us or 303-347-6018.

KEEP UP WITH WHAT'S HAPPENING ON CAMPUS FROM THE STUDENT VIEWPOINT...

Subscribe to the **Arapahoe Herald** and receive your copy of the Arapahoe student newspaper at home, September through May, for only \$20

Name _____

Mailing Address _____

Attach \$20.00 for a one school-year subscription. Make checks payable to Arapahoe High School.

Mail check and order form to: Arapahoe Herald Subscriptions
2201 E. Dry Creek Road
Centennial, CO 80122

Questions? Call 303-347-6028

Arapahoe High School

Freshman Showcase Class of 2021



November 14, 2016

6:00 P.M.— 8:00 P.M.

Sitting Eagle Gymnasium

- ◆ Welcome from Principal, Mrs. Natalie Pramenko
- ◆ Visit areas of academic or extra-curricular interests
- ◆ Learn about exciting programs offered at AHS

2016-2017 Dates to Remember:

Wednesday, October 05, 2016	- PLC – Late Start Day
Wednesday, October 19, 2016	- Parent/Teacher Conferences - 3:00 to 8:00 p.m.
Thursday, October 20, 2016	- In-Service – NO STUDENTS
Friday, October 21, 2016	- NO SCHOOL
Wednesday, October 26, 2016	- PLC – Late Start Day
Friday, November 11, 2016	- End of Six Weeks
Monday, November 14, 2016	- Freshmen (Class of 2021) Showcase
Wednesday, November 16, 2016	- PLC – Late Start Day
Monday, November 21-Friday, November 25, 2016	- Thanksgiving Break
Wednesday, December 07, 2016	- PLC – Late Start Day
Monday, December 19-Thursday, December 22, 2016	- Final Examinations
Thursday, December 22, 2016	- Semester Ends/Last Day for Students
Friday, December 23-Friday, January 06, 2017	- Winter Break
Monday, January 09, 2017	- In-Service – NO STUDENTS
Tuesday, January 10, 2017	- First Day Second Semester
Monday, January 16, 2017	- Martin L. King Day
Wednesday, January 25, 2017	- PLC – Late Start Day
Wednesday, February 15, 2017	- PLC – Late Start Day
Friday, February 17, 2017	- End of Six Weeks
Monday, February 20, 2017	- Presidents' Day Holiday – NO SCHOOL
Thursday, March 09, 2017	- Parent/Teacher Conferences – Evening
Friday, March 10, 2017	- NO SCHOOL
Wednesday, March 15, 2017	- PLC – Late Start Day
Monday, March 27-Friday, March 31, 2017	- Spring Break
Friday, April 07, 2017	- End of Six Weeks
Monday, April 17, 2017	- Freshman (Class of 2021) Registration
Wednesday, May 3, 2017	- PLC – Late Start Day
Saturday, May 6, 2017	- Prom/After Prom
Friday, May 19, 2017	- Last Day for Seniors
Monday, May 22, 2017	- Final Examinations/Senior Awards Convocation
Tuesday, May 23 & Wednesday, May 24, 2017	- Final Examinations/Arena Scheduling
Thursday, May 25, 2017	- GRADUATION Class of 2017
Friday, May 26, 2017	- Final Examinations/Arena Scheduling/ Last Day of Semester
Monday, May 29, 2017	- Memorial Day



School Picture Re-takes

Tuesday, October 11th

Were your eyes closed in your school photo? Did you miss school picture day entirely? If so, plan to have your picture taken Tuesday, October 11th in the East Hallway between 10:00 a.m. - 12:30 p.m. Bring your first photo package to qualify for a retake.

School Accountability Committee

Any questions, please call Assistant Principal Angela Boatright at 303-347-6024.

Next meeting date:
November 17, 2016
@ 3:00 p.m.
Main Office Conference Room

Littleton Public Schools does not discriminate on the basis of race, color, sex (which includes marital status), sexual orientation, religion, national origin, ancestry, creed, age, disability, or need for special education services. The following individuals have been designated to handle inquiries regarding the non-discrimination policies: Michael Jones, Assistant Superintendent of Human Resources or Melissa Cooper, Director of Special Education and Student Support Services; Littleton Public Schools; 5776 S. Crocker; Littleton, CO 80120; 303-347-3330