

**Date, Time, and Location** November 9, 2016 at 4:30 p.m. in ESC Room 315

Attendees Jim Stephens, Ellen Datino, Alli Jones, Robyn Zagoren, Brenda

Rodriguez, Valia Massé, Joanne Holden, Nicole Guider

**Absent** Beth Best, Diane Doney, Allie Molinda, Marnie Yanacheak, Nicole Moyer,

Charlotte Brazelton, Jane Pepper, Katie Altensee,

**Guests** Trisha Ryan

**Purpose** To develop, communicate, and support recommended policies, practices,

and programs that result in an environment of overall health and

excellence in education for the entire community.

## Minutes

# 1. Board of Education Update

a. The Board is reviewing all policies and updating them accordingly

i. Outdated and to accommodate new/updated laws

## 2. District Wellness Coordinator Update

- a. Working on playground grant for Hopkins.
- b. Getting ready for playground grant for Runyon.
- c. Working on employee wellness programs
  - i. Weight Watchers
  - ii. February's Lunch Challenge

### 3. Review agenda

a. Agenda reviewed and discussed.

#### 4. Diet Soda Research

- a. Discussed research on the effects of diet soda on children's/adults' health.
  - i. After discussion took a vote on whether to have diet soda in high schools
    - 1. Unanimous "NO" vote.

## 5. Review Beverage Policy

a. Policy was reviewed and discussed.

# 6. Next Steps for Pulse of LPS and Diet Soda Recommendations to Policy

a. Discussed next steps

### 7. Adjourn