

Date, Time, and Location	September 14, 2016 at 4:30 p.m. in ESC Room 315
Attendees	Alli Jones, Beth Best, Brenda Rodriguez, Diane Doney, Ellen Datino, Jim Stephens, Joanne Holden, Marnie Yanacheak, Nicole Moyer, Robyn Zagoren
Absent	Allie Molinda, Charlotte Brazelton, Jane Pepper, Katie Altensee, Nicole Guider,
Guests	Carlynn Fitzgerald, Valentina Massé
Purpose	To develop, communicate, and support recommended policies, practices, and programs that result in an environment of overall health and excellence in education for the entire community.

Minutes

1. Board of Education Update

- a. Workshop before last meeting:
 - i. Speaker/presenter Tom Many; expert in Professional Learning Communities (PLCs).
 1. Board/LPS are committed to PLCs as the best way to improve learning outcomes for kids by helping teachers improve their teaching.
- b. Last board meeting:
 - i. Lots of work in the Bond
 1. Upgrades to lots of facilities this past summer; one more summer to go.
 2. Projects being successfully executed.
- c. Upcoming:
 - i. Graduation requirements discussion.
 1. Need to come up with requirements that will help students of 2021 (this year's 8th graders) meet graduation requirements and be ready for what comes after graduation.
 - a. Probably more flexibility because college isn't the only path; there are trades, military, etc.
 2. Requirements will look at whether students are mastering the standards rather than time in seats.
 3. Need to adopt something by the end of this year.
 - ii. The Board continues to work through policies.
 1. Are they still meaningful?
 2. In line with state and federal legislation?
 - iii. Preliminary enrollment numbers presented at last board meeting
 1. Enrollment slightly down; not cause for concern in terms of funding.

2. District Wellness Coordinator Update

- a. Just back from summer break.
- b. Working on grant for new playground for Hopkins.
- c. Focusing on employee and school wellness.
- d. Looking at Wellness Policy because some changes are required, and we'll be discussing that tonight.

3. Review agenda

- a. Agenda reviewed and discussed.

4. Where we are at in our planning

- a. Homework over the summer, two people commented on our SMART Goal
- b. Valentina brought information regarding added sugars and cardiovascular disease risk in children as well as some examples of alternatives to serve in the cafeterias.
 - i. Marriage and family counselor; sees lots of children with ADHD-like symptoms
 - ii. Have to fix sleep and nutrition first
 - iii. Discussion with representatives from Nutrition Services.
- c. Talking over work we will need to accomplish this year (see 5. Policy Updates).

5. Policy Updates

- a. Fundraising policy:
 - i. Smart Snacks Rule
 1. Nutrition Services (NS) is tasked with monitoring what they sell but also what's sold on school campus midnight before to 30 minutes after the bell for the school day.
 - ii. NS put several documents in the folder "Supplemental Documents" (see documents uploaded by Carlynn Fitzgerald on 9/14).
 1. Fundraisers:
 - a. Has to either be one of the three exempt allowed per year or it has to meet Nutrition Services guidelines.
 - b. If it meets guidelines, it can't take place within 30 minutes before/after meal sales.
 2. Spreadsheet: "Tracking Food-Based Fundraisers"
 - a. Request: principals fill this out for each fundraiser throughout the year and submit nutrition labels so NS can determine whether fundraisers meet the guidelines.
- b. Diet Soda policy (video)
 - i. We need to show that we have listened to all sides of this argument to be able to make a recommendation to the Board that is supported by the community.
 - ii. Issue is somewhat local control vs. mandate
 - iii. Do we do this by getting focus groups together, meeting with SACs, sending out a survey, etc.
 - iv. Would like to possibly make a recommendation to the Board along with a recommendation regarding the Wellness Policy.
 - v. TriCounty Health Department got a grant to work on sugar sweetened beverages
 1. Marketing against them; education about them.
 2. Next week have a presentation from Delta Dental.
 3. Someone funded by this grant could come to Wellness Committee/event give a presentation.
- c. Wellness Policy
 - i. Has to be updated by June 2017.
 - ii. Look at supplemental documentation.
 - iii. Look at model policy prior to next meeting.

6. Meeting Evaluation

- a. Homework: review documents uploaded to "MATERIALS FOR UPCOMING MEETING" folder
 - i. Robyn will have a pulse on what surrounding districts are going to do about the diet soda issue.

7. Adjourn