

LITTLETON THUNDER



HEADS UP FOOTBALL—IT'S A NEW GAME
REGISTRATION NOW OPEN



Littleton Youth Sports is a non-profit organization designed to provide structured sports programs for the youth in our community. The Primary Goal is to teach sports fundamentals, good sportsmanship and teamwork at multiple levels of competitiveness in order to serve as many boys and girls as possible. Our mission is achieved by the tireless effort of an all-volunteer organization who put children above all else.

ATTENTION STUDENTS GOING INTO 2ND AND 3RD GRADE IN THE FALL!
EARLY BIRD REGISTRATION APRIL 15TH—30TH
MAIN REGISTRATION STARTS MAY 1ST

AT THIS AGE, THE MAIN FOCUS IS TO LEARN THE FUNDAMENTALS, BUILD FOOTBALL I.Q. AND INTRODUCE A LIFELONG LOVE OF THE GAME!



QUESTIONS FOR GRADES 2/3 PLEASE CONTACT:
COACH JARRED SWEDLUND
JWSWEDLUND@GMAIL.COM

ALL OTHER GRADES OR TO REGISTER PLEASE CONTACT:
LITTLETONYOUTHSPORTS.ORG

USA FOOTBALL'S HEADS UP FOOTBALL PROGRAM REDUCES INJURIES

NFL COMMITMENT TO THE HEALTH AND SAFETY OF ALL ATHLETES

REACHING PLAYERS OF ALL AGES

HEADS UP FOOTBALL (HUF) THE NEW STANDARD IN FOOTBALL A NATIONAL MOVEMENT LAUNCHED IN 2013 TO EDUCATE COACHES AND PROMOTE PLAYER SAFETY.

545 MILLION GRANT FROM NFL FOUNDATION TO SUPPORT THE EXPANSION OF HUF TO ALL 9,300 YOUTH FOOTBALL LEAGUES, AS WELL AS HIGH SCHOOL.

28 NFL CLUBS HAVE JOINED TO EDUCATE AND IMPROVE PLAYERS TO ADVOCATE FOR THEIR CHILD'S SAFETY.

ADVOCATING FOR SAFETY IN ALL SPORTS

ALL 50 STATES HAVE ADOPTED LARGELY UNIFORM ATHLETIC TRAINING TO THE NFL TO IMPROVE SAFETY IN YOUTH SPORTS.

NFL IS INCREASING ACCESS TO ATHLETIC TRAINING THROUGHOUT THE COUNTRY.

THE NFL IS COMMITTED TO IMPROVING THE HEALTH AND SAFETY OF ATHLETES AT ALL AGES AND IN ALL SPORTS.

THE RESULTS

PLAYER INJURIES **76% FEWER**

CONCUSSIONS IN PRACTICES **34% FEWER**

CONCUSSIONS IN GAMES **29% FEWER**

From a peer-reviewed study of 100+ high school football games.

PROMOTING INNOVATION & INDEPENDENT RESEARCH

NIST FACTORING IN THE POTENTIAL OF REVOLUTIONARY INNOVATIONS SUCH AS...

FNIH

\$30 MILLION GRANT ESTABLISHING A NEW SPORTS HEALTH RESEARCH PROGRAM that will bring athletes and fans alike.

\$60 MILLION HEAD HEALTH INITIATIVE TO IMPROVE SAFETY OF ATHLETES, MILITARY MEMBERS AND SOCIETY OVERALL.

For more information, please visit NFL.com/headupfootball.