



Preventive medications to help keep you healthy

For Littleton Public Schools HDHP members

At Kaiser Permanente, we don't just care for you when you're sick – we help you stay healthy in the first place – by detecting and managing diseases before they become serious. It's the foundation of our unique care model.

Preventive medications can be a very important part of maintaining good health. That's why our doctors and pharmacists developed a unique list of medications (or "formulary") just for our members. Not only are they the safest medications, they're considered the most effective.

As an enrolled member of the Littleton Public Schools High Deductible Health Plan (HDHP), your plan includes a Value-Based prescription benefit package with a disease-state preventive tier. With this benefit package, you may be eligible to receive your disease-management and/or preventive medications for the following conditions at no cost to you – even before your deductible is met:

- Asthma
- Cholesterol
- Diabetes
- Osteoporosis
- Hypertension Inhibitors/Blockers
- Smoking Cessation
- Stroke Prevention

Additionally, as a Littleton Public Schools employee and Kaiser Permanente member, you'll pay little to no cost on other medications from our entire formulary.

For a complete list of medications on our formulary, visit kp.org/formulary.

To speak to a Kaiser Permanente pharmacist, call our Clinical Pharmacy Call Center at **303-338-4503** (TTY **711**), weekdays, 8 a.m. to 6 p.m.

Have more questions about prescription benefits? Contact Member Services at **303-338-3800** (TTY **711**), weekdays, 8 a.m. to 6 p.m.

Please consult your *Evidence of Coverage* for detailed information about your pharmacy benefits.

