

International Walk/Bike to School Day

Wednesday October 4th

Kick off LPS Walkin' & Wheelin' PLC Wednesdays



Basic Tasks for an Event:

- Have a champion for the event/designate tasks
- Arrange for crossing guards and/or adult monitors if needed
- Notify police
- Have greeters, a table and garbage cans; if sponsored, have stamps, stickers, ribbons, etc.
- Work with Transportation for a remote drop off then a walk with staff/parents
- Invite fire department, mayors, council members, or other local community members
- Have someone buy or get food donations if you are having breakfast snacks

Promote the Event Without Any Hoopla

- Send home flyers
- Publicize *Walk/Bike to School Day* in school newsletter
- Put information on school website
- Principal announcement one–two days prior
- Have teachers remind students
- Decorate school/paths leading to school

Can't walk to school? Here are some ideas for walking at school

- Have a designated path on the play area for walking before school
- Hold a walk during lunchtime
- Incorporate a walking theme into physical education class

Check out your school's nutrition services on October 4th for great nutritional food and fun!

Register your school for Walk/Bike to School Day at walkbiketoschool.org

Questions please contact: Robyn Zagoren, District Wellness Coordinator rzagoren@lps.k12.co.us