



HHS IN THE KNOW

Weekly Bulletin

April 25, 2016

PLC LATE START WEDNESDAY, APRIL 27: School will begin at 9:21 a.m. on Late Start days. Buses will run two hours later than normal.

MENTAL WELLNESS WEEK 2016: Monday, April 25, through Friday, April 29, staff and students are invited to attend presentations and activities focused on mental wellness! Help end the stigma and learn strategies for promoting healthy coping!

- **Monday:** JUNIORS and SENIORS 3rd hour attend "StressLess: Learning to Cope for College" in the Second Floor Lecture Hall; 4th and 6th hour attend a Suicide Prevention Presentation in the Second Floor Lecture Hall; 6th hour attend the Student Panel in the Second Floor Lecture Hall.
- **Tuesday:** Attend the SafeTALK presentation periods 5 through 7 in the Community Room (see counseling office for permission form and questions).
- **Wednesday:** Soothe your mind with yoga or meditation periods 3 through 6 in the Wrestling Room.
- **Thursday:** Be sure to check out the coloring corner in the Second Floor Study Area (set up all week).
- **Friday:** DAY WITHOUT HATE; wear WHITE; share your positivity with others on the Positive Post-it Wall near the Main Entrance.

ALPINE CLUB: Our next hike is Saturday, April 30, to Quandary Peak - one of Colorado's legendary 14,000-foot peaks. Please get your parent driving permission form into Sherpa Warren by Thursday.

BOYS' BASKETBALL OPEN GYMS: Students who are thinking about playing summer basketball are invited to come to Open Gym Monday, April 25; Wednesday, April 27; and Saturday, April 30. Each session will run from 2:35 to 4:00 p.m.

BOYS' BASKETBALL SUMMER TEAM TRYOUTS: Those interested in playing Heritage summer basketball are invited to tryout Tuesday, May 3, and Thursday, May 5. Upcoming seniors, juniors, and sophomores will tryout from 2:35 to 4:00 p.m. both days. Incoming freshmen will tryout from 4:00 to 5:30 p.m. If you have any questions, please see Coach Byleveld.

ENERGY DAY IN MAY: Do you like the planet? Are you interested in supporting your community and learning more about energy? Or do you simply need a break from all that studying? Then mark your calendars for the upcoming event: E-Day in May. During the first week of May (tentatively May 5), the Energy for the Future class will be hosting Energy Day. Come to the Third Floor Lecture Hall and Study Center on that day to hear about energy, learn ways you can become more efficient, and snag an energy sticker. Also, listen to the morning announcements for more information about how to sign up to compete in our fundraising dodgeball tournament! This week is all about the energy we use as well as cleaner alternatives to what we use now. Hope to see you there! For more info, talk to anyone in the Energy for the Future class or come see Mr. Riffle in Room 331.

ARE YOU LOOKING FOR A JOB?: Almost every day local businesses are calling Heritage looking for students to fill a multitude of jobs! The Practical Arts Department has a JOBS BOARD outside Room 123B and in the Post Grade Office. There are so many different kinds of jobs to choose from! Contact Amanda Pfaltzgraff at apfaltzgraff@lps.k12.co.us if you have any questions.

PARTY IN THE 303: Prom is this Saturday, April 30, at the History of Colorado Museum from 8:00 to 11:00 p.m! Tickets will be sold all week during Periods 3 through 6 by the Senior Pit. Senior ticket prices are \$35; juniors/guests are \$45. You can receive a \$5 discount per ticket if you bring in five non-perishable canned food items. Remember, if you are planning on bringing a guest, passes are due Monday, April 25.

Botany Club Plant Sale: Get a jump start on your garden with the Botany Club plant sale. We have lots of different vegetables, herbs and flowers. The sale will be on May 4-6 at 2:30-4 in the Greenhouse.

PROM WEEK DRESS-UP DAYS:

- **Mountain Monday:** All students are encouraged to wear mountain/hiking gear.
- **Team Tuesday:** All students are encouraged to wear team sports related to any Colorado team.
- **Stoplight Wednesday:** Wear Red if you have a date, Yellow if it's complicated and Green if you don't have a date yet.
- **College Thursday:** All students are encourage to wear college gear.
- **White-Out Friday:** In honor of Mental Wellness Week, all students are encouraged to wear all white.

SUPPORT OUR TROOPS: We are still collecting new or lightly used clothing (until Friday, April 29) for both genders and all sizes to support Disabled American Veterans. In addition, we will collect items for care packages on Thursday, April 28.

APRIL NEWS FROM THE LIBRARY: Did you know that The Tattered Cover at Aspen Grove has many programs and events specifically for teen readers? Among the exciting things that are going on at the Aspen Grove location for teens are:

- **Teen Advisory Board (TAB):** This is a group of book-loving teens who meet every month or so to plan and produce programming for anyone excited about young adults literature. Board members have the opportunity to use their creativity, social media skills, and enthusiasm for books to help with all aspects of event promotion, planning, and execution; introduce (and hang out with) authors at events; write book blurbs; give book talks; get FREE advanced reading copies; and even help select authors who come to the store for events or to visit schools. It's fun, rewarding, and a great resumé builder. For more information or to sign up for the TAB, email Kristen Gilligan- kristen.gilligan@tatteredcover.com (owner of The Tattered Cover)
- **Teen Open Mic Night:** Tattered cover is giving YOU the mic to express yourself or support your friends as they get their creative on. Consider doing something unique and fun: sing, play an instrument, recite poetry, read an original work of fiction, do stand-up comedy, or anything else that you have a burning desire to share with the world. Join us on Saturday, April 30, at 7:00 p.m. at Tattered Cover Aspen Grove. They will have a café serving hot and cold beverages and snacks!
- **Teen Book Reviews:** Have you ever walked through a bookstore and seen little cards sticking out of shelves with book reviews? Have those reviews ever made you want to buy a book? Those cards are called shelf talkers, and Tattered Cover is looking for teens to write shelf talkers for their favorite books. Friends and family -- and a lot of total strangers -- can see your reviews on the shelves at Tattered Cover. How cool is that?
- **Ten Advanced Reading Copy Books (ARC):** These are books that are released to reviewers and book stores before the official release of the book and are available right now in the Heritage Library for you to check out! See Mrs. Frank or Mr. Keena to check out one of these special ARCs. You could write a review and be famous at The Tattered Cover!

AFTER PROM - PARENTS: As we start the final week before After Prom, we are looking for some more volunteers to work in the casino the evening of After Prom. Check-in is at 11 p.m. for training, and the casino closes at 3:00 a.m. We are short about 25 volunteers so if you can help, we would greatly appreciate it!



We also need about 40 cases of soda. Please or email Kristi Lucas if you can help kmlucas@comcast.net. Please email HHSAfterProm2016@outlook.com to volunteer or if you have any questions. Remember, you must be on our Volunteer List or you will not be allowed in the school!

[CLICK THIS LINK](#) to view all district-approved flyers posted on the LPS website:

IMPORTANT DATES:

- [Click this link to view important dates and upcoming calendars.](#)

PHONE NUMBERS:

- **Heritage High School Main Office:** 303-347-7600
- **Safe2tell**, a toll-free, anonymous Colorado tip line answered by the State Patrol, is for anyone concerned about a threat to student and staff safety: **Statewide Tip Line:** 1-877-542-SAFE
- **HHS Tip Line** - The purpose of the phone tip line is to provide a confidential opportunity to give school officials information about use, possession, distribution or sale of drugs or alcohol, as well as any information regarding a dangerous situation. **HHS Tip Line:** (303) 734-6730

LINKS:

- [Click this link to get information about the Go Heritage Mobile App](#)
- **Heritage High School Website:** <http://heritage.littletonpublicschools.net/>
- **Heritage High School** [Staff Directory](#)
- **Heritage High School** [Bell Schedules](#)

SOCIAL MEDIA:

Like us and then follow us to get automatic messages when we update our news feeds:

- www.facebook.com/HeritageLPS
- <https://twitter.com/hhslps>
- <https://twitter.com/HeritagEagles> to get the latest on sports and scores.
- <https://twitter.com/HeritageCounsel> to find out what is new in Counseling and Post-Grad.
- <http://www.pinterest.com/heritagehs/>

The *HHS In the Know* is generally emailed to parents/guardians and posted to the "For Parents" page of our website every Monday during the school year. To submit information to be included in this weekly bulletin, please email KASmith@lps.k12.co.us by 10 a.m. on Friday.

If you would like your information to also be included in the Monday Advisory announcements for students, please submit it to LMarcilla@lps.k12.co.us by 10 a.m. on Thursday.

* Please scroll down to view Eagle Events and other attachments for this week. *

Heritage 2016 Multiple Activities Schedule
(as of 04-22-2016)

Activity	Time	Versus	Location	Location Detail	Comments
MONDAY, APR 25, 2016					
Rachel's Eagles - Mental Wellness Activity	7:00am-7:30am		Hallway - Main Entrance	Hallway - Main Entrance	Hand out ribbons before school
Rachel's Eagles - Mental Health Awareness Week	7:21am-2:18pm				
Advisory - Senior Class Meeting	9:13am-9:43am		Theatre	Theater	
Advisory - Yearbook Packet Distribution	9:13am-9:43am				Junior Advisories Only
Advisory - Smart Girls	9:13am-9:43am		Gym - Lower Fitness Center	Gym - Lower Fitness Center	
After Prom Ticket Sales	9:15am-1:30pm		Hallway - Senior Pit	Senior Pit	
Rachel's Eagles - Mental Wellness Activity	9:48am-1:23pm		Conference Room - Community	Conference Room - Community	Presentations
Key Club Meeting	2:20pm-3:00pm		Room 216	Room 216	
Amnesty International Meeting	2:20pm-3:20pm		Room 118	Room 118	
Work-Outs	2:30pm-4:30pm		Gym - Lower Fitness Center	Multiple Locations	
GSA Club Meeting	2:30pm-3:30pm		Room 326	Room 326	
Operation Eagle Club Meeting	2:30pm-3:15pm		Room 329	Room 329	
Rachel's Eagles - Meeting	2:30pm-3:30pm		Room 113	Room 113	
Basketball - Boys Open Gym	2:30pm-4:00pm		Gym - Main	Main Gym	
Band Rehearsal	2:30pm-5:00pm		Band Room	Multiple Locations	
Baseball: Boys Varsity Game	4:15pm	Ponderosa	Heritage High School	Field - Baseball	
Baseball: Boys Sophomore Game	4:15pm	Away vs. Ponderosa	Ponderosa High School		
Soccer: Girls JV Game	4:30pm	Away vs. Rock Canyon	Shea Stadium		(Rescheduled from 04-26-16)
Lacrosse: Boys Varsity Game	4:30pm	Away vs. Overland	Overland High School		
Soccer: Girls C Level Game	5:00pm	Away vs. Rock Canyon	Rock Canyon High School		(Rescheduled from 04-26-16)
ACES Swim Club	5:00pm-7:15pm		Pool	Pool	
Lacrosse: Boys C Level Game	6:00pm	Away vs. Overland	Overland High School		
Basketball - Boys Freshman Practice	6:30pm-8:00pm		Gym - Auxiliary	Auxiliary Gym	
Soccer: Girls Varsity Game	6:30pm	Away vs. Rock Canyon	Shea Stadium		(Rescheduled from 04-26-16)
Belles - Parent Meeting	7:30pm-9:00pm		Lecture Hall - 2nd Floor	2nd Floor Lecture Hall	
TUESDAY, APR 26, 2016					
Soccer: Girls Varsity Game	FBD	Away vs. Rock Canyon	Rock Canyon High School		Rescheduled to 04-25-16
Swimming/Diving - Boys Practice	5:45am-6:45am		Gym - Lower Fitness Center	Gym - Lower Fitness Center	
Rachel's Eagles - Mental Wellness Activity	7:00am-7:30am		Hallway - Main Entrance	Hallway - Main Entrance	Hand out ribbons before school

Rachel's Eagles - Mental Health Awareness Week	7:21am-2:18pm				
Golf: Girls Varsity Match	8:30am	Away vs. Douglas County	Plum Creek Golf Course - Castle Rock		
After Prom Ticket Sales	9:15am-1:30pm		Hallway - Senior Pit	Senior Pit	
Counseling - Sit Team Meeting	9:23am-10:18am		Conference Room - Main Office	Conference Room - Main Office	A - F
Counseling - Sit Team Meeting	10:23am-11:18am		Conference Room - Main Office	Conference Room - Main Office	G - L
Rachel's Eagles - Safe Talk Training	11:23am-2:18pm		Conference Room - Community	Conference Room - Community	
After School Detention	2:30pm-3:30pm		Room 219	Room 219	
Green Club Meeting	2:30pm-3:00pm		Room 321	Room 321	
Faculty - Induction Meeting	2:30pm-3:30pm		Conference Room - Community	Conference Room - Community	
Work-Outs	2:30pm-4:30pm		Gym - Lower Fitness Center	Multiple Locations	
Drama - One Act Rehearsal	2:30pm-4:30pm		Senior Pit	Multiple Locations	
Wrestling - Workouts	2:30pm-4:30pm		Wrestling Room		
Track Meeting	2:30pm-3:15pm		Room 336/Personal Survival Room	Room 336 - Personal Survival Room	
Tennis: Girls JV Match	3:30pm	Away vs. Ponderosa	Ponderosa High School		Rescheduled to 04-27-16
Tennis: Girls Varsity Match	3:30pm	Away vs. Ponderosa	The Pinery		Rescheduled to 04-27-16
Lacrosse: Girls Varsity Game	4:00pm	Away vs. St. Mary's Academy	St. Mary's Academy		Rescheduled to 05-06-16
Baseball: Boys Varsity Game	4:15pm	Legend	Heritage High School	Field - Baseball	(Rescheduled from 04-20-16)
Soccer: Girls G-Level Game	4:30pm	Away vs. Rock Canyon	Rock Canyon High School		Rescheduled to 04-25-16
Soccer: Girls JV Game	4:30pm	Away vs. Rock Canyon	Rock Canyon High School		Rescheduled to 04-25-16
Baseball: Boys Freshman Game	4:30pm	Ponderosa	Heritage High School	Field—Baseball	(Postponed)
Baseball: Boys JV Game	4:30pm	Away vs. Ponderosa	Ponderosa High School		
Lacrosse: Girls Varsity Game	5:00pm	Rangeview	Littleton Public Stadium	Stadium (Not Avail bet 8/01-12/1 and 02/16-06/01)	
Rock Climbing	5:00pm-7:30pm		Gym - C Climbing Wall	Gym - C Climbing Wall	
ACES Swim Club	5:00pm-7:15pm		Pool	Pool	
Football - Booster Meeting	6:00pm-8:00pm		Student Center	Student Center	
Lacrosse: Girls JV Game	6:00pm	Rangeview	Gallup Park		
Colorado Columbines Track workouts	6:00pm-7:00pm		Track - Heritage High School	Track	
Band Concert	6:30pm-8:30pm		Band Room	Multiple Locations	
Cheer Booster Meeting	6:30pm-8:30pm		Conference Room - Community	Conference Room - Community	
AP Calculus BC - Test Prep Workshop	7:00pm-9:00pm		Room 313	Room 313	

WEDNESDAY, APR 27, 2016

PLC Late Start Day All School School begins at 9:21 a.m.

Rachel's Eagles - Mental Wellness Activity	7:00am-7:30am		Hallway - Main Entrance	Hallway - Main Entrance	Hand out ribbons before school
Rachel's Eagles - Mental Health Awareness Week	7:21am-2:18pm				
Admin Team Meeting	7:30am-11:00am		Conference Room - Main Office	Conference Room - Main Office	
Advisory - Anxiety Group Meeting	9:13am-9:43am		Room 110	Room 110	
Advisory - Smart Girls	9:13am-9:43am		Gym - Lower Fitness Center	Gym - Lower Fitness Center	
After Prom Ticket Sales	9:15am-1:30pm		Hallway - Senior Pit	Senior Pit	
Job Fair	10:00am-12:45pm		Gym - Auxiliary	Auxiliary Gym	
Rachel's Eagles - Mental Wellness Activity	10:45am-1:35pm		Wrestling Room		Yoga/Meditation
Admin Team Meeting	1:45pm-3:30pm		Conference Room - Main Office	Conference Room - Main Office	SAT (Bond) MEETING
Work-Outs	2:30pm-4:30pm		Gym - Lower Fitness Center	Multiple Locations	
German Club	2:30pm-3:30pm		Room 101	Room 101	
Counseling - New Student Registration	2:30pm-4:00pm		Room 204	Room 204	
Drama - One Act Rehearsal	2:30pm-4:30pm		Choir Room	Multiple Locations	
Basketball - Boys Open Gym	2:30pm-4:00pm		Gym - Auxiliary	Auxiliary Gym	
German Club	2:30pm-3:30pm		Room 307	Room 307	
Speech & Debate Club Meeting	3:30pm-4:30pm		Room 202	Multiple Locations	
Track & Field: JV Meet	3:30pm	Away vs. Mountain Vista	Mountain Vista High School		JV Championships
Tennis: Girls JV Match	3:30pm	Away vs. Ponderosa	Ponderosa High School		(Rescheduled from 04-26-16)
Tennis: Girls Varsity Match	3:30pm	Away vs. Ponderosa	The Pinery		(Rescheduled from 04-26-16)
Baseball: Boys Varsity Game	4:00pm	Away vs. Castle View	Castle View High School		(Time Changed)
Baseball: Boys Sophomore Game	4:15pm	Castle View	Heritage High School	Field - Baseball	
Soccer: Girls C Level Game	4:30pm	Mountain Vista	Heritage High School	Field - Soccer	
ACES Swim Club	5:00pm-7:15pm		Pool	Pool	
Heritage Idol Finals	6:00pm-8:00pm		Theatre	Theater	
Life 101 Seminar for Seniors	6:00pm-8:00pm		Library	Library	
Basketball - Boys Freshman Practice	6:30pm-8:00pm		Gym - Auxiliary	Auxiliary Gym	
Lacrosse: Boys Varsity Game	7:30pm	Away vs. Ranqueview	Aurora Public School Stadium		

THURSDAY, APR 28, 2016

FCA Club Meeting	6:30am-7:00am		Room 336/Personal Survival Room	Room 336 - Personal Survival Room	
Rachel's Eagles - Mental Wellness Activity	7:00am-7:30am		Hallway - Main Entrance	Hallway - Main Entrance	Hand out ribbons before school
Rachel's Eagles - Mental Health Awareness Week	7:21am-2:18pm				
Advisory - Principal's Advisory Committee Meeting	9:13am-9:43am		Conference Room - Community	Conference Room - Community	

Advisory - Grief Group Meeting	9:13am-9:43am		Room 110	Room 110	
Advisory - MAD Week Care Package Pickup	9:13am-9:43am				
After Prom Ticket Sales	9:15am-1:30pm		Hallway - Senior Pit	Senior Pit	
Counseling- military visit	10:30am-12:30pm		Hallway - Senior Pit	Senior Pit	Army recruiters
Counseling - Sit Team Meeting	10:45am-11:30am		Conference Room - Main Office	Conference Room - Main Office	M - R
Counseling Department Meeting	12:30pm-2:30pm		Conference Room - Main Office	Conference Room - Main Office	
After School Detention	2:30pm-3:30pm		Room 219	Room 219	
Work-Outs	2:30pm-4:30pm		Gym - Lower Fitness Center	Multiple Locations	
Wrestling - Workouts	2:30pm-4:30pm		Wrestling Room		
Drama - One Act Rehearsal	2:30pm-4:30pm		Senior Pit	Multiple Locations	
Soccer: Girls JV Game	4:30pm	Mountain Vista	Heritage High School	Field - Soccer	
Baseball: Boys JV Game	4:30pm	Castle View	Heritage High School	Field - Baseball	
Baseball: Boys Freshman Game	4:30pm	Away vs. Castle View	Castle View High School		
Lacrosse: Girls JV Game	4:30pm	Rock Canyon	Gallup Park		
ACES Swim Club	5:00pm-7:15pm		Pool	Pool	
Heritage Gold Crown	6:30pm-8:30pm		Gym - Auxiliary	Auxiliary Gym	
Soccer: Girls Varsity Game	7:00pm	Mountain Vista	Littleton Public Stadium	Stadium (Not Avail bet 8/01-12/1 and 02/16-06/01)	

FRIDAY, APR 29, 2016

Swimming/Diving - Boys Practice	5:45am-6:45am		Gym - Lower Fitness Center	Gym - Lower Fitness Center	
Rachel's Eagles - Mental Wellness Activity	7:00am-7:30am		Hallway - Main Entrance	Hallway - Main Entrance	Hand out ribbons before school
Rachel's Eagles - Mental Health Awareness Week	7:21am-2:18pm				
After Prom Ticket Sales	9:15am-1:30pm		Hallway - Senior Pit	Senior Pit	
Seniors - Jostens Hand-Out	10:30am-1:30pm		Hallway - Senior Pit	Senior Pit	Hand out mugs
Counseling - Sit Team Meeting	12:23pm-1:23pm		Conference Room - Main Office	Conference Room - Main Office	S - Z
After Prom Decorating	2:30pm-11:00pm		Commons Area - 2nd Floor	Multiple Locations	
Work-Outs	2:30pm-4:30pm		Gym - Lower Fitness Center	Multiple Locations	
Band - Dress Rehearsal	2:30pm-4:00pm		Theatre	Theater	
Band - Dress Rehearsal	2:30pm-4:00pm		Theatre	Theater	
Anime Club Meeting	2:30pm-3:30pm		Room 313	Room 313	
Lacrosse: Boys JV Game	4:30pm	Fort Collins	Euclid Middle School		(Rescheduled from 04-18-16)
ACES Swim Club	5:00pm-7:15pm		Pool	Pool	(Cancelled)
Lacrosse: Boys C Level Game	6:00pm	Fort Collins	Euclid Middle School		(Rescheduled from 04-18-16)
Lacrosse: Boys Varsity Game	7:00pm	Gateway	Littleton Public Stadium	Stadium (Not Avail bet 8/01-12/1 and 02/16-06/01)	

SATURDAY, APR 30, 2016

After Prom Decorating	6:00am-11:00pm		Band Room	Multiple Locations	
Swimming/Diving - Boys Practice	8:00am-10:00am		Pool	Pool	
Track & Field: Varsity Meet	9:00am	Away vs. Valor Christian	Valor Christian High School		Colorado Meet of Champions
Baseball: Boys Sophomore Game	9:00am	Liberty Common	Heritage High School	Field - Baseball	(Rescheduled from 04-16-16)
Soccer: Girls Varsity Game	9:30am	Away vs. Legend	Sports Authority Stadium		
Soccer: Girls JV Game	11:00am	Away vs. Legend	Sports Authority Stadium		
Baseball: Boys Sophomore Game	11:30am	Liberty Common	Heritage High School	Field - Baseball	(Rescheduled from 04-16-16)
Soccer: Girls Varsity Game	12:00pm	Away vs. Fossil Ridge	Fossil Ridge High School		Rescheduled to 03-10-16
Basketball - Boys Open Gym	2:30pm-4:00pm		Gym - Auxiliary	Auxiliary Gym	
PROM	8:00pm-11:00pm				Event will be held at "Colorado History Museum"

SUNDAY, MAY 01, 2016

After Prom	12:00am-4:00am		Commons Area - 2nd Floor	Multiple Locations	
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