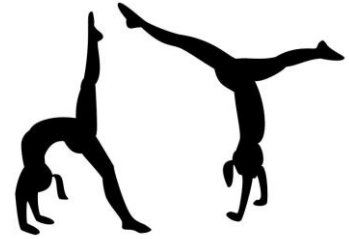




Gymnastics at school



Dear Parents,

We would like to clarify with you about the gymnastics decision that has been made at school this year. Each year we strive to be better in the ways we serve our students. One of the ways we can do this is to keep your children safe on the playground during recess, before school, and after school. We have noticed more and more dangerous stunts and gymnastic moves being performed so we have taken action by asking students to stop performing dangerous moves as we are not qualified to supervise such activities.

Some students and parents are unclear on what is still allowed. Here is a list of what is ok and what is not:

Can:

Cartwheels

Handstands

Somersaults (on ground not back handsprings)

Can't:

Backbends

Walkovers

Back handsprings

basically any movement that would require someone spotting you

If students are unsure whether or not a move is allowed they should ask the adult on recess duty.

As for the 5th grade play, Ms. Kelly will allow students with a formal gymnastics background to perform some moves in the show. We haven't begun rehearsals for this yet. When rehearsals begin a waiver will be sent home to students who will be performing the moves on the mats in the gym.

Thank you for understanding why we have come to this decision and thank you for talking to your children about the importance of being safe.