

# 2017 PREVENTIVE DRUG LIST



Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive medications.

**Please check your plan's prescription drug list and plan documents to understand how your plan covers preventive medications.** You can refer to [myCigna.com](http://myCigna.com) for a complete and up-to-date drug listing for your plan. You can also use the Prescription Drug Price Quote tool on [myCigna.com](http://myCigna.com) to view and compare drug prices.

**The following is a list of generic and brand-name preventive medications, arranged by type of condition.** Talk with your doctor when choosing the preventive medication that is right for you. Also talk with your doctor about available generic preventive medications (listed as uncapitalized medications and/or in parentheses). Generic medications have the same active ingredients, dosage form, quality and strength, as their brand-name counterparts and may provide additional savings for you.

This list is subject to change and may not include all preventive medications that your plan covers. Please refer to your plan's prescription drug list for a complete and up-to-date drug listing.

## If you have questions

Please call the toll-free number on the back of your Cigna ID card. We're here to help.

**Together, all the way.®**



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## Preventive Drug List

Please note, brand-name medications start with a capital letter, and generic medications start with a lowercase letter. If a brand-name medication has an equivalent generic available, it will be listed next to the brand name in parentheses.

Some plans may cover specialty medications at different benefit levels. Refer to your enrollment materials for more information.

### Asthma related

Accolate (zafirlukast)  
Advair Diskus  
Advair HFA  
albuterol sulfate  
albuterol sulfate (nebulizer solution)  
albuterol sulfate/ipratropium nebulizer solution  
Anoro Ellipta  
Atrovent HFA  
Breo Ellipta  
Brovana  
budesonide  
caffeine citrate  
Combivent Respimat  
cromolyn sodium inhalation solution  
Elixophyllin (theophylline anhydrous)  
ipratropium bromide  
levalbuterol tartrate HFA  
metaproterenol sulfate  
Perforomist  
ProAir HFA  
ProAir RespiClick  
QVAR  
racepinephrine  
Singular (montelukast)  
Spiriva  
Spiriva Respimat  
Stiolto Respimat  
Striverdi Respimat  
terbutaline sulfate  
Theo-24  
Theocron  
Xolair  
Xopenex solution (levalbuterol)  
Zyflo  
Zyflo CR

### Blood pressure related

acetazolamide  
Adalat CC (nifedipine)  
Afedtab CR  
Afedtab CR (nifedipine)

Aldactazide (spironolactone/hctz (25-25 mg only))  
Aldactone (spironolactone)  
amiloride HCl  
amiloride/hctz  
amlodipine besylate/benazepril  
amlodipine/olmesartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
benazepril HCl  
benazepril/hctz  
Betapace (sotalol HCl)  
Betapace AF (sotalol AF)  
betaxolol  
bumetanide  
Caduet (amlodipine/atorvastatin calcium)  
Calan (verapamil)  
Calan SR (verapamil)  
candesartan  
candesartan/hctz  
captopril  
captopril/hctz  
Cardizem LA (diltiazem HCl)  
Cardura (doxazosin mesylate)  
Cardura XL  
Catapres (clonidine HCl)  
Catapres-TTS 1 (clonidine)  
Catapres-TTS 2 (clonidine)  
Catapres-TTS 3 (clonidine)  
chlorthalidone  
clorpres  
Coreg (carvedilol)  
Coreg CR  
Corgard (nadolol)  
Corzide (bendroflumethiazide/nadolol)  
Demadex (torsemide)  
Demser  
Diamox Sequels (acetazolamide)  
Dibenzylamine (phenoxybenzamine)  
Diuril (chlorothiazide)  
Dutoprol  
Dyazide (triamterene/hctz)  
Dyrenium  
enalapril maleate  
enalapril maleate/hctz

Epaned  
eprosartan mesylate  
felodipine  
fosinopril sodium  
fosinopril sodium/hctz  
hydralazine HCl  
hydrochlorothiazide  
indapamide  
Inderal LA (propranolol HCl)  
Inderal XL  
Innopran XL  
Inspra (eplerenone)  
irbesartan  
irbesartan/hctz  
isradipine  
labetalol HCl  
Lasix (furosemide)  
lisinopril  
lisinopril/hctz  
Lopressor (metoprolol tartrate)  
Lopressor HCT (metoprolol/hctz)  
losartan potassium  
losartan/hctz  
Maxzide (triamterene/hctz)  
methyclothiazide  
methyldopa  
methyldopa/hctz  
metolazone  
Microzide  
Minipress (prazosin HCl)  
minoxidil  
moexipril HCl  
moexipril/hctz  
Neptazane (methazolamide)  
nicardipine HCl  
nimodipine  
Norvasc (amlodipine besylate)  
Nymalize  
olmesartan  
olmesartan/amlodipine/hctz  
olmesartan/hctz  
perindopril erbumine  
pindolol  
Prestalia  
Procardia (nifedipine)  
Procardia XL (nifedipine)  
Propranolol HCl

## Blood Pressure related

*(continued)*

propranolol/hctz  
quinapril  
quinapril HCl/hctz  
ramipril  
Sectral (acebutolol HCl)  
Sorine  
Sotylize  
Sular (nisoldipine)  
telmisartan  
telmisartan/amlodipine  
telmisartan/hctz  
Tenex (guanfacine HCl)  
Tenoretic 100 (chlorthalidone/  
atenolol)  
Tenoretic 50 (chlorthalidone/  
atenolol)  
Tenormin (atenolol)  
terazosin HCl  
Tiazac (diltiazem)  
timolol maleate  
Toprol XL (metoprolol succinate)  
trandolapril  
trandolapril/verapamil  
valsartan  
valsartan/hctz  
Vecamyl - mecamylamine HCl  
Verelan (verapamil)  
Verelan PM (verapamil)  
Zebeta (bisoprolol fumarate)  
Ziac (bisoprolol/hctz)

## Blood thinner related

Aggrenox (aspirin/  
dipyridamole ER)  
Brilinta  
cilostazol  
Coumadin (warfarin)  
dipyridamole  
Durlaza  
Effient  
Eliquis  
Jantoven (warfarin)  
Plavix (clopidogrel bisulfate)  
Pradaxa  
Savaysa  
Xarelto  
Zontivity

## Cholesterol related

atorvastatin  
Caduet (amlodipine/atorvastatin)  
Colectid (colestipol HCl)

fenofibrate  
Fibricor (fenofibric acid)  
fluvastatin  
fluvastatin ER  
Lipofen (fenofibrate)  
Lofibra (fenofibrate)  
Lopid (gemfibrozil)  
lovastatin  
Lovaza (omega-3 acid ethyl esters)  
Niacor  
Niaspan (niacin ER)  
pravastatin  
Prevalite  
Questran (cholestyramine/sucrose)  
Questran Light (cholestyramine/  
aspartame)  
rosuvastatin  
simvastatin  
Tricor (fenofibrate)  
Triglide  
Trilipix (fenofibric acid)  
Vascepa  
Welchol  
Zetia (ezetimibe)

## Diabetes related

Actoplus Met (pioglitazone  
HCl/metformin HCl)  
Actoplus Met XR  
Actos (pioglitazone HCl)  
Amaryl (glimepiride)  
Avandia  
chlorpropamide  
Cycloset  
Diabetic Supplies (i.e. lancets,  
syringes, urine tests, alcohol  
pads)\*  
Duetact (pioglitazone/glimepiride)  
glipizide/metformin HCl  
Glucophage (metformin HCl)  
Glucophage XR (metformin HCl)  
Glucotrol (glipizide)  
Glucotrol XL (glipizide)  
Glucovance (glyburide/metformin)  
glyburide  
Glynase (glyburide micronized)  
Glyset (miglitol)  
Humalog  
Humulin  
Invokamet  
Invokamet XR  
Invokana  
Janumet  
Janumet XR

Januvia  
Kombiglyze XR  
Lantus  
Lantus SoloStar  
OneTouch Ultra Test Strips\*  
OneTouch Verio Test Strips\*  
Onglyza  
Prandin (repaglinide)  
Precose (acarbose)  
repaglinide/metformin  
Riomet  
Starlix (nateglinide)  
SymlinPen  
tolazamide  
tolbutamide  
Toujeo  
Trulicity

*\* May not be included as a  
preventive benefit on your plan*

*Check your plan materials or call  
the toll-free number on the back  
of your Cigna ID card for more  
information*

## Osteoporosis related

Actonel (risedronate sodium)  
Atelvia (risedronate sodium)  
Binosto  
Boniva (ibandronate sodium)  
etidronate disodium  
Evista (raloxifene)  
Forteo  
Fosamax (alendronate sodium)  
Fosamax Plus D  
Miacalcin (calcitonin-salmon)

## Prenatal Vitamins

*All prescription-strength  
prenatal vitamins are considered  
preventive*

*Check your plan materials for  
formulary placement of branded  
prenatal vitamins*



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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